

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 301 Womens Open 400m Freestyle

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jenny Starling	19	Co Sheffield	4:26.21	717
	50m 29.09	100m 1:01.16	150m 1:34.52	200m 2:08.25	250m 2:42.45
				300m 3:16.93	350m 3:51.73
				400m 4:26.21	
2.	Laura Bowden	22	Co Manch Aq	4:42.31	601
	50m 31.07	100m 1:04.94	150m 1:39.97	200m 2:15.71	250m 2:52.04
				300m 3:28.71	350m 4:05.84
				400m 4:42.31	
3.	Tara Dudley	23	Exmouth	4:55.07	526
	50m 32.35	100m 1:08.22	150m 1:45.51	200m 2:23.75	250m 3:02.13
				300m 3:40.16	350m 4:17.86
				400m 4:55.07	
4.	Cathy Thomson	19	St Ives	4:58.95	506
	50m 31.64	100m 1:07.38	150m 1:45.09	200m 2:23.90	250m 3:03.45
				300m 3:43.37	350m 4:21.98
				400m 4:58.95	
5.	Tara Thornton	20	Lichfield	5:42.33	337
	50m 37.34	100m -	150m -	200m -	250m -
				300m 5:00.61	350m 5:42.33
				400m 5:42.33	
6.	Sharon McLean	24	Birmingham M	5:48.84	319
	50m 38.92	100m 1:22.55	150m 2:07.29	200m 2:52.53	250m 3:37.99
				300m 4:23.16	350m 5:07.71
				400m 5:48.84	
7.	Claire Rosenhead	23	Camden Swiss	5:51.86	310
	50m 39.86	100m 1:22.70	150m 2:06.20	200m 2:50.97	250m 3:36.18
				300m 4:21.29	350m 5:07.40
				400m 5:51.86	

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Coralie Seary	27	Anaconda	4:37.60	632
	50m 30.68	100m 1:03.81	150m 1:38.39	200m 2:14.04	250m 3:26.34
				300m -	350m 4:02.52
				400m 4:37.60	
2.	Kirsty Hodd	26	Spencer	4:49.02	560
	50m 31.65	100m 1:07.41	150m 1:44.21	200m 2:20.94	250m 2:57.88
				300m 3:35.26	350m 4:12.45
				400m 4:49.02	
3.	Hayley Davis	25	Flitwick	4:50.15	554
	50m 31.69	100m 1:06.10	150m 1:41.84	200m 2:18.32	250m 2:55.55
				300m 3:33.81	350m 4:12.37
				400m 4:50.15	
4.	Anne Harrison	28	Reading	4:53.30	536
	50m 32.88	100m 1:08.41	150m 1:45.02	200m 2:22.45	250m 3:00.34
				300m 3:38.36	350m 4:16.31
				400m 4:53.30	
5.	Kate Smith	27	Co Newcastle	4:55.36	525
	50m 31.66	100m 1:06.79	150m 1:43.29	200m 2:20.86	250m 2:59.32
				300m 3:38.07	350m 4:17.16
				400m 4:55.36	
6.	Louise Parsons	29	Rochford	4:56.61	518
	50m 33.08	100m 1:09.24	150m 1:46.62	200m 2:24.41	250m 3:02.56
				300m 3:41.01	350m 4:19.44
				400m 4:56.61	
7.	Fiona Kinsella	25	Cardiff Mast	5:00.56	498
	50m 32.54	100m 1:08.27	150m 1:45.89	200m 2:24.18	250m 3:02.96
				300m 3:42.01	350m 4:21.66
				400m 5:00.56	
8.	Alex Davis	28	Out To Swim	5:02.35	489
	50m 32.96	100m 1:09.42	150m 1:47.85	200m 2:26.67	250m 3:05.55
				300m 3:45.12	350m 4:24.28
				400m 5:02.35	
9.	Laure Bacher-Fuentes	26	Spencer	5:11.88	446
	50m 34.49	100m 1:12.25	150m 1:51.05	200m 2:31.05	250m 3:10.84
				300m 3:51.11	350m 4:31.60
				400m 5:11.88	
10.	Anne Jones	27	Otter	5:13.09	441
	50m 34.81	100m 1:13.43	150m 1:52.89	200m 2:33.19	250m 3:13.41
				300m 3:53.95	350m 4:34.43
				400m 5:13.09	
11.	Natalie Taylor	27	Sheffield C	5:18.93	417
	50m 37.11	100m 1:17.14	150m 1:57.86	200m 2:38.52	250m 3:19.11
				300m 4:00.02	350m 4:40.55
				400m 5:18.93	
12.	Laura Davies	26	Birmingham M	5:42.69	336
	50m 36.46	100m 1:17.23	150m 2:00.49	200m 2:44.29	250m 3:28.54
				300m 4:13.51	350m 4:59.33
				400m 5:42.69	
13.	Claire Mahoney	26	Co Cambridge	5:46.76	324
	50m 36.23	100m 1:17.61	150m 2:00.83	200m 2:45.79	250m 3:31.25
				300m 4:16.69	350m 5:02.00
				400m 5:46.76	
14.	Rhiannon Scott	27	Swansea Val	5:50.46	314
	50m 38.42	100m 1:20.09	150m 2:03.65	200m 2:48.52	250m 3:33.91
				300m 4:19.93	350m 5:05.80
				400m 5:50.46	
15.	Claire McMahon	29	Barnet Copt	6:16.57	253
	50m 39.55	100m 1:23.98	150m 2:10.63	200m 2:58.56	250m 3:47.83
				300m 4:37.84	350m 5:27.98
				400m 6:16.57	

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Michelle Senecal	32	Otter	4:38.51	626
	50m 31.68	100m 1:05.95	150m 1:41.66	200m 2:17.55	250m 2:52.97
				300m 3:28.66	350m 4:04.18
				400m 4:38.51	
2.	Courtney Campbell	31	Otter	4:51.45	546
	50m 34.13	100m 1:10.70	150m 1:48.02	200m 2:25.39	250m 3:02.31
				300m 3:39.55	350m 4:16.12
				400m 4:51.45	
3.	Clare Joyce	33	Stalybridge	4:55.27	525
	50m 33.62	100m 1:10.95	150m 1:49.10	200m 2:26.96	250m 3:04.40
				300m 3:41.90	350m 4:18.97
				400m 4:55.27	
4.	Sharon Burchell	33	Sussex Marts	4:59.12	505
	50m 33.71	100m 1:10.74	150m 1:48.67	200m 2:26.98	250m 3:05.05
				300m 3:43.38	350m 4:21.70
				400m 4:59.12	
5.	Tracey Worthy	32	Spencer	5:00.72	497
	50m 32.86	100m 1:09.81	150m 1:48.40	200m 2:27.27	250m 3:06.14
				300m 3:44.54	350m 4:22.95
				400m 5:00.72	
6.	Kay Hamilton	31	Romford Town	5:01.81	492
	50m 33.14	100m 1:10.56	150m 1:49.24	200m 2:27.86	250m 3:06.50
				300m 3:45.09	350m 4:23.77
				400m 5:01.81	
7.	Jessica Wooddisse	34	Stroud Mast	5:02.17	490
	50m 35.12	100m 1:12.76	150m 1:50.76	200m 2:29.25	250m 3:07.67
				300m 3:46.13	350m 4:24.80
				400m 5:02.17	
8.	Elizabeth Tarr	33	Teddington	5:09.61	456
	50m 35.04	100m 1:14.02	150m 1:53.83	200m 2:33.41	250m 3:13.05
				300m 3:52.41	350m 4:31.88
				400m 5:09.61	
9.	Sara Stanbridge	32	Aquabears	5:13.23	440
	50m 35.28	100m 1:13.41	150m 1:52.87	200m 2:32.68	250m 3:12.32
				300m 3:52.77	350m 4:33.10
				400m 5:13.23	
10.	Edwidge Fortier	34	Anaconda	5:18.09	420
	50m 36.01	100m 1:15.01	150m 1:55.49	200m 2:36.62	250m 3:17.85
				300m 3:58.78	350m 4:39.33
				400m 5:18.09	
11.	Amy Mellor	30	Oundle	5:25.34	393
	50m 36.06	100m 1:16.17	150m 1:57.08	200m 2:38.72	250m 3:20.16
				300m 4:01.43	350m 4:43.61
				400m 5:25.34	
12.	Nicola Smith	34	Northampton	5:26.49	389
	50m 35.15	100m 1:14.56	150m 1:55.34	200m 2:36.89	250m 3:18.86
				300m 4:01.63	350m 4:44.51
				400m 5:26.49	
13.	Cassie Drake	30	Romford Town	5:40.78	342
	50m 35.44	100m 1:14.25	150m 1:56.20	200m 2:40.42	250m 3:25.45
				300m -	350m 4:56.14
				400m 5:40.78	
14.	Zara Bullen	32	UEA Norwich	5:57.35	296
	50m 39.28	100m 1:23.14	150m 2:08.37	200m 2:54.43	250m 3:41.51
				300m 4:27.63	350m 5:14.05
				400m 5:57.35	
15.	Kelly Crickmore	32	Rhyl Dolphin	6:34.92	220
	50m 43.66	100m 1:31.87	150m 2:22.67	200m 3:13.52	250m 4:04.45
				300m 4:55.46	350m 5:45.96
				400m 6:34.92	
16.	Sonya Rogerson	32	Out To Swim	6:40.23	211
	50m 37.58	100m 1:22.68	150m 2:12.90	200m 3:05.73	250m 3:59.54
				300m 4:53.25	350m 5:46.17
				400m 6:40.23	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 301 Womens Open 400m Freestyle Continued

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Teresa Dray	37	G B Police	4:47.96	566					
	50m 32.63	100m 1:08.20	150m 1:44.79	200m 2:21.59	250m 2:58.25	300m 3:35.10	350m 4:11.88	400m 4:47.96		
2.	Nicola Latty	38	Oundle	4:50.59	551					
	50m 34.02	100m 1:10.12	150m 1:46.43	200m 2:23.21	250m 2:59.91	300m 3:36.90	350m 4:13.95	400m 4:50.59		
3.	Lara Fenner	35	Romford Town	4:59.75	502					
	50m 32.83	100m 1:09.71	150m 1:47.01	200m 2:25.20	250m 3:03.63	300m 3:42.51	350m 4:21.64	400m 4:59.75		
4.	Claire Thorn	38	G B Police	5:00.90	496					
	50m 33.17	100m 1:10.32	150m 1:48.46	200m 2:27.12	250m 3:05.78	300m 3:44.57	350m 4:23.42	400m 5:00.90		
5.	Karen Driver	38	Colne	5:02.15	490					
	50m 34.85	100m 1:11.50	150m 1:49.13	200m 2:27.69	250m 3:06.36	300m 3:45.02	350m 4:23.88	400m 5:02.15		
6.	Elizabeth Simpson	37	Long Eaton	5:06.03	472					
	50m 35.24	100m 1:13.31	150m 1:52.01	200m 2:31.12	250m 3:10.01	300m 3:49.27	350m 4:28.81	400m 5:06.03		
7.	Joanne Johnson	39	UEA Norwich	5:09.55	456					
	50m 34.26	100m 1:12.16	150m 1:51.93	200m 2:31.85	250m 3:11.76	300m 3:52.09	350m 4:31.64	400m 5:09.55		
8.	Claire Amner	35	Spencer	5:17.55	422					
	50m 36.41	100m 1:14.94	150m 1:54.99	200m 2:35.43	250m 3:16.09	300m 3:57.20	350m 4:38.07	400m 5:17.55		
9.	Victoria Wilford	35	Bo Kirklees	5:27.96	383					
	50m 36.88	100m 1:16.33	150m 1:56.81	200m -	250m 3:20.11	300m 4:03.09	350m -	400m 5:27.96		
10.	Lucy Roper	37	Reading	5:48.29	320					
	50m 39.52	100m 1:22.69	150m 2:07.26	200m 2:52.20	250m 3:36.78	300m 4:20.67	350m 5:04.59	400m 5:48.29		
11.	Alexandra Johnson	38	Guildford Ct	5:53.08	307					
	50m 39.43	100m 1:21.92	150m 2:06.15	200m 2:51.58	250m 3:37.25	300m 4:23.12	350m 5:08.30	400m 5:53.08		
12.	Melissa Spears	36	Barnet Copt	6:18.66	249					
	50m 38.61	100m 1:23.62	150m 2:11.35	200m 2:59.83	250m 3:50.37	300m 4:40.43	350m 5:29.85	400m 6:18.66		

