

13th Isle of Wight Marlins Open Masters Meet

To be held under ASA law and technical rules of Masters Swimming

FEBRUARY 17th and 18th 2012



Medina Leisure Centre, Newport, Isle of Wight

*** NEW VENUE 6 lane 25m pool**

SESSIONS:

Session	Date	Warm up time	Start time
1	Friday February 17th	5.30pm	6.00pm
2	Saturday February 18th	1.30pm	2.15pm
3	Saturday February 18th	5.15pm	5.45pm

- Teaching pool available for warm up/swim down
- Catering facilities available
- Adequate parking

AGE GROUPS:

Masters: 25 - 95+ years.

Seniors: 1 8-24 years

EVENTS:

- 25m Freestyle 'Dash'
- 50 and 100m all strokes.
- 4 x 25 m individual medley.
- 200m and 800m freestyle.
- 4 x 50m relays: mixed freestyle and medley teams: 120+, 160+, 200+ & 240+ years

AWARDS:

Medals awarded to the first three in each age group.

TROPHIES:

- Top male and female master and senior swimmers.
- Trophy awarded to top mainland team.

ENTRY FEES:

- First individual event £5 to include programme
- 800m event £5
- All other events £4
- Relays £5 per team. Late entries @£7

ACCOMMODATION:

Hotel/travel details overleaf.

FERRY TRAVEL:

See overleaf.

CLOSING DATE:

Monday 16th January 2012

There will be no re-entry cards. Swimmers are asked to notify the organisers if they wish to withdraw from an event not later than 30 minutes before the scheduled start of that session.

Please post entries and payment to:

**Mrs Jenny Ball, 52 St. Johns Road, Newport
Isle of Wight PO30 1LS**

Tel : 01983 525457

Email: jennyball6@gmail.com

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a stamped addressed C5 envelope with your entry and payment.

Thank you

13th Isle of Wight Marlins Open Masters Meet

February 17/ 18th 2012

Medina Leisure Centre, Newport Programme of Events

FRIDAY 17th. February

Session One 6.00 pm

Warm up 5.30pm.

1/2 Mixed 800m Freestyle

SATURDAY 18th. February

Session Two 2.15pm

Warm up 1.30 pm.

3/4 Ladies/Mens 200m Freestyle
5/6 Ladies/Mens 50m Breaststroke
7/8 Ladies/Mens 4 x 25m Individual Medley
9/10 Ladies/Mens 25m Freestyle 'Dash'
11 Mixed Medley relay 4 x 50m 240 years
12 Mixed Medley relay 4 x 50m 200 years
13 Mixed Medley relay 4 x 50m 160 years
14 Mixed medley relay 4 x 50m 120 years
15/16 Ladies/Mens 100m Backstroke
17/18 Ladies/Mens 50m Butterfly
19/20 Ladies/Mens 50m Freestyle

Session Three 5.45 pm

Warm up 5.15 pm

21/22 Ladies/Mens 100m Freestyle
23/24 Ladies/Mens 100m Butterfly
25/26 Ladies/Mens 50m Backstroke
27/28 Ladies/Mens 100m Breaststroke
29 Mixed Freestyle relay 4 x 50m 240 years
30 Mixed Freestyle relay 4 x 50m 200 years
31 Mixed Freestyle relay 4 x 50m 160 years
32 Mixed Freestyle relay 4 x 50m 120 years

Promoter's conditions and Information for competitors

1. A competitor must be a member of the club they represent and may only swim for one club during the competition. Age groups are as of December 31st. 2012. Seniors must be 18 years old by 17th.Feb.2012
2. All individual events are seeded slowest to fastest order of racing. All results Heat Declared winners
3. There will be no re-entry cards. Heat sheets with allocated lanes will be posted.
4. **Withdrawals:** If a swimmer wishes to withdraw from an event he/she should notify registration no less than 30 minutes prior to start of the session.
5. For the **800m.freestyle only**, re-registration is required at least **30** minutes prior to start of that session please.
6. **Mixed relay teams**, two men and two ladies, may swim in any order.
Please complete relay re-entry form at desk at least 30 minutes before start of the session
Seniors may be included in relay teams except for record attempts over 100+ years
7. **Medals** will be awarded to the first three places in each age group.
8. Presentation of awards to **record breakers** will be made as announced.
9. **Points** will be awarded on a 3,2,1 basis for the Top Male and Female swimmers and for the 'Heights' Cup to top visiting mainland team. Special awards made for 18-24 years age group

Records: Any swimmer attempting a record is requested to complete appropriate form and hand to desk prior to start of that session.

