

Kent County ASA Masters' Swimming Championship

**Incorporating
Kent County ASA Masters'
Team Gala**

(Under ASA Laws and ASA Technical Rules)



**Black Lion Leisure Centre, Mill Road, Gillingham
Saturday 3 July 2010
Sign-in by 1:15 pm
Warm-up starts 1:15 pm
Competition start time 2:00 pm**

Name											Club							
Address											Post Code							
												Tel No						
Email address																		
Date of Birth	D	D	-	M	M	-	Y	Y	Y	Y	Place of Birth if not Kent							
ASA Reg No¹											Category²	1	2	If applied for, enclose a copy of the ASA Registration form with this entry				
Date of joining club if during 2010											Have you competed in another county's swimming champs in 2010?²					Y	N	

¹You can check your number at <http://www.swimmingresults.org/customerservices/membershipcheck/index.php> ² circle as appropriate
Circle your age group below – ages are as at 31 December of the year of competition

AA	A	B	C	D	E	F	G	H	J	K	L	M
18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+

EVENTS: Indicate your order of preference beside the individual events entered, along with an entry time - those with no time will be seeded in the slowest heat. No entry times are needed for relay entries, just tick the box. Clubs may enter only one team per event.

	Event	Time	Order of Preference	Event	Time	Order of Preference
100	L 100m Butterfly			116	M 160+ 4 x 25m Free Team*	
101	M 100m Butterfly			117	Mixed AA 4 x 50m Med Team	
102	Mixed AA 4 x 50m Free Team			118	M 120+ 4 x 25m Med Team*	
103	L 120+ 4 x 25m Free Team*			119	L 120+ 4 x 25m Med Team*	
104	M 120+ 4 x 25m Free Team*			120	M 100m Back Stroke	
105	L 100m Breaststroke			121	L 100m Back Stroke	
106	M 100m Breaststroke			122	M 50m Breaststroke	
107	L 50m Back Stroke			123	L 50m Breaststroke	
108	M 50m Back Stroke			124	M 200+ 4 x 25m Med Team*	
109	L 200+ 4 x 25m Free Team*			125	L 200+ 4 x 25m Med Team*	
110	M 200+ 4 x 25m Free Team*			126	M 100m IM	
111	L 100m Freestyle			127	L 100m IM	
112	M 100m Freestyle			128	M 50m Freestyle	
113	L 50m Butterfly			129	L 50m Freestyle	
114	M 50m Butterfly			130	M 160+ 4 x 25m Med Team*	
115	L 160+ 4 x 25m Free Team*			131	L 160+ 4 x 25m Med Team*	

* See Additional Conditions for Masters' Team Swimming Competitions #2

individual entries @ £4.50 per entry:	£
team entries @ £10.00 per team:	£
pre-ordered programmes @ £1.00 each:	£
NB: Results will be available at www.kcasa.org.uk/masters as soon as possible after the event	Total
	£

Payment: Cheques made payable to 'Kent County ASA'

Declaration

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health, have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which could make it inadvisable for me to participate in Masters swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
2. I am aware of and appreciate the inherent risks involved in such training and competition including the possibility of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
3. I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the referee of any concerns I may have as regards safety.
5. I acknowledge that in Masters swimming events the ASFGB, the ASA or any body affiliated thereto, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against such loss or damage.
6. I hereby agree to abide by and be governed by the rules of the ASA and all other laws and regulations applicable including the ASA Safety Laws.
7. I declare that the information entered on this form is correct and I agree to abide by the Kent County ASA Championship Conditions (as shown overleaf). Health and insurance are the responsibility of the entrant. I have read and understood the above provisions and agree to abide by them.

Signature of competitor: **Date:**

Entries must be made on the official entry form or a photocopy, accompanied by the correct fee and a stamped self-addressed envelope for acceptances/rejections and other information, and sent to:

Mrs Jean Scott, 48 Normanhurst Avenue, Bexleyheath, Kent DA7 4TP

Closing date for entries is midnight Friday 11 June 2010 - no late entries will be accepted

Kent County ASA Masters' Swimming Championships Conditions

M1. Qualification

- M1.1 Each person entering the Masters' Championships shall on the date of the particular championship to be entered
- M1.1.1 have been a member of a club affiliated to the association for at least ninety days; and
- M1.1.2 have been born in the county of Kent, or have resided therein continuously for at least ninety days except that a swimmer who was not born in Kent, and who lives in an adjoining county, may compete in Kent Masters' Championships provided his residence is not within 10 miles of the headquarters of a club affiliated to the County Association in which he resides. Residence shall include any establishment (such as a boarding school, college, etc) where an entrant is normally in residence for not less than 26 weeks of the year.
- M1.2 A person removing from the county shall continue to be eligible to compete in the Kent Masters' Championships during the year whilst qualifying to compete in the Masters' Championships of another county.
- M1.3 A person who has competed in the Masters' and/or swimming Championships of another county shall not be eligible to compete in Kent Masters' Championships in the same year.
- M1.4 A person who is a member of more than one club affiliated to the ASA South East Region and ASA London Region and allocated by the Region to Kent County ASA may compete in the Kent County Masters' Championships/competitions under the name of only one club in any calendar year. He/she may enter the Championships only under the name of, or be a member of a team of, the club of which he had on 1st January in the year of competition, the longest unbroken membership. He/she shall have been a member of that club and remain so, continuously, from 1st January until the championship/competition events in which he is taking part have been completed.
- M1.5 The Executive may grant exemption from condition M1.1.2 to a person who is not qualified to compete in the Championships of another county. The club of a person seeking exemption shall ensure that a form of application for exemption (available from the General Secretary) is completed in all detail for each competitor involved and forwarded to the General Secretary to arrive not later than 1st October last past. The form must be signed by the appellant and the club secretary.