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Jane McMenemy	41	Otter	4:41.50	606					
	50m 32.24	100m 1:07.16	150m 1:42.73	200m 2:19.06	250m 2:55.21	300m 3:31.09	350m 4:06.72	400m 4:41.50		
2.	Meera Siva	40	Dorking	4:56.89	517					
	50m 32.34	100m 1:08.23	150m 1:45.33	200m 2:23.13	250m 3:01.23	300m 3:39.84	350m 4:18.89	400m 4:56.89		
3.	Sarah Brandrick	41	Co Derby	5:04.93	477					
	50m 34.81	100m 1:13.19	150m 1:52.68	200m 2:31.97	250m 3:11.00	300m 3:50.12	350m 4:28.78	400m 5:04.93		
4.	Elaine Porteous	43	Ren 96	5:29.84	377					
	50m 37.41	100m 1:17.57	150m 1:59.13	200m 2:41.40	250m 3:23.77	300m 4:06.15	350m 4:48.53	400m 5:29.84		
5.	Karen Hilton	40	Gloucester M	5:32.35	368					
	50m 38.66	100m 1:20.17	150m 2:02.03	200m 2:44.65	250m 3:26.30	300m 4:09.19	350m 4:51.03	400m 5:32.35		
6.	Sandra Skellern	42	Trafford Met	5:37.53	352					
	50m 38.04	100m 1:20.57	150m 2:03.31	200m 2:46.36	250m 3:29.18	300m 4:12.25	350m 4:55.69	400m 5:37.53		
7.	Helen Ward	41	Bath Dolphin	5:42.29	337					
	50m 36.36	100m 1:17.64	150m 2:01.13	200m 2:45.22	250m 3:29.65	300m 4:14.36	350m 4:58.91	400m 5:42.29		
8.	Joanne Highfield	41	Lincoln Vulc	5:45.39	328					
	50m 38.56	100m 1:20.79	150m 2:04.46	200m 2:49.12	250m 3:33.95	300m 4:18.52	350m 5:02.62	400m 5:45.39		
9.	Lynne Dawson	42	Chapelton	5:48.17	320					
	50m 37.66	100m 1:21.31	150m 2:06.28	200m 2:51.53	250m 3:36.55	300m 4:20.88	350m 5:05.13	400m 5:48.17		
10.	Jennifer Booth	42	Cosacss	7:42.33	137					
	50m 53.89	100m 1:51.44	150m 2:49.47	200m 3:48.37	250m 4:47.25	300m 5:46.05	350m 6:45.11	400m 7:42.33		

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Victoria Linton-Crook	45	Camden Swiss	5:15.63	430					
	50m 34.42	100m 1:12.27	150m 1:51.35	200m 2:31.00	250m 3:11.33	300m 3:52.34	350m 4:34.03	400m 5:15.63		
2.	Linda Sprigge	49	Sussex Marts	5:22.28	404					
	50m 35.73	100m 1:14.94	150m 1:55.69	200m 2:36.90	250m 3:18.07	300m 3:59.46	350m 4:41.49	400m 5:22.28		
3.	Ninette Hibbs	47	St Austell A	5:38.70	348					
	50m 37.12	100m 1:18.77	150m 2:01.83	200m 2:45.69	250m -	300m 4:13.00	350m 4:56.66	400m 5:38.70		
4.	Traci Shipley	45	Ellesmere Pt	5:57.63	296					
	50m 39.47	100m 1:23.52	150m 2:09.52	200m 2:55.78	250m 3:41.90	300m 4:28.06	350m 5:14.26	400m 5:57.63		
5.	Susan Arrowsmith	47	NottmLeander	6:26.47	234					
	50m 40.08	100m 1:24.76	150m 2:12.33	200m 3:02.05	250m 3:52.85	300m 4:45.70	350m 5:37.64	400m 6:26.47		
6.	Jacqueline Patel	49	Kings Corm	6:29.13	230					
	50m 42.99	100m 1:31.16	150m 2:20.98	200m -	250m 4:01.20	300m 4:50.81	350m 5:41.24	400m 6:29.13		
7.	Judith Brand	49	Gainsborough	6:32.87	223					
	50m 42.66	100m 1:30.85	150m 2:21.01	200m 3:11.62	250m 4:03.35	300m 4:54.87	350m 5:45.39	400m 6:32.87		
8.	Shirley Fawkes	49	Billingham	6:39.69	212					
	50m 43.78	100m 1:33.09	150m 2:24.10	200m 3:15.43	250m 4:06.24	300m 4:56.99	350m 5:48.93	400m 6:39.69		
9.	Sue Woodcock	45	Epsom Dist	6:56.76	187					
	50m 47.57	100m 1:41.03	150m 2:34.73	200m 3:28.70	250m 4:22.24	300m 5:16.10	350m 6:08.80	400m 6:56.76		
10.	Denise Roach	48	Out To Swim	7:35.56	143					
	50m 47.40	100m 1:43.33	150m 2:42.61	200m 3:41.90	250m 4:41.86	300m 5:40.31	350m 6:39.20	400m 7:35.56		
11.	Gillian Miles	49	Bristol Hen	8:12.58	113					
	50m 54.27	100m 1:54.57	150m 2:56.78	200m 3:59.09	250m 5:01.76	300m 6:05.62	350m 7:09.99	400m 8:12.58		
12.	I Ferreira De Oliveira	49	Saxon Crown	8:31.27	101					
	50m 49.47	100m 1:46.58	150m 2:50.26	200m 3:57.37	250m -	300m 6:11.28	350m 7:19.96	400m 8:31.27		

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 301 Womens Open 400m Freestyle Continued

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Karen Jennings	52	Spondon Mast	5:09.45	456				
	50m 35.65	100m 1:13.79	150m 1:52.89	200m 2:32.26	250m 3:11.76	300m 3:51.35	350m 4:31.15	400m 5:09.45	
2.	Stella Farrar	50	Arfon Mast	5:18.15	420				
	50m 36.59	100m 1:16.00	150m 1:56.04	200m 2:36.60	250m 3:17.32	300m 3:57.99	350m 4:38.80	400m 5:18.15	
3.	Jill Jones	52	Trafford Met	5:21.19	408				
	50m 34.80	100m 1:12.77	150m 1:52.77	200m 2:34.18	250m 3:15.01	300m 3:56.56	350m 4:39.10	400m 5:21.19	
4.	Margaret Smith	51	Co Oxford	5:25.66	392				
	50m 35.02	100m 1:14.14	150m 1:54.49	200m 2:35.82	250m 3:17.21	300m 3:59.50	350m 4:42.63	400m 5:25.66	
5.	Verity Dobbie	50	Hadrian Mast	5:29.42	378				
	50m 37.29	100m 1:17.39	150m 1:59.17	200m 2:41.41	250m 3:23.83	300m 4:06.44	350m 4:49.28	400m 5:29.42	
6.	Jessica Rathke	50	Spencer	5:32.29	369				
	50m 36.84	100m 1:17.74	150m 1:59.87	200m 2:42.66	250m 3:25.04	300m 4:07.35	350m 4:50.35	400m 5:32.29	
7.	Catherine Hartle	51	Ferndown	5:38.02	350				
	50m 37.13	100m 1:16.93	150m 1:58.40	200m 2:41.14	250m 3:24.49	300m 4:08.73	350m 4:53.20	400m 5:38.02	
8.	Barbara Boxall	54	Romford Town	5:46.20	326				
	50m 37.40	100m 1:19.40	150m 2:02.92	200m 2:47.99	250m 3:33.29	300m 4:18.95	350m 5:04.31	400m 5:46.20	
9.	Claire Moore	54	Bracknell	5:56.75	298				
	50m 39.91	100m 1:23.33	150m 2:08.16	200m 2:53.79	250m 3:39.65	300m 4:25.49	350m 5:11.90	400m 5:56.75	
10.	Lyn Ford	53	Sussex Marts	6:02.75	283				
	50m 39.38	100m 1:23.58	150m 2:09.95	200m 2:57.12	250m 3:43.79	300m 4:30.80	350m 5:17.60	400m 6:02.75	
11.	Penelope Hickson	52	Gloucester M	6:43.36	206				
	50m 43.53	100m 1:31.66	150m 2:22.98	200m 3:14.24	250m 4:06.47	300m 4:59.37	350m 5:52.53	400m 6:43.36	
12.	Gillian Sheehan	50	Billingham	7:05.23	176				
	50m 46.73	100m 1:38.84	150m 2:32.02	200m 3:26.11	250m 4:20.57	300m 5:15.68	350m 6:11.36	400m 7:05.23	

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Anne Bourne	55	Camphill Ed	5:18.60	418				
	50m 36.09	100m 1:15.24	150m 1:55.79	200m 2:36.23	250m 3:16.51	300m 3:57.24	350m 4:38.17	400m 5:18.60	
2.	Susan Haigh	57	Tiverton	5:25.87	391				
	50m 36.56	100m 1:16.78	150m 1:58.48	200m 2:40.52	250m 3:22.67	300m 4:04.56	350m 4:46.11	400m 5:25.87	
3.	Christine Ayers	56	South Beds	5:53.46	306				
	50m 38.70	100m 1:23.42	150m 2:09.01	200m 2:54.96	250m 3:40.55	300m 4:25.81	350m 5:11.01	400m 5:53.46	
4.	Valerie Thorp	56	Co Derby	6:10.16	267				
	50m 38.91	100m 1:22.60	150m 2:09.13	200m 2:56.65	250m 3:44.75	300m 4:33.56	350m 5:22.44	400m 6:10.16	
5.	Carol Moss	55	Littled Mast	6:30.99	226				
	50m 43.96	100m 1:31.66	150m 2:21.25	200m 3:11.71	250m 4:02.10	300m 4:52.25	350m 5:41.82	400m 6:30.99	
6.	Vicki Buck	59	Sudbury	6:35.02	219				
	50m 44.59	100m 1:33.90	150m 2:24.16	200m 3:14.31	250m 4:05.15	300m 4:56.13	350m 5:46.91	400m 6:35.02	
7.	Susan Cramb	55	Birmingham M	6:44.07	205				
	50m 44.18	100m 1:34.00	150m 2:26.25	200m 3:18.49	250m 4:09.97	300m 5:01.66	350m 5:53.34	400m 6:44.07	
8.	Jeanette Benn	58	Barnet Copt	6:58.09	185				
	50m 46.06	100m 1:37.65	150m 2:31.89	200m 3:25.10	250m 4:18.97	300m 5:12.49	350m 6:05.64	400m 6:58.09	
9.	Ellen Stewart	58	Ren 96	7:06.02	175				
	50m 47.96	100m 2:34.07	150m -	200m -	250m -	300m -	350m -	400m 7:06.02	

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Carol Fellows	63	Spencer	6:14.92	257				
	50m 39.42	100m 1:24.46	150m 2:10.95	200m 2:58.49	250m 3:47.05	300m 4:36.85	350m 5:26.17	400m 6:14.92	
2.	Alison Gwynn	61	Sussex Marts	6:24.71	238				
	50m 39.87	100m 1:23.75	150m 2:12.31	200m 3:00.74	250m 3:50.91	300m 4:41.73	350m -	400m 6:24.71	

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Susan Lauder	66	Spencer	7:47.18	133				
	50m 48.88	100m 1:45.37	150m 2:45.29	200m 3:44.55	250m 4:43.64	300m 5:44.86	350m 6:45.55	400m 7:47.18	
2.	Jose Adam	68	Swindon Dolp	8:13.70	112				
	50m 46.79	100m 1:42.09	150m 2:44.06	200m 3:49.75	250m 4:53.99	300m 6:01.92	350m 7:07.79	400m 8:13.70	

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Ann Grantham	71	Com Services	7:15.25	164				
	50m 46.29	100m 1:40.30	150m 2:36.71	200m 3:33.64	250m 4:31.02	300m 5:27.56	350m 6:22.84	400m 7:15.25	

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Jean Kitson	75	Brixham	7:54.67	126				
	50m 48.55	100m 1:46.16	150m 2:47.95	200m 3:50.24	250m 4:52.57	300m 5:54.12	350m 6:56.78	400m 7:54.67	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 302 Mens Open 400m Freestyle

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Neil Agius	23	Maxwell	4:04.96	687				
	50m 27.98	100m 58.32	150m 1:29.08	200m 2:00.58	250m 2:31.94	300m 3:03.10	350m 3:34.38	400m 4:04.96	
2.	John Wood	23	Trowbridge	4:07.96	662				
	50m 28.01	100m 58.69	150m 1:30.03	200m 2:01.40	250m 2:33.44	300m 3:05.17	350m 3:37.38	400m 4:07.96	
3.	Adam Shipp	22	Oldham Aqua	4:12.33	628				
	50m 28.22	100m 59.30	150m 1:31.11	200m 2:03.26	250m 2:35.37	300m 3:07.79	350m 3:40.39	400m 4:12.33	
4.	Neal Taylor	24	Oddicombe	4:24.49	546				
	50m 28.56	100m 1:00.43	150m 1:33.85	200m 2:07.59	250m 2:41.65	300m 3:16.14	350m 3:50.39	400m 4:24.49	
5.	Nicholas Southern	18	Swindon Dolp	4:27.59	527				
	50m 28.98	100m 1:00.29	150m 1:33.16	200m 2:07.55	250m 2:42.15	300m 3:17.78	350m 3:53.06	400m 4:27.59	
6.	Adam Tapp	24	Exmouth	4:27.87	525				
	50m 28.85	100m 1:00.35	150m 1:33.62	200m 2:08.30	250m 2:43.24	300m 3:18.34	350m 3:53.46	400m 4:27.87	
7.	Robert Langan	22	Salisbury	4:27.95	525				
	50m 29.28	100m 1:01.94	150m 1:35.43	200m 2:09.82	250m 2:44.28	300m 3:18.66	350m 3:53.57	400m 4:27.95	
8.	Dale Brown	21	St Ives	4:38.62	467				
	50m 29.98	100m 1:03.75	150m 1:38.84	200m 2:14.55	250m 2:50.31	300m 3:26.53	350m 4:02.87	400m 4:38.62	
9.	Graham Bell	22	Wey Valley	4:41.77	451				
	50m 31.11	100m 1:05.68	150m 1:41.25	200m 2:16.99	250m 2:53.21	300m 3:29.52	350m 4:05.75	400m 4:41.77	
10.	Nicholas Silkstone	23	Exmouth	4:52.48	403				
	50m 30.48	100m 1:04.83	150m 1:40.61	200m 2:18.04	250m 2:56.37	300m 3:35.66	350m 4:14.51	400m 4:52.48	
11.	Ian Lang	21	Exmouth	4:53.81	398				
	50m 32.56	100m 1:08.37	150m 1:45.28	200m 2:22.79	250m 3:00.94	300m 3:39.43	350m 4:17.30	400m 4:53.81	
12.	Lee Horsley	19	Dearne Vall	4:55.53	391				
	50m 32.01	100m 1:06.71	150m 1:43.91	200m 2:21.74	250m 3:00.31	300m 3:39.86	350m 4:19.65	400m 4:55.53	