The meet manager reserves the right to make any changes which may be considered necessary for the smooth running of the competition.

Lockers Please use these wherever possible. £1 returnable.

Light meals, sandwiches and snacks can be purchased at the Cafeteria throughout the meet.

Results Full results will be posted on :www.iowmarlinsswimclub.co.uk www.britishswimming.org and www.hampshireswimming.org

The teaching pool is available for warm up and swim down.

Video recording/ Photography In accordance with ASA Child Protection Policy, any person wishing to use this should first register at the reception desk.

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Relay Team Entry Form

NAME OF CLUB (IN FULL)

TEAM ORGANISER

ADDRESS

.....

Post Code: Telephone No

Email Address

Event No	Event Name		Number of Teams
11	Mixed Medley 240 years	4 x 50 m	
12	Mixed Medley 200 years	4 x 50 m	
13	Mixed Medley 160 years	4 x 50 m	
14	Mixed Medley 120 years	4 x 50 m	
29	Mixed Freestyle 240 years	4 x 50 m	
30	Mixed Freestyle 200 years	4 x 50 m	
31	Mixed Freestyle 160 years	4 x 50 m	
32	MixedFreestyle 120 years	4 x 50 m	

Mixed teams will consist of two men and two ladies swum in any order.
Teams may be entered on the day of the meet @ £7.00 per team.

Number of Teams @ £5.00 each

Amount enclosed £

Cheques made payable to IWMSC.

ENTRIES TO: Mrs Jenny Ball, 52 St. Johns Road, Newport, Isle of Wight PO30 1LS

Tel : 01983 525457 • [Email: jennyball6@gmail.com](mailto:jennyball6@gmail.com)

Individual Entry Form

Surname..... First Name.....
 Male/female.....
 Club..... ASA Registration No.....
 Address.....
 Postcode.....
 Telephone No Email.....

PLEASE CIRCLE THE APPROPRIATE GROUP. Age as at 31st December 2012. Seniors 18yrs by 17th Feb 2012.

S	A	B	C	D	E	F	G	H	J	K	L	M	N	O	P
18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95+

SESSION ONE - Friday 17th February.
 Warm up 5.30pm. Start 6.00pm.

Event	Category	Event Name	Entry Time
Event 1/2	Mixed	800m Freestyle	

SESSION TWO - Saturday 18th February. Warm up 1.30pm. Start 2.1 5pm

Event 3/4	Ladies/Mens	200m Freestyle	
Event 5/6	Ladies/Mens	50m Breaststroke	
Event 7/8	Ladies/Mens	4 x 25m. Individual Medley	
Event 9/10	Ladies/Mens	25m Freestyle "Dash"	
Event 11	Mixed	Medley relay 4x50m 240 years	Separate form
Event 12	Mixed	Medley relay 4x50m 200 years	"
Event 13	Mixed	Medley relay 4x50m 160 years	"
Event 14	Mixed	Medley relay 4x50m 120 years	"
Event 1 5/1 6	Ladies/Mens	100m Backstroke	
Event 17/18	Ladies/Mens	50m Butterfly	
Event 19/20	Ladies/Mens	50m Freestyle	

SESSION THREE - Saturday 18th February. Warm up 5.15pm. Start 5.45pm

Event 2 1/22	Ladies/Mens	100m Freestyle	
Event 23/24	Ladies/Mens	100m Butterfly	
Event 2 5/26	Ladies/Mens	50m Backstroke	
Event 27/28	Ladies/Mens	100m Breaststroke	
Event 29	Mixed	Freestyle relay 4x 50m 240 years	Separate form
Event 30	Mixed	Freestyle relay 4x 50m 200 years	"
Event 31	Mixed	Freestyle relay 4x 50m 160 years	"
Event 32	Mixed	Freestyle relay 4x 50m 120 years	"



No limit on number of events entered.
 Relay details on the separate form please.