M2. Ages

- M2.1 The age brackets shall be in accordance with the ASA Masters' Championship Conditions.
- M2.2 The year of competition shall be the calendar year.

M3. Entries

- M3.1 All entries shall be made on the appropriate official forms of the association, and shall reach the appointed officer of the association, accompanied by the entry fees, not later than 21 days before the dates fixed for the particular Championships. The member's ASA category and registration number shall be clearly shown on the form. Forms with the registration number not correctly inserted shall be rejected.
- M3.2 The Swimming Committee may refuse any entry.

M4. Entry fees

Entry fees shall be determined by the Swimming Committee at its June meeting and recommended to the Management Committee for approval at its July meeting each year, to take effect in the following calendar year.

M5. Disqualification

Any competitor or team failing to comply with any of the Championships or promoters conditions or Bye Laws or with ASA Laws shall be disqualified and forfeit the entry fee. Incorrect entries will not be refunded.

M6. Cardless System

Competitors shall report to the Clerks of the Course before entering the changing rooms and will be required to sign in for each event in which they intend to compete. Failure to sign in by the stated time may forfeit the swimmer's right to compete.

M7. Officials

All technical officials appointed for the Masters' Championships shall have qualified under the ASA examination system and be on a county list.

M8. Awards

Prizes shall be awarded to the first, second and third placed competitors in each championship, subject to the promoters' conditions. The club achieving the highest aggregate points total in the individual swimming events shall be awarded the trophy available for this purpose.

M9. Events Promoted

- M9.1 The following Masters' Swimming Championships shall be promoted for men and women in all age groups: 50m/100m Freestyle, 50m/100m Backstroke, 50m/100m Breaststroke, 50m/100m Butterfly, 100m Individual Medley
- M9.2 The following age groups shall be promoted for both sexes: AA 18-24 yrs, A 25-29yrs, B 30-34yrs, C 35-39yrs, D 40-44yrs, E 45-49yrs, F 50-54yrs, G 55-59yrs, H 60-64yrs, J 65-69yrs, K 70-74yrs, L 75-79yrs, M 80yrs. Ages are as at 31st December in the year of the championship **except** for the AA age group where age will be as at the first day of the championships.
- M9.3 All events shall be decided on heat times. Finals will not be swum.
- M9.4 In the individual Championships listed in Condition M9.1 the entries shall be seeded in the programme from best times submitted by entrants on their entry forms by listing them in time order, slowest first, irrespective of age.
- M9.5 When the reporting time for an event is reached, those competitors who have reported shall be divided, if necessary, into the smallest possible number of heats, of as near equal size as possible.

M10. Courses and Distances

All Championships shall be swum in still water, the length of the course being either 25 metres or 50 metres.

M11. Restriction of Entries

Initially, all competitors may enter up to 8 events if they wish, but should the competition be over subscribed then Kent County ASA reserves the right to restrict entries as follows:

- M11.1 All competitors must indicate, in the special column provided, their order of preference for the events entered, ie: if their favourite event is No.103 then '1' is to be put opposite this in the order of preference column, and conversely if their least favourite event is No.105 then '8' is to be placed in the aforementioned column.
- M11.2 Should the number of entries be too great then competitors will be restricted to 7 events per person and then to 6, if necessary, with the least preferred entry being returned. If no preferences are shown the Masters' Secretary shall have power to decide the events which a competitor may enter.

M12. The Swimming Committee shall have power to decide on any matter not covered by these conditions.

Additional Conditions for Masters' Team Swimming Competitions

1. Freestyle and Medley team competitions shall be promoted for men and women in the following age groups: 120+, 160+, 200+. AA age groups shall be mixed, 2 of each gender.
2. Only team members in the A-M age groups may form part of 120+, 160+, 200+ relay teams. AA swimmers may not be part of these relay teams.
3. Only one team per club may be entered for each age group team event.

The team may consist of a maximum of five nominated swimmers four of whom will compete in each event. The names and DoBs of team members shall be entered on the reverse of the entry card and handed over at the same time that the teams are signed in. All swimmers in the team must be present at the pool when the card is handed in. No changes may be made after handing in. Cards are non-returnable.

Closing date for entries is midnight Friday 11 June 2010 - no late entries will be accepted