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	David Holmes	27	Donc Dartes	4:04.79	688				
	50m 27.21	100m 57.60	150m 1:28.36	200m 2:00.13	250m 2:31.84	300m 3:03.67	350m 3:34.55	400m 4:04.79	
2.	Christopher Grabham	27	Ren 96	4:14.12	615				
	50m 28.61	100m 1:00.15	150m 1:32.51	200m 2:04.90	250m 2:37.27	300m 3:09.67	350m 3:42.15	400m 4:14.12	
3.	Paul Hembrow	29	Teddington	4:15.74	603				
	50m 29.46	100m 1:01.66	150m 1:34.13	200m 2:07.15	250m 2:39.84	300m 3:12.59	350m 3:45.21	400m 4:15.74	
4.	Geoffrey Twinning	29	Stroud	4:20.08	574				
	50m 29.55	100m 1:02.18	150m 1:35.01	200m 2:08.29	250m 2:41.53	300m 3:14.89	350m 3:48.56	400m 4:20.08	
5.	David Holland	28	Etwall	4:22.15	560				
	50m 28.06	100m 59.36	150m 1:32.59	200m 2:06.43	250m 2:39.92	300m 3:14.65	350m 3:48.85	400m 4:22.15	
6.	Benjamin Carter	28	Saxon Crown	4:24.94	543				
	50m 29.26	100m 1:02.24	150m 1:35.54	200m 2:09.20	250m 2:43.00	300m 3:17.04	350m 3:50.77	400m 4:24.94	
7.	Nick Valentine	28	Co Newcastle	4:26.29	535				
	50m 30.13	100m 1:02.65	150m 1:36.30	200m 2:10.86	250m 2:45.20	300m 3:19.63	350m 3:53.72	400m 4:26.29	
8.	Ian White	26	Out To Swim	4:26.90	531				
	50m 30.18	100m 1:03.63	150m 1:37.49	200m 2:11.53	250m 2:45.79	300m 3:19.77	350m 3:53.91	400m 4:26.90	
9.	Benjamin Pennington	29	Spencer	4:27.18	529				
	50m 30.22	100m 1:03.42	150m 1:37.61	200m 2:11.87	250m 2:45.40	300m 3:18.91	350m 3:53.03	400m 4:27.18	
10.	Alistair Garmendia	25	Co South'ton	4:28.25	523				
	50m 28.45	100m 1:00.40	150m 1:34.11	200m 2:08.23	250m 2:44.93	300m 3:19.26	350m 3:54.29	400m 4:28.25	
11.	Haukur Heimisson	25	Camden Swiss	4:43.91	441				
	50m 30.25	100m 1:04.94	150m 1:41.27	200m 2:17.17	250m 2:54.28	300m 3:30.67	350m 4:07.79	400m 4:43.91	
12.	Jonathan Giles	27	Trafford Met	4:46.34	430				
	50m 32.15	100m 1:06.77	150m 1:42.68	200m 2:18.84	250m 2:56.04	300m 3:33.16	350m 4:10.52	400m 4:46.34	
13.	Luke Swain	26	Birmingham M	4:52.77	402				
	50m 31.30	100m 1:06.14	150m 1:42.65	200m 2:19.65	250m 2:57.36	300m 3:36.05	350m 4:15.14	400m 4:52.77	

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Christopher Malpass	30	Co Chester	4:16.11	601				
	50m 29.56	100m 1:02.02	150m 1:34.69	200m 2:07.71	250m 2:40.66	300m 3:13.25	350m 3:45.10	400m 4:16.11	
2.	Robert Williams	30	Camden Swiss	4:25.66	538				
	50m 30.03	100m 1:02.40	150m 1:36.19	200m 2:10.44	250m 2:44.54	300m 3:18.95	350m 3:52.71	400m 4:25.66	
3.	Oliver Wilkinson	34	Gloucester M	4:25.85	537				
	50m 29.43	100m 1:02.69	150m 1:36.57	200m 2:10.32	250m 2:44.04	300m 3:17.76	350m 3:51.58	400m 4:25.85	
4.	Adam Acland	33	Teddington	4:27.39	528				
	50m 29.33	100m 1:01.12	150m 1:33.95	200m 2:07.62	250m 2:42.10	300m 3:17.46	350m 3:52.87	400m 4:27.39	
5.	Nigel Gaskin	32	G B Police	4:28.04	524				
	50m 28.89	100m 1:01.75	150m 1:35.86	200m 2:10.72	250m 2:45.11	300m 3:19.68	350m 3:54.07	400m 4:28.04	
6.	Jason Ellis	34	Spencer	4:35.84	481				
	50m 29.68	100m 1:02.52	150m 1:36.47	200m 2:11.08	250m 2:46.20	300m 3:22.09	350m 3:58.99	400m 4:35.84	
7.	Paul Ellis	33	Co Leeds	4:39.41	463				
	50m 29.49	100m 1:03.81	150m 1:39.10	200m 2:15.18	250m 2:51.22	300m 3:28.13	350m 4:04.63	400m 4:39.41	
8.	Vincent Pottier	31	Co Cambridge	4:40.24	459				
	50m 1:03.61	100m -	150m -	200m -	250m -	300m -	350m -	400m 4:40.24	
9.	Alan Wallace	33	Co Cambridge	4:51.73	407				
	50m 33.32	100m 1:10.06	150m 1:47.54	200m 2:25.27	250m 3:02.43	300m 3:39.61	350m 4:16.45	400m 4:51.73	
10.	Gary Wraight	32	Romford Town	5:01.58	368				
	50m 31.89	100m 1:09.06	150m 1:47.70	200m 2:27.21	250m 3:05.85	300m 3:45.07	350m 4:24.63	400m 5:01.58	
11.	Paul Seyde	31	Out To Swim	5:11.59	334				
	50m 33.13	100m 1:11.73	150m 1:51.38	200m 2:31.08	250m 3:11.18	300m 3:51.73	350m 4:32.51	400m 5:11.59	
12.	Nicola Carniato	33	Camden Swiss	5:18.12	314				
	50m 34.99	100m 1:13.25	150m 1:53.29	200m 2:34.67	250m 3:15.67	300m 3:56.80	350m 4:37.84	400m 5:18.12	
	Andrew Evans	31	Swindon Dolp	DQ ST-					

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 302 Mens Open 400m Freestyle Continued

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Richard Stannard	35	Leatherhead	4:07.38 GB	667					
	50m 28.11	100m 58.83	150m 1:29.53	200m 2:01.18	250m 2:32.80	300m 3:05.20	350m 3:37.13	400m 4:07.38		
2.	Philip McHugh	38	Camden Swiss	4:19.36	579					
	50m 29.85	100m -	150m -	200m -	250m -	300m -	350m 3:47.14	400m 4:19.36		
3.	Daniel Bullock	39	Otter	4:22.97	555					
	50m 29.23	100m 1:01.18	150m 1:33.97	200m 2:07.27	250m 2:40.88	300m 3:14.70	350m 3:49.06	400m 4:22.97		
4.	David Stannard	38	Reading	4:27.62	527					
	50m 30.26	100m 1:03.77	150m 1:37.93	200m 2:12.22	250m 2:46.05	300m 3:20.15	350m 3:54.15	400m 4:27.62		
5.	Richard Symons	35	Trafford Met	4:28.18	523					
	50m 30.31	100m 1:03.82	150m 1:38.41	200m 2:12.84	250m 2:46.83	300m 3:21.29	350m 3:55.36	400m 4:28.18		
6.	Daniel Craigen	35	Rhyl Dolphin	4:30.50	510					
	50m 29.99	100m 1:02.78	150m 1:36.73	200m 2:11.37	250m 2:46.36	300m 3:21.43	350m 3:56.56	400m 4:30.50		
7.	Gregory Banham	35	Co Chester	4:38.69	466					
	50m 30.32	100m 1:04.20	150m 1:39.32	200m 2:15.07	250m 2:50.84	300m 3:27.27	350m 4:03.38	400m 4:38.69		
8.	John Knott	39	Co Chester	4:43.94	441					
	50m 30.67	100m 1:04.38	150m 1:39.90	200m 2:15.98	250m 2:52.76	300m 3:30.26	350m 4:07.51	400m 4:43.94		
9.	Rhys Williams	36	Out To Swim	4:44.06	440					
	50m 31.75	100m 1:06.92	150m 1:42.98	200m 2:19.29	250m 2:55.74	300m 3:32.36	350m 4:08.78	400m 4:44.06		
10.	Thomas Harris	35	Out To Swim	4:54.09	397					
	50m 31.89	100m 1:07.05	150m 1:43.63	200m 2:22.14	250m 3:00.37	300m 3:39.49	350m 4:18.51	400m 4:54.09		
11.	Neville King	38	Exmouth	5:09.56	340					
	50m 32.75	100m 1:09.19	150m 1:47.51	200m 2:27.11	250m 3:07.33	300m 3:48.57	350m 4:30.08	400m 5:09.56		
12.	Peter Kavanagh	39	Camden Swiss	5:25.71	292					
	50m 36.52	100m 1:16.27	150m 1:57.86	200m 2:39.57	250m 3:21.22	300m 4:02.60	350m 4:44.73	400m 5:25.71		
13.	John Dedman	37	Beau Sejour	5:56.64	223					
	50m 33.46	100m 1:13.02	150m 1:57.55	200m 2:46.29	250m 3:34.37	300m 4:22.49	350m 5:09.99	400m 5:56.64		
14.	Jason Cordingley	37	Arfon Mast	6:34.06	165					
	50m 40.49	100m 1:25.35	150m 2:13.86	200m 3:04.82	250m 3:56.70	300m 4:49.52	350m 5:42.62	400m 6:34.06		

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	David Bailey	40	Co Derby	4:32.10	501					
	50m 30.95	100m 1:04.24	150m 1:38.59	200m 2:13.50	250m 2:48.65	300m 3:24.00	350m 3:59.31	400m 4:32.10		
2.	Matthew Molloy	40	Camden Swiss	4:32.93	496					
	50m 31.87	100m 1:06.00	150m 1:40.58	200m 2:15.80	250m 2:49.82	300m 3:24.57	350m 3:59.23	400m 4:32.93		
3.	Philip Croxall	40	Colne	4:42.46	448					
	50m 32.25	100m 1:07.41	150m 1:43.52	200m 2:19.86	250m 2:55.92	300m 3:32.24	350m 4:07.43	400m 4:42.46		
4.	Christopher Freeman	42	Teddington	4:48.00	423					
	50m 32.11	100m 1:07.16	150m 1:43.54	200m 2:20.13	250m 2:57.03	300m 3:34.37	350m 4:11.67	400m 4:48.00		
5.	Ian Hardy	40	NottmLeander	4:48.28	421					
	50m 30.83	100m 1:04.93	150m 1:40.58	200m 2:17.60	250m 2:55.04	300m 3:32.83	350m 4:11.22	400m 4:48.28		
6.	Andrew Cook	41	Dorking	4:50.50	412					
	50m 32.29	100m 1:07.63	150m 1:44.07	200m 2:21.26	250m 2:59.00	300m 3:36.65	350m 4:14.59	400m 4:50.50		
7.	Andrew Carr	43	Cleethorpes	4:53.75	398					
	50m 32.45	100m 1:07.55	150m 1:44.37	200m 2:21.78	250m 2:59.40	300m 3:37.97	350m 4:16.33	400m 4:53.75		
8.	Robert Isherwood	43	Lincoln Vulc	5:05.49	354					
	50m -	100m 1:11.01	150m -	200m -	250m 3:08.25	300m 3:47.89	350m -	400m 5:05.49		
9.	Garry Vickers	41	Etwall	5:08.51	344					
	50m 33.02	100m 1:09.39	150m 1:47.85	200m 2:27.73	250m 3:08.37	300m 3:49.60	350m 4:29.83	400m 5:08.51		
10.	Peter Robinson	44	Co Cambridge	5:24.73	295					
	50m 36.09	100m 1:14.98	150m 1:55.55	200m 2:37.36	250m 3:19.77	300m 4:02.37	350m 4:45.29	400m 5:24.73		
11.	John O'Rourke	40	Luton	5:25.63	292					
	50m 38.40	100m 1:19.26	150m 1:59.54	200m 2:41.23	250m 3:22.93	300m 4:05.07	350m 4:46.51	400m 5:25.63		
12.	Jaime Hernandez	44	Co Newcastle	5:29.91	281					
	50m 36.36	100m 1:16.42	150m 1:58.29	200m 2:40.80	250m 3:23.84	300m 4:06.38	350m 4:48.92	400m 5:29.91		
13.	Clive Smith	40	Etwall	5:32.86	274					
	50m 36.10	100m 1:15.47	150m 1:56.33	200m 2:39.45	250m 3:22.69	300m 4:06.65	350m 4:50.78	400m 5:32.86		
14.	Timothy Brammar	43	Deben	5:42.57	251					
	50m 38.59	100m 1:20.01	150m 2:02.91	200m 2:47.34	250m 3:31.32	300m 4:15.44	350m 4:58.69	400m 5:42.57		
	Ian Norman	40	Luton	DQ ST-						