Entries to: Mrs Jenny Ball, 52 St. Johns Road, Newport PO30 1LS

Tel : 01983 525457

Email: jennyball6@gmail.com

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a stamped addressed C5 envelope with your entry and payment.

	Qty	Price £
First individual event including programme @ £5		£
800m freestyle @ £5		
Number of other individual events @ £4 each		£
TOTAL ENCLOSED		£
Cheques made payable to 'IWMSC'		

I declare the above particulars to be correct and agree to abide by the conditions laid down by the promoting Club for this competition. I certify that to the best of my knowledge I am physically fit and able to take part in Masters training sessions and competitive events, and have not been advised otherwise by a Medical Adviser. I therefore exonerate ASA, HCASA, SERASA, Club Officials and Meet Organisers from any injury as a result of my medical condition. I also confirm that I am proficient in the execution, where necessary, of entry dives in accordance with ASA recommendations.

Signed Date



Travel and Accommodation Information

The following are only some of the hotels, restaurants and pubs in and around Newport which are open in February. You are also advised to check with the hotel as to whether early breakfasts or evening meals can be arranged as this may depend on staffing at that time. Hotels also available in other IOW towns.

HOTELS

Premier Inn

Seaclose Park, Fairlee Road, Newport PO30 2DN

Tel: 0871 527 8556 • www.premierinn.com

10 mins walk to the pool. Large car park. Check special rates online. Onsite restaurant available for evening meals.

Travelodge

Lugley Street, Newport PO30 5ET

Tel: 0871 984 6348 • www.travelodge.co.uk

5 mins drive to pool. 30 mins walk. Centre of Newport close to shops. No parking available at the hotel. Public car park nearby.

Newport Quay Hotel

41 Quay Street, Newport PO30 5BA Tel: 01983 528544 •

www.newportquayhotel.co.uk

Email: bookings@newportquayhotel.co.uk

5 mins drive or 20 mins walk to pool.

FURTHER ACCOMMODATION INFORMATION:

Isle of Wight tourist information

www.islandbreaks.co.uk

Tel: 01983 813813

www.isleofwight.com

PLACES TO EAT Booking advised

Hong Kong Express

Holyrood Street, Newport PO30 5EP

Tel: 01983 523620

Pizza Express

37 Pyle Street, Newport, PO30

Tel: 01983 526979

Lugleys Restaurant

33 Lugley Street, Newport Po30 5ET

Tel: 01983 822994

Bargemans Rest Pub and Restaurant

Little London Quay, Newport PO30 5BS

Tel: 01983 525828

Tamarind Indian

64 Upper St James Street, Newport PO30 1 LQ

Tel: 01983 537505

Nabab Indian

84 Upper St James Street, Newport PO30 1 LG

Tel: 01983 523231

Ming Garden Chinese

39 St James Street, Newport PO30 1 LG

Tel: 01983 718350

Olivo Italian

15 St Thomas' Square, Newport PO30 1 SL

Tel: 01983 530001

FERRY INFORMATION

Please note that it is advisable if making car journey bookings, to do so well in advance as it will be a half term weekend. Online booking will always be cheaper, with special offers often available for car + four passengers. Please take care when booking to look for 'Special offers' tabs online.

WIGHTLINK

Reservations Tel: 0871 376 1000

Online bookings: www.wightlink.co.uk

- Portsmouth to Fishbourne - Car and Foot passenger ferry
- Portsmouth Harbour to Ryde - 'Fast Cat' Passenger ferry.
- Lympington to Yarmouth - Car and passenger ferry

HOVERTRAVEL

Tel: 01983 717 700 • www.hovertravel.co.uk

- Southsea to Ryde - High speed hovercraft passenger service. Connects with buses to Newport.

RED FUNNEL

Reservations Tel: 0844 844 9988

Online bookings: www.redfunnel.co.uk

- Southampton to East Cowes - Car & passenger ferry
- Southampton to West Cowes - High Speed "Red Jet" passenger ferry connecting bus to Newport.