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 302 Mens Open 400m Freestyle Continued

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Peter Long	46	Truro City	4:31.25	506					
	50m 29.65	100m 1:03.04	150m 1:37.24	200m 2:12.09	250m 2:46.77	300m 3:21.84	350m 3:56.77	400m 4:31.25		
2.	Andrew Gristwood	45	Cleethorpes	4:34.11	490					
	50m 30.58	100m 1:04.22	150m 1:38.85	200m 2:14.02	250m 2:49.14	300m 3:24.38	350m 3:59.61	400m 4:34.11		
3.	Robert Farish	45	Beckenham	4:37.24	474					
	50m 31.40	100m 1:05.15	150m 1:39.65	200m 2:14.96	250m 2:50.04	300m 3:26.60	350m 4:02.68	400m 4:37.24		
4.	David Clarke	45	Northgate	4:40.36	458					
	50m 31.67	100m 1:05.67	150m 1:40.49	200m 2:16.20	250m 2:51.95	300m 3:27.97	350m 4:04.54	400m 4:40.36		
5.	Mark Jones	49	Everton	4:42.62	447					
	50m 31.13	100m 1:05.27	150m 1:40.30	200m 2:15.95	250m 2:52.34	300m 3:29.35	350m 4:06.67	400m 4:42.62		
6.	Dale Barker	47	Stowmarket	4:45.05	436					
	50m 32.95	100m 1:08.33	150m 1:43.93	200m 2:20.47	250m 2:56.60	300m 3:33.08	350m 4:09.39	400m 4:45.05		
7.	David Wright	48	Luton	4:50.64	411					
	50m 33.25	100m 1:09.49	150m 1:46.64	200m 2:24.00	250m 3:02.03	300m 3:39.07	350m 4:15.89	400m 4:50.64		
8.	Andrew Jackson	49	Brighton Dol	4:52.96	401					
	50m 34.37	100m 1:10.55	150m 1:48.79	200m 2:26.33	250m 3:03.67	300m 3:40.47	350m 4:17.58	400m 4:52.96		
9.	Adam Lelean	47	Diss Otters	5:01.41	369					
	50m 32.72	100m 1:08.65	150m 1:46.22	200m 2:24.38	250m 3:03.17	300m 3:42.61	350m 4:22.50	400m 5:01.41		
10.	Stevan Eggleton	49	Camphill Ed	5:10.03	339					
	50m 34.41	100m 1:12.32	150m 1:51.26	200m 2:30.83	250m 3:11.11	300m 3:51.95	350m 4:32.39	400m 5:10.03		
11.	Matthew Stone	47	Croydon Amph	5:15.53	321					
	50m 35.62	100m 1:14.45	150m 1:54.36	200m 2:34.57	250m 3:15.25	300m 3:55.53	350m 4:35.82	400m 5:15.53		
12.	Simon Merrett	49	Deben	5:17.53	315					
	50m 37.18	100m 1:16.42	150m 1:56.24	200m 2:37.22	250m 3:17.25	300m 3:58.03	350m 4:38.81	400m 5:17.53		
13.	Stephen Moore	46	Stowmarket	5:24.74	295					
	50m 36.27	100m 1:15.47	150m 1:56.42	200m 2:38.76	250m 3:21.11	300m 4:02.40	350m 4:44.00	400m 5:24.74		
14.	Mark Pitts	47	Birmingham M	5:25.55	293					
	50m 35.21	100m 1:15.13	150m 1:56.23	200m 2:38.41	250m 3:20.98	300m 4:03.57	350m 4:46.61	400m 5:25.55		
15.	James Boucher	49	Guildford Ct	5:40.47	256					
	50m 34.32	100m 1:14.24	150m 1:56.09	200m 2:39.30	250m 3:23.64	300m 4:08.88	350m 4:55.37	400m 5:40.47		
16.	Stuart McGurk	48	Troutbeck Br	6:23.57	179					
	50m 44.13	100m 1:31.80	150m 2:21.32	200m 3:11.61	250m 4:00.87	300m 4:49.63	350m 5:38.04	400m 6:23.57		
	John Grave	48	Deben	DNC						
	Gordon Selwyn	46	Dove Valley	DNC						
	Stephen Ham	47	Rochford	DNC						

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Simon Veale	53	Totnes	4:32.93	496					
	50m 30.23	100m 1:03.67	150m 1:38.02	200m 2:12.92	250m 2:47.78	300m 3:23.01	350m 3:58.29	400m 4:32.93		
2.	Iain Gerrard	52	Reading	4:47.00	427					
	50m 32.45	100m 1:07.72	150m 1:43.90	200m 2:20.49	250m 2:57.35	300m 3:34.19	350m 4:10.91	400m 4:47.00		
3.	Anthony Greener	51	Co Newcastle	4:50.61	411					
	50m 31.10	100m 1:05.70	150m 1:41.75	200m 2:18.98	250m 2:56.90	300m 3:34.86	350m 4:13.21	400m 4:50.61		
4.	Ian Murray	52	Flitwick	5:01.83	367					
	50m 34.19	100m 1:11.57	150m 1:49.79	200m 2:28.55	250m 3:06.24	300m 3:44.65	350m 4:23.22	400m 5:01.83		
5.	Mark Straw	51	Bracknell	5:08.88	342					
	50m 32.97	100m 1:10.48	150m 1:49.65	200m 2:29.46	250m 3:09.44	300m 3:49.46	350m 4:29.84	400m 5:08.88		
6.	Peter French	51	Co Newcastle	5:14.37	325					
	50m 34.87	100m 1:13.89	150m 1:53.76	200m 2:33.87	250m 3:14.18	300m 3:54.61	350m 4:35.00	400m 5:14.37		
7.	Paul Pycroft	51	Cardiff Mast	5:18.25	313					
	50m 33.04	100m 1:12.01	150m 1:52.56	200m 2:33.55	250m 3:14.00	300m 3:54.72	350m 4:35.55	400m 5:18.25		
8.	Guy Fawkes	50	Billingham	5:23.80	297					
	50m 35.41	100m 1:14.57	150m 1:55.74	200m 2:37.96	250m 3:20.07	300m 4:01.94	350m 4:43.82	400m 5:23.80		
9.	David Granger	53	Gloucester M	5:35.05	268					
	50m 37.42	100m 1:18.32	150m 2:01.29	200m 2:44.24	250m 3:26.66	300m 4:09.54	350m 4:52.82	400m 5:35.05		
10.	Ian Muscroft	51	Billingham	6:07.25	204					
	50m 1:23.54	100m 2:10.15	150m 2:58.44	200m 4:34.62	250m 5:22.07	300m 6:07.25	350m -	400m 6:07.25		
11.	Ian Longster	51	Billingham	6:32.31	167					
	50m 43.51	100m 1:33.34	150m 2:24.12	200m 3:15.04	250m 4:05.55	300m 4:55.82	350m 5:45.51	400m 6:32.31		

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt					
1.	Peter Rae	56	Rochford	4:46.19	431					
	50m 32.28	100m 1:06.74	150m 1:42.40	200m 2:18.16	250m 2:54.38	300m 3:30.79	350m 4:08.41	400m 4:46.19		
2.	Neville Barton	55	Trafford Met	4:50.97	410					
	50m 31.50	100m 1:07.49	150m 1:44.13	200m 2:21.70	250m 2:59.81	300m 3:37.73	350m 4:15.51	400m 4:50.97		
3.	David Randall	55	Trafford Met	5:33.75	271					
	50m 37.42	100m 1:19.48	150m 2:02.35	200m 2:45.04	250m 3:27.44	300m 4:09.85	350m 4:51.67	400m 5:33.75		
4.	Peter Rank	57	Co Cambridge	6:05.67	206					
	50m 39.04	100m 1:23.57	150m 2:09.79	200m 2:56.10	250m 3:42.44	300m 4:28.79	350m 5:16.07	400m 6:05.67		

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 302 Mens Open 400m Freestyle Continued

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Geoffrey Thwaites	62	Co Cambridge	5:02.48	365				
	50m 34.93	100m 1:12.91	150m 1:51.86	200m 2:30.56	250m 3:09.45	300m 3:48.20	350m 4:26.14	400m 5:02.48	
2.	David Hembrow	62	Teddington	5:06.58	350				
	50m 34.61	100m 1:12.80	150m 1:51.79	200m 2:30.70	250m 3:09.72	300m 3:48.97	350m 4:28.37	400m 5:06.58	
3.	Leonard Phoenix	60	Stowmarket	5:39.15	259				
	50m 37.19	100m 1:19.00	150m 2:02.81	200m 2:45.39	250m 3:29.23	300m 4:13.08	350m 4:56.86	400m 5:39.15	
4.	Peter Stephens	62	Royal Navy	5:57.39	221				
	50m 38.97	100m 1:22.48	150m 2:07.26	200m 2:54.12	250m 3:40.25	300m 4:26.37	350m 5:13.24	400m 5:57.39	
5.	David Murphy	60	Romford Town	6:12.78	195				
	50m 41.24	100m 1:27.13	150m 3:49.71	200m -	250m -	300m -	350m -	400m 6:12.78	
6.	Norman Seggie	61	Spalding	7:01.28	135				
	50m 47.80	100m 1:38.84	150m 2:32.01	200m 3:26.53	250m 4:20.56	300m 5:15.35	350m 6:11.14	400m 7:01.28	
7.	Philip Sears	63	Dorking	7:12.14	125				
	50m 46.02	100m 1:38.49	150m 2:33.59	200m 3:29.63	250m 4:26.24	300m 5:22.29	350m 6:19.26	400m 7:12.14	

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Sandy Galletly	67	Warrender Ba	5:37.06	264				
	50m 38.62	100m 1:20.57	150m 2:03.11	200m 2:45.76	250m 3:29.07	300m 4:12.20	350m 4:55.15	400m 5:37.06	
2.	Roger Phillips	65	Otter	5:50.67	234				
	50m 40.57	100m 1:24.19	150m 2:08.56	200m 2:52.96	250m 3:37.77	300m 4:22.67	350m 5:07.35	400m 5:50.67	
3.	Peter Ingham	65	Rotherham Mo	7:00.20	136				
	50m 48.25	100m 1:39.82	150m 2:34.25	200m 3:27.76	250m 4:21.48	300m 5:16.54	350m 6:10.52	400m 7:00.20	

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Geoff Stokes	70	Spencer	5:28.30 GB/EUR	285				
	50m 37.84	100m 1:18.94	150m 2:00.44	200m 2:43.15	250m 3:25.54	300m 4:07.85	350m 4:48.80	400m 5:28.30	
2.	Anthony Gimson	72	Sussex Marts	6:23.89	178				
	50m 41.99	100m 2:18.37	150m 3:08.16	200m 3:58.82	250m 4:46.95	300m 5:37.79	350m 6:23.89	400m 6:23.89	

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Keith Edward Godbehere	75	Rotherham Mo	6:58.82	137				
	50m 46.74	100m 1:40.00	150m 2:34.62	200m 3:28.24	250m 4:21.65	300m 5:14.29	350m 6:07.61	400m 6:58.82	
2.	Irving Dixon	75	Spencer	6:59.32	137				
	50m 43.59	100m 1:34.59	150m 2:28.21	200m 3:21.52	250m 4:15.00	300m 5:09.38	350m 6:04.36	400m 6:59.32	
3.	Derek Bidgood	75	Devonport	7:34.44	108				
	50m 48.46	100m 1:44.03	150m 2:41.38	200m 3:39.84	250m 4:38.48	300m 5:37.70	350m 6:35.89	400m 7:34.44	
4.	John Starr	75	Romford Town	7:41.14	103				
	50m 51.39	100m 1:48.05	150m 2:46.56	200m 3:45.61	250m 4:45.08	300m 5:44.66	350m 6:43.60	400m 7:41.14	

80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Robert Curr	80	Serpentine	11:14.08	33				
	50m 1:12.48	100m 2:38.41	150m 4:05.30	200m 5:31.21	250m 6:58.69	300m 8:23.97	350m 9:53.27	400m 11:14.08	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 303 Womens Open 50m Butterfly

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Emma Robinson	23	Totnes	29.54	633
2.	Caroline Ball	20	Exmouth	30.12	597
3.	Sara Greenwood	22	UEA Norwich	30.22	591
4.	Rebecca Ward	24	Co Derby	30.37	582
5.	Holly Newsome	23	Hoylake	31.40	527
6.	Stacey Cameron	20	Camphill Ed	31.90	502
7.	Chelsea Mears	24	Stalybridge	33.81	422
8.	Louise Rice	19	UEA Norwich	34.16	409
9.	Melanie Smith	24	Spencer	34.35	402
10.	Laura Marinelli	23	Long Eaton	34.67	391
11.	Suzannah Martin	23	Romford Town	34.91	383
12.	Susan Horner	20	Nthumbria Un	35.05	379
13.	Christine Hopson	22	Co Derby	37.27	315
14.	Briony Johnson	24	Swadlincote	37.50	309
15.	Laura Collins	21	Northampton	37.72	304
16.	Tara Thornton	20	Lichfield	39.46	265
	Louise Maynard	24	Swindon Dolp	DNC	

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Leonore Kelleher	27	Otter	29.69	623
2.	Clare Grundy	27	Croydon Amph	29.75	619
3.	Lucy Lloyd-Roach	26	Trafford Met	29.83	614
4.	Lisa Poole	26	Co Sheffield	31.27	533
5.	Lisa Dargavel	27	Loughborough	31.29	532
6.	Christine Jaeggi	28	Anaconda	31.47	523
7.	Laura Walsh	27	Staines	31.59	517
8.	Catherine Dobson	28	Otter	31.61	516
9.	Sarah Hunt	28	Co South'ton	31.97	499
10.	Anne Harrison	28	Reading	32.08	494
11.	Victoria Rickwood	25	Reading	32.47	476
12.	Sarah Osman	25	UEA Norwich	32.62	470
13.	Abigail Pinnick	25	Barnet Copt	32.73	465
13.	Louise Parsons	29	Rochford	32.73	465
15.	Hanna Dabbour	26	Bath Dolphin	32.96	455
16.	Victoria Smith	28	East Leeds	33.02	453
17.	Catherine Traynor	27	Anaconda	33.66	428
18.	Kim Ewins	26	Guildford Ct	33.71	426
19.	Katherine Porter	28	Saxon Crown	34.09	412
20.	Katherine Bull	27	Diss Otters	34.86	385
21.	Katie Higgon	25	Harwich DP	35.48	365
22.	Anne Jones	27	Otter	36.34	340
23.	Kathryn Fletcher	29	Co Oxford	37.01	322
24.	Harriet Moss	29	Birmingham M	39.66	261
	Kirsty Melville	26	Camden Swiss	DNC	
	Helen Asquith	26	Cockermouth	DNC	
	Aimee Ramm	27	G B Police	DNC	

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elizabeth Bellinger	31	Bishop Stort	29.25 GB	652
2.	Gina Hobson	32	Otter	29.48	637
3.	Aneska Binks	32	Leic Peng	30.37	582
4.	Michelle Matson	31	Basingstoke	32.01	497
5.	Joy Stevenson	30	Kenilworth M	32.11	493
6.	Samantha Morris	33	Truro City	32.41	479
7.	Judith Kerr	32	Spencer	32.67	468
8.	Sarah Hempenstall	31	G B Police	33.12	449
9.	Helen Johnson	30	Louth	33.40	438
10.	Ann Hartland	32	Sussex Marts	33.90	419
11.	Fiona Lavety	33	Ren 96	34.82	386
12.	Sarah Brooksbank	32	Leic Peng	35.64	360
13.	Zoe West	32	Camden Swiss	36.36	339
14.	Charlotte Moss	32	Anaconda	36.81	327
15.	Cassie Drake	30	Romford Town	37.01	322
	Liane Andrews	33	G B Police	DNC	
	Ruth Rinze	31	Kenilworth M	DNC	
	Helen Rolle	34	Etwall	DNC	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 303 Womens Open 50m Butterfly Continued

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Zoe Cray	35	teamipswich	28.65 GB/EUR/WR	694
2.	Teresa Dray	37	G B Police	30.99	548
3.	Sarah Forbes	38	Swindon Dolp	32.59	471
4.	Elizabeth Griffin	37	Sussex Marts	33.12	449
5.	Melanie McWhirter	36	Kenilworth M	33.57	431
6.	Karen Howells	38	Forres	33.74	425
7.	Cheryl Lyons	37	South Hunsle	33.94	417
8.	Michelle Jenkins	39	Bristol Cent	33.95	417
9.	Amber Bensley	36	Cleethorpes	33.96	416
10.	Sarah Johnson	35	Broomfield	35.93	352
11.	Claire Amner	35	Spencer	35.95	351
12.	Julie Sanders	37	Romford Town	36.33	340
13.	Caroline Hermon	38	Teddington	40.02	254
14.	Alex Hutchby	36	Guildford Ct	41.68	225
	Alison Willis	37	G B Police	DNC	

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Julie Gibson	42	Etwall	30.37	582
2.	Lesley Cordial	42	Ruislip Nwd	30.91	552
3.	Melanie Power	40	Bristol Cent	31.78	508
4.	Anne Braam	41	Hoylake	32.09	494
5.	Allie Price	44	Cardiff Mast	32.42	479
6.	Hayley Bird	41	Leic Peng	32.66	468
7.	Carole Lewis	43	Ren 96	34.15	410
8.	Karen Burdass	42	York City	34.18	408
9.	Lydianne Lock	40	Leic Peng	34.23	407
10.	Karen Hilton	40	Gloucester M	34.98	381
11.	Catherine Shearn	40	Basingstoke	35.29	371
12.	Jackie Buxton	44	South Axholm	35.32	370
13.	Sandra Skellem	42	Trafford Met	35.77	356
14.	Delyth Cunnah	41	G B Police	35.90	353
15.	Helen Ward	41	Bath Dolphin	37.80	302
	Jayne Wrighton	40	Gloucester M	DNC	
	Natalie Bateson	43	Barnet Copt	DNC	

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Karen McBeath	47	Forres	30.42	579
2.	Hayley Bettinson	46	Camphill Ed	30.54	573
3.	Judith Hattle	49	Carlisle Mas	31.14	540
4.	Debbie Matless	46	UEA Norwich	32.87	459
5.	Suzanne Linton	47	Camphill Ed	33.56	432
6.	Ninette Hibbs	47	St Austell A	37.16	318
7.	Valerie Bull	47	UEA Norwich	38.40	288
8.	Karen Green	45	Sevenoaks	38.65	282
9.	Marina Lim	46	Teddington	42.57	211
10.	Jacqueline Patel	49	Kings Corm	46.25	165
	Fatima Lindo	47	Camphill Ed	DQ SL-1L	

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mary Purvis	54	Alnwick Dol	35.10	377
2.	Lesley Zimmerman	51	Dorking	36.81	327
3.	Christine Gillard	53	Newark	41.12	235
4.	Stella Farrar	50	Arfon Mast	41.24	233
5.	Julie Britton	54	Gloucester M	41.28	232
6.	Penelope Hickson	52	Gloucester M	43.42	199
7.	Jane Blackwell	50	UEA Norwich	43.59	197
8.	Lynn Shepherd	50	Billingham	1:07.28	54

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Susan Haigh	57	Tiverton	35.92	352
2.	Christina Victor	55	Guildford Ct	37.10	319
3.	Vivienne Alexander	59	Sussex Marts	38.88	278
4.	Jeanette Benn	58	Barnet Copt	59.09	79

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Rachel Barton	61	Trafford Met	34.74	389
2.	Rose Dudeney	62	Sussex Marts	47.26	155
3.	Ellery McGowan	63	Godalming	50.92	124

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jean Howard-Jones	66	Spencer	39.23	270
2.	Diane Ford	66	Spencer	41.73	224
	Lynda Miller	65	Sussex Marts	DNC	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 304 Mens Open 50m Butterfly

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig Gibbons	24	Maxwell	24.78	749
2.	David Harrison	23	Stowmarket	26.05	644
3.	Steven Millican	24	Rotherham Mo	26.06	644
4.	John Wood	23	Trowbridge	26.41	618
5.	Joseph Canlan-Shaw	21	Co Oxford	26.45	616
6.	Brendan Giltinane	23	Basingstoke	26.79	592
7.	Ian Surrage	23	Co Oxford	26.91	585
8.	Neil Agius	23	Maxwell	27.05	576
9.	Tim Shipton	21	Co Cambridge	27.50	548
10.	Aaron Jones	23	Stalybridge	27.51	547
11.	Mark Leamon	22	UEA Norwich	27.58	543
12.	Benjamin Terry	24	Co South'ton	27.60	542
13.	Daniel Pryor	19	Perry B & TS	27.89	525
14.	Andrew Wainscot	18	Leic Peng	27.91	524
15.	Richard Freedman	23	UEA Norwich	28.00	519
16.	Sam Watts	23	UEA Norwich	28.02	518
17.	James Rumbelow	20	Co Cambridge	29.07	464
18.	Gary Smith	24	Chatteris	29.15	460
19.	Bastiaan Nootboom	21	Chatteris	29.53	442
20.	Mark Thompson	20	Chatteris	29.65	437
21.	Ben Davis	18	Troutbeck Br	29.85	428
22.	Darryl Vokes	24	Northampton	30.07	419
23.	Jonathan Hawkins	24	Exmouth	30.13	416
24.	Lee Horsley	19	Dearne Vall	30.30	409
25.	John Smiddy	23	Haverfordwes	31.36	369
26.	Michael Baker	19	Rochford	32.81	322
	Darren Marr	24	Bathgate	DNC	
	James Wardle	24	Kenilworth M	DQ ST-	

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alistair Crawford	25	Co Sheffield	25.45	691
2.	Adam O'Grady	26	G B Police	26.13	638
3.	Christopher Aust	27	Co Oxford	26.32	625
4.	Barrie Stewart	26	Havant & Wat	26.62	604
5.	Arie Dekker	25	Hoylake	26.79	592
6.	Andrew Parker	29	Cardiff Mast	27.40	554
7.	Ian Potter	28	Camphill Ed	27.42	553
8.	Stephen Lue	25	Out To Swim	27.50	548
9.	Josh Williamson	29	Guildford Ct	27.79	531
10.	Steven Slee	26	Maxwell	27.88	526
11.	Darren Sims	25	Chichester	28.17	510
12.	Alexander Chklar	28	Spencer	28.36	499
13.	Jamie Lee	27	Saxon Crown	28.45	495
14.	James Mactavish	27	Co South'ton	28.52	491
15.	David Butler	27	Co Derby	28.84	475
16.	Andrew Seggie	29	Kenilworth M	28.95	469
17.	Stuart Crabb	25	South Hunsle	29.16	459
18.	Haukur Heimisson	25	Camden Swiss	29.49	444
19.	Robert Brimacombe	26	Crediton	29.83	429
20.	Thomas Harrison	27	Stowmarket	30.00	422
21.	Colin Spanos	28	Brent Dolph	30.15	416
22.	Oliver Bumstead	26	Stowmarket	30.16	415
23.	Andrew Ball	25	Halifax	30.35	407
24.	Matthew Hockin	25	Crediton	31.73	357
	Andrew Buckle	26	Hoylake	DNC	
	Craig Holmes	28	Incas	DNC	
	Ben Thomas	27	Otter	DNC	
	Andrew Voisey	26	Out To Swim	DNC	
	Neil Hitchman	29	Hoylake	DNC	
	William Felgate	27	Winchester	DNC	
	Philip Eccles	27	Hoylake	DNC	
	Mathew Ronald	28	Camden Swiss	DQ SL-1L	
	Matthew Rickett	27	Rochford	DQ ST-	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 304 Mens Open 50m Butterfly Continued

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Stephen Mavin	34	Chatteris	25.04 GB	726
2.	Kevin Barter	30	Chatteris	25.48	689
3.	Edward Clayton	33	G B Police	25.60	679
4.	Adrian Turner	32	Spencer	25.97	650
5.	Karl Buchholtz	32	Reading	26.53	610
6.	Paul Callis	31	South Hunsle	26.56	608
7.	Robert Whittle	33	Co Newcastle	26.93	583
8.	Robert Small	30	Perry B & TS	27.05	576
9.	David Jardine	33	Kenilworth M	27.45	551
10.	Andrew Farrell	31	Brighton Dol	27.47	550
11.	Richard Bradford	30	Stourbridge	27.77	532
12.	Peter Undery	34	Birmingham M	27.95	522
12.	Paul Longland	30	Trafford Met	27.95	522
14.	Peter Gleed	31	Southwold	27.98	520
15.	Stephen Longland	30	Bristol Hen	28.27	504
16.	John Smith	33	Co Coventry	28.32	501
17.	Paul Ellis	33	Co Leeds	28.55	489
18.	Kerrin Cruttenden	32	Chichester	28.97	468
19.	Jason Liong	33	Ealing	29.13	461
20.	Chris Banks	31	Romford Town	29.38	449
21.	Jonathan Gray	31	Dorking	30.67	395
22.	Sam Chadwick	30	Godalming	30.77	391
23.	Craig Coley	30	Birmingham M	30.90	386
24.	Gerard McGauley	31	Ren 96	32.19	341
25.	Robert Egan	34	Kenilworth M	34.07	288
26.	Dan Vaughan	32	Out To Swim	34.88	268
	Gerard Gillespie	30	Ealing	DNC	
	Mark Baker	33	Romford Town	DNC	
	Richard Snow	31	Out To Swim	DQ T-1L	

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ian Jeffery	37	Truro City	26.23	631
2.	John Fitzgerald	36	Brent Dolph	26.48	613
3.	David Rees	36	Stalybridge	26.94	583
4.	Garry Mavin	38	Chatteris	27.34	557
5.	Philip McHugh	38	Camden Swiss	27.54	545
6.	Martin Lane	38	Romford Town	29.64	437
7.	Marc Alcock	35	Dove Valley	30.08	419
8.	James Palmer	37	Otter	30.33	408
9.	James Bainbridge	35	Camphill Ed	30.76	391
10.	Paul Ingle	38	Etwall	30.95	384
11.	Toby Smith	35	Co Cant'bury	32.12	344
12.	Adrian Christop Brown	39	BelperMarlin	32.42	334
13.	Steven Banner	37	Co Oxford	32.73	325
14.	Christopher Rolle	35	Etwall	33.24	310
15.	John Farrelly	39	Co Sheffield	33.77	296
16.	Simeon Hemming	37	Camphill Ed	34.08	288
17.	John Dedman	37	Beau Sejour	38.29	203
	Gordon Oliphant	39	Camden Swiss	DNC	
	David Russell	38	West Wight	DNC	
	Gregory Banham	35	Co Chester	DQ T-1L	

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David Chaney	41	Hadrian Mast	27.11	572
2.	Ian Wilkes	42	Loughborough	27.91	524
3.	Paul Kirk	40	Swindon Dolp	27.94	522
4.	Philip Haworth	44	Stalybridge	28.26	505
5.	Steve Goodall	44	Rykneld	28.32	501
6.	Matthew Gomez	43	Co Oxford	28.54	490
7.	Christopher Ryall	44	Kenilworth M	28.62	486
8.	Richard Evans	42	G B Police	28.87	473
9.	Peter May	41	Leyland Barr	29.20	458
10.	Stephen Langford	40	Birmingham M	29.64	437
11.	Roy McWhirter	41	Kenilworth M	30.00	422
12.	Jonathan Oddy	41	Buxton	30.13	416
13.	Gavin Barlow	41	Spencer	30.28	410
14.	Garry Vickers	41	Etwall	30.51	401
15.	David Massey	42	Stalybridge	30.81	389
16.	Mark Preston	42	Burnley BOBC	31.05	381
17.	Stuart Galvin	42	Guildford Ct	31.52	364
18.	Ian Balfour	41	Dunfermline	31.95	349
19.	Lawrence Miller	43	Birmingham M	33.34	307
20.	Peter Robinson	44	Co Cambridge	34.80	270
21.	Oggy East	42	Arfon Mast	36.08	243
22.	Ian Norman	40	Luton	37.50	216
	Simeon Robbie	40	Sussex Marts	DNC	
	Stuart Bryant	41	SW Police	DNC	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 304 Mens Open 50m Butterfly Continued

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Craig Norrey	48	Camphill Ed	26.40 GB	619
2.	Alec Johnson	47	Trafford Met	28.05	516
3.	Mark Patterson	45	Calv Bing	28.49	493
4.	Andrew Fresher	45	Chatteris	28.53	491
5.	Simon Garside	49	Bo Kirklees	28.56	489
6.	Kevin Smith	45	Co Newcastle	28.77	478
7.	Matthew Grant	45	Gates &Whick	29.57	441
8.	Mark Partridge	46	Stroud Mast	29.90	426
9.	Michael Commons	48	Loughborough	30.28	410
10.	Duncan Beveridge	48	St Albans Ma	30.30	409
11.	Neil Trayler	48	Otter	30.67	395
12.	Andrew Hooper	46	Teddington	30.68	394
13.	Michael Pepper	45	Rotherham Mo	31.22	374
14.	John Standing	47	Stalybridge	31.40	368
15.	Kevan Brown	49	Bo Kirklees	31.79	355
16.	Ian Pragnell	47	Northampton	31.87	352
16.	Martyn Fresher	47	Chatteris	31.87	352
18.	Stephen Howgill	46	Loughborough	32.74	325
19.	Andrew Pratt	47	Exmouth	32.85	321
20.	Russell Simpson	47	Camden Swiss	33.36	307
21.	Riccardo Ludovici	46	Gloucester M	34.41	280
22.	Arthur Aplin	46	Co Newcastle	34.88	268
	Graeme Beacham	46	Ren 96	DNC	
	Simon Merrett	49	Deben	DNC	
	David Josephs	45	Camden Swiss	DNC	
	Costa Vasiljevas	47	Barnet Copt	DNC	
	Robert Lucas	48	Hull Masters	DNC	
	Nicolus Vaughan	45	Royal Navy	DNC	
	Colin Holmes	48	Stalybridge	DNC	
	Neil Roberts	49	Totnes	DNC	

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Graham Sadler	50	Trafford Met	28.69	482
2.	Timothy Fraser	50	Sussex Marts	29.03	466
3.	Geoff Baker	50	Rochford	29.23	456
4.	Simon Davis	54	Sussex Marts	30.13	416
5.	David Shamp	51	Dorking	30.28	410
6.	Stephen Weston	54	Leominster	31.25	373
7.	Thomas Enright	50	Romford Town	32.01	347
8.	Peter French	51	Co Newcastle	32.53	331
9.	Antony Scott	50	Basingstoke	33.07	315
10.	Martyn Finney	51	Etwall	33.30	308
11.	David Cooke	53	Birmingham M	33.44	305
12.	Thomas Morrow	53	Co Milton K	34.05	289
13.	Guy Fawkes	50	Billingham	34.71	272
14.	Malcolm Barton	54	Luton	35.36	258
15.	Jim Hunt	51	Birmingham M	38.72	196
16.	Robin Sleight	53	Co Newcastle	44.12	133

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Steven Wall	55	Co Liverpool	28.79GB	477
2.	Graeme Milne	55	Truro City	29.00	467
3.	Stephen Braine	55	Sussex Marts	29.61	439
4.	Trevor Clark	55	Camphill Ed	29.68	436
5.	Ian Woollard	55	Barnet Copt	31.53	363
6.	Antony Meek	59	Sevenoaks	31.83	353
7.	Robert Cramb	56	Birmingham M	32.56	330
8.	Peter Iles	56	South Beds	33.13	313
9.	Steven Folsom	56	Teddington	33.47	304
10.	Graham Pearson	57	Hadrian Mast	33.49	303
11.	Clive Edwards	56	Camphill Ed	35.45	256
12.	Brian Hosking	58	Dorking	37.64	214
13.	Steve Bratt	59	Otter	38.50	200
14.	Kevin Sellors	59	Matlock	38.85	194
	Christopher Brown	56	Co Bradford	DNC	

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Brian Hunt	60	RTW Monson	32.78	323
2.	James Corbett	60	BelperMarlin	33.08	315
3.	Derek Booth	60	Halton	33.64	299
4.	Colin Hamling	61	Dorking	33.76	296
5.	Philip Harper	64	Rochford	33.81	295
6.	Duncan McCreadie	64	Maidenhead	34.34	281
7.	Christopher Burge	61	Shrewsbury	36.27	239

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 304 Mens Open 50m Butterfly Continued

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Derek Parr	65	Otter	31.05GB	381
2.	Roger Lloyd-Mostyn	68	Otter	33.22	311
3.	Michael Daniell	69	Bracknell	33.36	307
4.	William Letch	69	Exmouth	33.43	305
5.	Roger Phillips	65	Otter	38.07	206
	Philip Kitts	65	Co Liverpool	DNC	
	Richard Stead	66	Spencer	DNC	

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David Cumming	71	Sussex Marts	35.37	257
2.	John Anderson	72	Trafford Met	56.97	62

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	John Starr	75	Romford Town	1:13.82	28

80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
	Cecil Benfold	84	Kings Corm	DQ SA-1L	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 305 Womens Open 100m Backstroke

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Caroline Ball	20	Exmouth	1:06.33	634	31.80
2.	Leanne Taylor	22	Halesowen	1:07.73	595	32.62
3.	Kim Jervis	22	Hoylake	1:08.31	580	33.64
4.	Emma Robinson	23	Totnes	1:09.79	544	34.25
5.	Stacey Cameron	20	Camphill Ed	1:09.83	543	34.58
6.	Claire Shortt	22	Rotherham Mo	1:11.06	515	34.61
7.	Vanessa Grayson	23	Chapelton	1:12.42	487	34.98
8.	Laura Bowden	22	Co Manch Aq	1:12.80	479	35.70
9.	Jane Stalker	24	Camphill Ed	1:13.64	463	35.70
10.	Helen Sinclair	23	Co Coventry	1:15.26	434	36.10
11.	Emma Powell	23	Luton	1:16.38	415	35.82
12.	Katherine Loker	24	Calv Bing	1:16.47	413	36.99
13.	Elizabeth Wilkinson	21	Co Cambridge	1:17.02	405	36.61
14.	Liberty Kathro	21	Exmouth	1:17.12	403	37.50
15.	Rebecca Sleight	20	Co Newcastle	1:17.92	391	37.81
16.	Emma Bryant	19	Northampton	1:22.33	331	39.73
17.	Carolyn Hutchinson	18	Ren 96	1:27.92	272	42.00
	Hazel White	20	Ren 96	DNC		

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Katie Birchall	27	Co Liverpool	1:08.98	563	32.62
2.	Coralie Seary	27	Anaconda	1:09.72	546	33.67
3.	Kerrie Aldridge	26	Dursley	1:09.96	540	33.45
4.	Caroline Williams	27	Birmingham M	1:09.97	540	33.17
5.	Clare Grundy	27	Croydon Amph	1:10.29	532	34.06
6.	Hayley Davis	25	Flitwick	1:10.44	529	34.03
7.	Catherine Dobson	28	Otter	1:11.93	497	34.45
8.	Helen Prentice	29	Otter	1:12.58	484	35.36
9.	Rachel Vallins	26	G B Police	1:13.16	472	34.72
10.	Alex Davis	28	Out To Swim	1:13.46	466	35.61
11.	Laura Sims	29	Dove Valley	1:14.50	447	34.97
12.	Lisa Chapman	29	Stockton	1:16.59	412	37.06
13.	Helen Whittle	28	Reading	1:22.28	332	39.53
14.	Laura Davies	26	Birmingham M	1:25.24	299	41.52
	Elizabeth Winter	26	Ealing	DNC		
	Emma Collings	27	Millfield	DNC		
	Helen Asquith	26	Cockermouth	DNC		

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alison Peakman	30	Birmingham M	1:08.56	574	33.48
2.	Gina Hobson	32	Otter	1:09.17	559	33.64
3.	Abigail Fogo	31	Spencer	1:10.86	520	33.39
4.	Lisa Dawson	31	Barnet Copt	1:14.94	439	36.15
5.	Joanne Eaton	30	Co Oxford	1:14.98	439	35.89
6.	Emma Davies	30	Co Derby	1:15.62	428	37.14
7.	Michelle Matson	31	Basingstoke	1:18.87	377	38.05
8.	Helen Johnson	30	Louth	1:23.68	316	40.61

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Zoe Cray	35	teampswich	1:03.38GB/EUR	726	30.96
2.	Helen Sadler	39	Trafford Met	1:13.17	472	34.99
3.	Sarah Forbes	38	Swindon Dolp	1:14.28	451	36.49
4.	Sarah Noble-Kendrick	35	Northampton	1:16.13	419	36.09
5.	Amber Bensley	36	Cleethorpes	1:19.59	367	38.23
6.	Susan McGregor	35	Teddington	1:29.90	254	43.30
7.	Caroline Hermon	38	Teddington	1:32.40	234	-
	Sarah Lusher	37	Ruislip Nwd	DNC		
	Rowena Stedman	36	Co South'ton	DNC		

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Katherine Veale	43	Totnes	1:13.31	469	35.14
2.	Lydianne Lock	40	Leic Peng	1:14.37	450	35.87
3.	Rebecca Stewart	42	Saxon Crown	1:15.50	430	35.84
4.	Tracie Gorst	41	Trafford Met	1:15.61	428	36.83
5.	Louise Jarvis	40	Biggleswade	1:18.88	377	38.04
6.	Delyth Cunnah	41	G B Police	1:20.17	359	38.57
7.	Dawn Whitehead	41	Newark	1:23.08	322	40.33
8.	Lynne Dawson	42	Chapelton	1:23.67	316	40.38
9.	Lesley-Anne Anastasiou	44	UEA Norwich	1:31.45	242	-
10.	Catherine Stray	41	Long Eaton	1:32.71	232	44.94
11.	Susan Barnes	43	Bristol Nor	1:34.89	216	46.52
12.	Jennifer Booth	42	Cosacs	1:57.77	113	58.59
	Jayne Wighton	40	Gloucester M	DNC		

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 305 Womens Open 100m Backstroke Current

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Rebecca Jenkinson	46	Exeter City	1:14.70	444	37.41
2.	Victoria Linton-Crook	45	Camden Swiss	1:16.03	421	36.81
3.	Berence Wilson	49	Spondon Mast	1:16.46	414	36.33
4.	Karen Green	45	Sevenoaks	1:22.97	324	39.35
5.	Carolyn Fox	48	Reading	1:26.43	286	42.04
6.	Esmé Watkinson	49	Birmingham M	1:27.89	272	42.59
7.	Alison Cox	49	Y Swim	1:30.15	252	44.47
8.	Susan Arrowsmith	47	NottmLeander	1:32.46	234	44.25
9.	Anke Braun	45	Brighton Dol	1:36.89	203	47.29
10.	Elaine Harrison	46	Cardiff Mast	1:42.08	174	-
11.	Gillian Miles	49	Bristol Hen	2:16.90	72	1:08.94
	Courtney Montgomery	45	StirlingSwim	DNC		

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ruth Lowe	52	Etwall	1:22.46	330	39.38
2.	Lindsey Gowland	52	Etwall	1:25.28	298	41.71
3.	Stella Farrar	50	Arfon Mast	1:29.69	256	44.09
4.	Christine Goodair	52	Kings Corm	1:34.05	222	46.28
5.	Elaine Fenton	53	Birmingham M	1:47.04	151	52.26
6.	Karen Brown	54	W Lon Pengu	2:01.93	102	58.41

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Kathleen Tunncliffe	57	Etwall	1:24.34	308	41.02
2.	Pauline Inwood	57	Co Derby	1:27.95	272	-
3.	Jacqueline Hughes	56	Lindum Mink	1:43.58	166	50.12
4.	Sally Lelean	58	Diss Otters	1:51.45	134	54.37

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Rachel Barton	61	Trafford Met	1:21.67	339	39.77
2.	Helen Trippe	63	Winchester	1:28.69	265	41.54
3.	Elaine Blower	64	Barnet Copt	1:36.15	208	47.14

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Elizabeth Savidge	65	Kings Corm	1:37.18	201	-
2.	Janet Brown	68	Bristol Mast	1:41.13	179	48.71

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Brenda Walker	71	Co Chester	1:49.13	142	53.75
2.	Jenny Ball	71	Camphill Ed	2:02.02	102	58.27

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Barbara Morton	76	Darwen	2:05.02	95	58.66
	Elizabeth Braimbridge	76	Camden Swiss	DNC		
	Pauline Brand	76	Gainsborough	DNC		

80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Susan Halter	82	Camden Swiss	2:25.23	60	1:08.62

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 306 Mens Open 100m Backstroke

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Steven Millican	24	Rotherham Mo	58.31	629	28.28
2.	Kalon Veale	18	Totnes	1:00.88	552	28.98
3.	Christopher Flower	21	Birm'ham Uni	1:02.19	518	30.11
4.	Samuel Lander	19	Exmouth	1:02.59	508	29.87
5.	Steven Long	24	Cheadle	1:02.72	505	30.82
6.	Gary Smith	24	Chatteris	1:03.00	498	31.10
7.	Mark Leamon	22	UEA Norwich	1:03.62	484	30.22
8.	Michael Flower	24	Cambridge Un	1:04.25	470	31.30
9.	Steven Dickinson	24	Ashington	1:04.37	467	31.05
10.	Robert Langan	22	Salisbury	1:05.50	443	32.03
11.	Tim Shipton	21	Co Cambridge	1:06.48	424	31.32
12.	Joe Bennett	22	Dorking	1:06.74	419	31.31
13.	Alastair Stanton	24	South Hunsle	1:08.34	390	32.30
14.	Ben Davis	18	Troutbeck Br	1:11.06	347	35.19
	Michael Adair	24	Witney	DNC		

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jonathan Audis	29	Swindon Dolp	56.00	710	26.53
2.	Ian Thwaites	29	Co Cambridge	57.98	639	27.76
3.	Neale Sayle	27	Trafford Met	59.83	582	28.20
4.	David Gelb	28	Barnet Copt	1:00.29	569	29.20
5.	Ashley Buck	29	Sudbury	1:00.49	563	29.83
6.	Lee Holland	26	Hoylake	1:01.53	535	29.70
7.	Ben Thomas	27	Otter	1:03.28	492	30.46
8.	Andrew Seggie	29	Kenilworth M	1:04.29	469	30.69
9.	Alistair Garmendia	25	Co South'ton	1:04.80	458	30.81
10.	Christopher Armour	28	Hoylake	1:11.19	345	34.25
11.	Colin Spanos	28	Brent Dolph	1:12.82	323	35.15
12.	Jonathan Furnival	27	Trafford Met	1:13.10	319	35.13
13.	Jonathan Giles	27	Trafford Met	1:13.43	315	36.27
14.	Peter Haw	28	Camphill Ed	1:24.02	210	41.09
	Craig Holmes	28	Incas	DNC		

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Kevin Barter	30	Chatteris	58.56	621	28.09
2.	James Donn	32	Glasgow Nmds	1:01.63	532	29.32
3.	Paul Callis	31	South Hunsle	1:02.54	509	30.52
4.	Robert Whittle	33	Co Newcastle	1:03.00	498	30.68
5.	Alan Wallace	33	Co Cambridge	1:06.76	419	32.49
6.	David Jardine	33	Kenilworth M	1:06.88	417	32.10
7.	Paul Ellis	33	Co Leeds	1:08.22	393	32.74
8.	Simon Joyce	31	Co Oxford	1:09.94	364	33.23
9.	Martin Temple	32	Bo Kirklees	1:14.68	299	36.23
	Mikal Ahmed	30	Out To Swim	DNC		
	Gareth Padfield	33	Co Liverpool	DNC		
	Gerard Gillespie	30	Ealing	DNC		
	Calum Johnston	31	Ren 96	DNC		
	Stephen Tomlinson	34	Camphill Ed	DNC		

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ian Jeffery	37	Truro City	59.92	579	29.35
2.	Lee Peterson	35	Braintree	1:00.67	558	28.96
3.	Paul Allen	37	Boston	1:03.74	481	30.40
4.	Daniel Craigen	35	Rhyl Dolphin	1:04.15	472	31.27
5.	Michael Eaton	36	Swindon Dolp	1:08.88	381	34.02
6.	Rhys Williams	36	Out To Swim	1:12.36	329	34.70
7.	Toby Smith	35	Co Cant'bury	1:23.81	212	40.38
8.	Simeon Hemming	37	Camphill Ed	1:29.12	176	41.92
9.	Jason Cordingley	37	Afon Mast	1:37.21	136	45.97
	Richard Stannard	35	Leatherhead	DNC		
	Chris Jones	38	G B Police	DNC		

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Patrick Gore	41	Clams	1:03.00	498	30.95
2.	Mark Salway	41	Sussex Marts	1:03.90	478	30.76
3.	Chris Archer-Brown	41	BradfordAvon	1:04.25	470	30.44
4.	Stephen Langford	40	Birmingham M	1:11.91	335	35.26
5.	Andrew Cook	41	Dorking	1:14.08	307	36.22

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 306 Mens Open 100m Backstroke Continued

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Craig Norrey	48	Camphill Ed	1:00.81 GB	554	29.00
2.	Stanley Vela	47	Ruislip Nwd	1:03.52	486	30.91
3.	Martin Fenner	47	Romford Town	1:05.73	439	31.98
4.	Ian Ruddle	45	Darlington M	1:07.51	405	32.62
5.	Stephen Allen	49	Hull Masters	1:08.77	383	33.09
6.	Simon Garside	49	Bo Kirklees	1:08.90	381	33.10
7.	Julian Harforth	47	G B Police	1:09.15	377	33.01
8.	Matthew Grant	45	Gates &Whick	1:09.25	375	33.70
9.	Guy Emerson	46	Amersham	1:10.51	356	33.94
10.	Steven Conway	45	Loughborough	1:10.70	353	34.16
11.	Alan Cooper	48	Camphill Ed	1:12.88	322	35.17
12.	Patrick Allen	47	Gloucester M	1:17.24	270	36.68
13.	Robert Arnold	49	Trafford Met	1:17.74	265	37.86
14.	Mark Partridge	46	Stroud Mast	1:17.77	265	37.59
15.	Graeme Beacham	46	Ren 96	1:20.96	235	39.80
16.	Anthony Mason	48	Out To Swim	1:39.41	127	45.91

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	John Rittenhouse	51	Barnet Copt	1:06.12	431	32.21
2.	Graham Powell	53	Luton	1:09.08	378	33.32
3.	David Cooke	53	Birmingham M	1:11.31	344	33.74
4.	Peter Gilpin	51	Wincanton	1:12.11	332	35.36
5.	Gordon Dickinson	50	Ashington	1:28.34	181	41.89
	Simon Davis	54	Sussex Marts	DNC		

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Eddie Riach	56	Milngavie &B	1:08.16	394	33.59
2.	Christopher Brown	56	Co Bradford	1:10.27	359	33.67
3.	Roman Walczak	56	Co Oxford	1:17.17	271	36.75
4.	Philip Taylor	56	G B Police	1:21.05	234	38.33
5.	Kevin Sellors	59	Matlock	1:28.98	177	43.91

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Malcolm Munro	62	Ealing	1:17.58	267	37.83
2.	Leonard Phoenix	60	Stowmarket	1:24.48	207	41.14
3.	John Webb	63	Spencer	1:31.37	163	45.21
	Neil Jackson	63	Basingstoke	DNC		
	Robin Oldfield	62	Market Har	DNC		

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Tony Cherrington	67	Gloucester M	1:20.27	241	37.83
2.	David Langley	65	Gloucester M	1:24.31	208	40.03
3.	Robert Palmer	65	Otter	1:26.81	191	42.82
4.	Nigel Salisbury	69	Reading	1:27.26	188	43.24
5.	Michael Daniell	69	Bracknell	1:29.68	173	44.45
6.	Anthony Ray	65	Otter	1:45.00	108	50.33

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alan Jackson	70	Birmingham M	1:21.09 GB/EUR	234	38.87
2.	Anthony Pepper	71	Romford Town	1:38.09	132	46.07

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Janos Leigh	75	Romford Town	1:50.29	93	-
2.	John Starr	75	Romford Town	2:03.01	67	58.38

80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Robert Curr	80	Serpentine	2:30.83	36	1:10.24

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 307 Womens Open 200m IM

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Kathleen Baker	21	Swindon Dolp	2:26.07	669	-	-	-
2.	Leanne Taylor	22	Halesowen	2:29.44	625	-	-	-
3.	Laura Bowden	22	Co Manch Aq	2:33.45	577	-	-	-
4.	Jennifer Larsen	23	Sheffield C	2:35.77	551	-	-	-
5.	Vanessa Grayson	23	Chapelton	2:36.15	547	33.70	1:15.08	1:59.12
6.	Rachel Jones	24	Co Cambridge	2:36.22	547	33.40	1:11.99	1:59.11
7.	Melanie Smith	24	Spencer	2:37.06	538	34.52	1:13.12	1:59.83
8.	Jane Stalker	24	Camphill Ed	2:38.52	523	35.75	1:17.94	2:01.49
9.	Tara Dudley	23	Exmouth	2:41.19	498	34.20	1:15.41	2:02.44
10.	Natalie E Thomas	22	Andover	2:42.39	487	35.50	1:18.04	2:04.11
11.	Louise Rice	19	UEA Norwich	2:45.58	459	36.12	1:20.03	2:07.54
12.	Heather Tierney	24	Camphill Ed	2:45.65	459	35.03	1:18.09	2:07.07
13.	Cathy Thomson	19	St Ives	2:47.18	446	35.78	1:18.54	2:08.67
14.	Katherine Loker	24	Calv Bing	2:47.94	440	37.90	1:22.47	2:11.42
15.	Chelsea Mears	24	Stalybridge	2:56.26	381	34.82	1:20.21	2:12.23

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Natalie Effemey	25	Otter	2:24.20 GB	695	-	-	-
2.	Katie Henderson	28	Reading	2:24.86	686	-	-	-
3.	Leonore Kelleher	27	Otter	2:29.34	626	-	-	-
4.	Hayley Davis	25	Flitwick	2:32.04	593	-	-	-
5.	Kirsty Hodd	26	Spencer	2:34.68	563	32.99	1:13.48	1:59.38
6.	Ashley Newman	27	Greenwich Bo	2:36.75	541	34.21	1:14.87	2:01.10
7.	Helen Prentice	29	Otter	2:40.52	504	35.82	1:15.34	2:03.75
8.	Laura Sims	29	Dove Valley	2:41.51	495	-	-	-
9.	Laure Bacher-Fuentes	26	Spencer	2:42.12	489	35.82	1:16.12	2:04.73
10.	Katie Higgon	25	Harwich DP	2:46.92	448	36.40	1:20.82	2:08.83
11.	Sally Wood	29	Romford Town	2:50.89	418	35.73	1:19.31	2:09.24
12.	Jennifer Frost	29	Saxon Crown	2:51.82	411	38.11	1:21.51	2:09.74
13.	Charlotte James	26	Co Oxford	2:53.64	398	38.50	1:23.02	-
14.	Kim Ewins	26	Guildford Ct	2:58.08	369	36.98	1:23.92	2:16.76
15.	Clare Knox	28	Billingham	3:12.25	293	44.67	1:32.91	2:28.86

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Dawn Palmer	33	Romford Town	2:27.32	652	-	-	-
2.	Alison Peakman	30	Birmingham M	2:38.14	527	33.56	1:12.87	2:00.66
3.	Carole Eyles	30	Reading	2:38.51	523	33.37	1:14.58	1:59.50
4.	Lisa Dawson	31	Barnet Copt	2:41.17	498	35.27	1:16.57	2:04.25
5.	Vicki Fleming	30	Co Oxford	2:46.29	453	35.16	1:15.81	2:06.85
6.	Kay Hamilton	31	Romford Town	2:49.65	427	35.13	1:19.46	2:11.33
7.	Charlotte Moss	32	Anaconda	3:00.48	355	39.46	1:27.75	2:18.14
8.	Zoe West	32	Camden Swiss	3:11.02	299	39.32	1:34.44	2:27.71

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Rowena Stedman	36	Co South'ton	2:41.98	490	34.79	1:14.48	2:02.99
2.	Michelle Jenkins	39	Bristol Cent	2:43.83	474	35.72	1:18.17	2:06.06
3.	Sharon Perry	37	West Suffolk	2:43.91	473	34.69	1:18.32	2:05.82
4.	Elizabeth Simpson	37	Long Eaton	2:48.38	437	34.48	1:17.92	2:10.68
5.	Clare Chilton	39	Sussex Marts	3:00.14	357	39.08	1:25.06	2:17.18
6.	Alex Hutchby	36	Guildford Ct	3:14.15	285	43.76	1:34.04	2:29.40
	Caroline Hermon	38	Teddington	DNC				
	Susan McGregor	35	Teddington	DNC				

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Philippa O'Grady	40	Wincanton	2:43.21	479	34.32	1:16.23	2:03.95
2.	Joanne Minion	44	Camphill Ed	2:43.73	475	33.93	1:14.80	2:02.19
3.	Allie Price	44	Cardiff Mast	2:45.44	460	34.05	1:17.15	2:06.76
4.	Jackie Buxton	44	South Axholm	2:54.64	391	38.68	1:24.32	2:14.72
5.	Carole Lewis	43	Ren 96	2:54.66	391	37.49	1:23.25	2:14.62
6.	Louise Jarvis	40	Biggleswade	2:54.78	390	37.71	1:21.55	2:16.37
7.	Adele Parham	42	Wincanton	2:57.00	376	37.52	1:23.92	2:15.04
8.	Amanda Green	41	Bristol Mast	3:06.75	320	43.42	1:31.98	2:24.84
	Katherine Veale	43	Totnes	DNC				

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Judith Hattle	49	Carlisle Mas	2:39.08	518	33.37	1:16.12	2:02.30
2.	Suzanne Linton	47	Camphill Ed	2:45.19	462	35.01	1:17.53	2:06.94
3.	Berenice Wilson	49	Spondon Mast	2:48.95	432	36.90	1:20.57	2:10.15
4.	Fatima Lindo	47	Camphill Ed	2:49.24	430	36.72	1:21.22	2:10.20
5.	Sheryl Taylor	48	Bodmin	2:52.71	405	35.71	1:19.49	2:09.98
6.	Carolyn Riley	48	Cleethorpes	2:55.76	384	37.41	1:25.08	2:15.34
7.	Carolyn Fox	48	Reading	2:59.18	362	41.16	1:27.79	2:19.43
8.	Dina Thornton	46	Diss Otters	3:02.32	344	40.07	1:28.84	2:20.12
9.	Susan Green	46	Ruislip Nwd	3:07.41	317	39.04	1:26.66	2:24.15
10.	Jacqueline Patel	49	Kings Corm	3:33.73	213	48.22	1:48.92	2:43.64
11.	Lesley Davies	49	Otter	3:36.58	205	52.19	1:51.19	2:49.28
12.	Lucille Thirby	45	Out To Swim	3:37.12	204	50.55	1:48.83	2:48.81

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 307 Womens Open 200m IM Continued

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Amanda Heath	52	Spencer	2:46.75	450	35.35	1:21.11	2:08.57
2.	Lesley Zimmerman	51	Dorking	3:01.62	348	37.55	1:23.00	2:17.08
3.	Stella Farrar	50	Arfon Mast	3:08.51	311	42.56	1:31.62	2:28.48
4.	Catherine Chase	52	Camphill Ed	3:09.37	307	44.68	1:35.72	2:28.63
5.	Janet Briggs	50	Etwall	3:34.15	212	47.02	1:47.54	2:45.70
	Lesley Cook	51	Otter	DNC				

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Christina Victor	55	Guildford Ct	3:13.59	287	39.42	1:30.89	2:27.65

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
	Susan Holdich	66	Stowmarket	DQ SA-1L				

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 308 Mens Open 200m IM

17/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Joseph Canlan-Shaw	21	Co Oxford	2:07.50	699	28.21	59.94	1:37.87
2.	Luke Westwood	19	Co Cambridge	2:16.30	572	29.25	1:05.39	1:43.42
3.	Ross Szender	24	Exmouth	2:16.81	566	28.27	1:02.41	1:43.76
4.	Christopher Flower	21	Birm'ham Uni	2:19.81	530	31.13	1:04.71	1:46.60
5.	Benjamin Terry	24	Co South'ton	2:21.40	512	29.76	1:08.20	1:48.84
6.	Michael Flower	24	Cambridge Un	2:28.30	444	30.85	1:07.91	1:51.97
7.	Lee Horsley	19	Dearne Vall	2:34.15	395	31.92	1:14.40	2:00.36
8.	Graham Bell	22	Wey Valley	2:37.01	374	34.38	1:15.32	2:02.72
9.	Michael Baker	19	Rochford	2:40.78	348	34.02	1:16.91	2:02.14
	Darren Marr	24	Bathgate	DNC				
	Mark Thompson	20	Chatteris	DNC				
	Andrew Wainscot	18	Leic Peng	DNC				

25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Matthew Burgham	29	Otter	2:15.10	587	28.48	1:03.06	1:42.30
2.	Leon Smith	26	Teddington	2:16.51	569	27.60	1:01.66	1:41.43
3.	Enrico Hahn	28	Otter	2:17.91	552	28.36	1:03.56	1:43.80
4.	David Holland	28	Etwall	2:18.47	545	30.11	1:05.11	1:46.57
5.	Alexander Chklar	28	Spencer	2:20.50	522	29.48	1:06.89	1:46.34
6.	Alex Perrin	26	Dorking	2:21.16	515	28.39	1:07.53	1:46.36
7.	David Butler	27	Co Derby	2:24.27	482	30.52	1:08.25	1:49.16
8.	Gary Chow	26	Birmingham M	2:25.44	471	29.39	1:06.62	1:47.81
9.	Benjamin Carter	28	Saxon Crown	2:26.07	465	30.50	1:07.48	1:51.39
10.	Peter Germain	27	Co Sheffield	2:27.73	449	31.52	1:10.86	1:51.65
11.	Darren Sims	25	Chichester	2:29.26	436	29.78	1:09.66	1:55.05
12.	Oliver Bumstead	26	Stowmarket	2:29.30	435	30.92	1:10.47	1:55.00
13.	Thomas Harrison	27	Stowmarket	2:32.22	411	31.23	1:11.72	1:57.65
14.	Daniel Malcolm	27	Shrewsbury	2:34.98	389	32.89	1:15.51	1:59.23
	Nicholas Cliffe	28	Camden Swiss	DNC				
	Chris Hulme	27	Hadrian Mast	DNC				
	Paul Hembrow	29	Teddington	DNC				
	Jonathan Audis	29	Swindon Dolp	DNC				

30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Paul Callis	31	South Hunsle	2:13.93	603	29.42	1:05.22	1:42.78
2.	Robert Small	30	Perry B & TS	2:16.67	567	28.77	1:05.41	1:45.27
3.	Adam Acland	33	Teddington	2:21.53	511	29.21	1:05.68	1:49.25
4.	Oliver White	31	Exmouth	2:21.93	507	29.60	1:05.63	1:47.10
5.	Peter Gleed	31	Southwold	2:26.78	458	29.89	1:09.09	1:53.03
6.	Anthony Rutter	33	Barnstaple	2:28.27	444	31.11	1:10.20	1:51.99
7.	Stephen Buckley	32	Co Cambridge	2:28.49	442	29.93	1:09.39	1:53.76
8.	Sam Chadwick	30	Godalming	2:36.87	375	32.60	1:12.05	2:00.17
9.	Jonathan Gray	31	Dorking	2:41.69	343	33.77	1:15.60	2:04.16
10.	Martin Temple	32	Bo Kirklees	2:44.89	323	36.38	1:17.52	2:07.23
11.	Stuart Thomas	34	Soundwell	2:50.95	290	36.07	1:21.82	2:10.75
	Gareth Padfield	33	Co Liverpool	DNC				
	Mark Baker	33	Romford Town	DNC				
	David Jardine	33	Kenilworth M	DNC				
	Adrian Turner	32	Spencer	DNC				

35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Paul Beacham	35	Co Coventry	2:21.36	513	30.15	1:05.91	1:46.98
2.	Nick Morgan	39	Oundle	2:26.97	456	30.64	1:10.49	1:53.42
3.	Mark Deakin	38	Teddington	2:27.64	450	29.76	1:08.02	1:51.47
4.	Michael Eaton	36	Swindon Dolp	2:31.17	419	32.09	1:10.85	1:55.74
5.	Robin Balfour	39	Dunfermline	2:34.04	396	32.63	1:14.29	1:59.08
6.	Thomas Harris	35	Out To Swim	2:36.54	378	33.07	1:13.62	1:59.80
7.	Bryan White	35	Wellington W	2:37.64	370	33.16	1:13.94	1:58.92
8.	Toby Smith	35	Co Cant'bury	2:40.94	347	34.08	1:19.14	2:04.92
9.	John Dedman	37	Beau Sejour	3:01.37	243	37.13	1:24.77	2:18.95
	Pascal Anson	36	Out To Swim	DNC				
	Richard Gardner	36	RTW Monson	DNC				

40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Richard Evans	42	G B Police	2:29.55	433	30.90	1:10.93	1:55.20
2.	Peter May	41	Leyland Barr	2:32.28	410	30.60	1:12.78	1:56.39
3.	Philip Croxall	40	Colne	2:32.50	408	33.44	1:16.36	1:59.85
4.	Mark Johnson	41	Louth	2:33.86	398	31.82	1:12.44	1:57.24
5.	Gavin Barlow	41	Spencer	2:38.69	362	31.81	1:14.81	2:03.10
6.	Mark Preston	42	Burnley BOBC	2:39.90	354	33.20	1:18.45	2:02.46
7.	Stephen Langford	40	Birmingham M	2:43.19	333	32.74	1:13.17	2:04.73
8.	Matthew James	43	Cleethorpes	2:53.52	277	38.00	1:28.46	2:15.68
9.	Jaime Hernandez	44	Co Newcastle	2:56.91	262	37.37	1:25.02	2:15.52
10.	John Darby	42	Co Chester	2:57.56	259	37.86	1:24.06	2:14.85
11.	Oggy East	42	Arfon Mast	3:29.09	158	39.78	1:40.42	2:43.82
	Simeon Robbie	40	Sussex Marts	DNF				
	Keith Spence	43	South Beds	DQ S-3L				

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 308 Mens Open 200m IM Continued

45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Anton Kiss	45	Boston	2:23.41	491	29.60	1:07.59	1:49.78
2.	Mark Patterson	45	Calv Bing	2:24.51	480	30.53	1:08.46	1:51.19
3.	Kevin Smith	45	Co Newcastle	2:29.49	434	31.29	1:12.15	1:54.71
4.	David Clarke	45	Northgate	2:30.39	426	31.79	1:12.26	1:56.50
5.	Christopher Goddard	48	Pioneer 79	2:33.08	404	30.88	1:11.09	1:56.92
6.	Mark Jones	49	Everton	2:35.67	384	33.74	1:16.23	2:01.27
7.	Stevan Eggleton	49	Camphill Ed	2:41.83	342	34.77	1:16.33	2:04.74
8.	Robert Arnold	49	Trafford Met	2:42.83	335	34.22	1:17.47	2:07.60
9.	Raoul Downey	45	Epsom Dist	2:45.15	322	33.86	1:17.02	2:05.48
10.	Matthew Stone	47	Croydon Amph	2:45.34	320	35.36	1:20.39	2:06.43
11.	James Boucher	49	Guildford Ct	2:59.58	250	38.11	1:25.26	2:16.72
12.	Riccardo Ludovici	46	Gloucester M	3:05.30	228	36.40	1:31.34	2:23.17
13.	Stuart McGurk	48	Troutbeck Br	3:20.60	179	41.41	1:36.32	2:35.10
	Philip Collins	47	Out To Swim	DNC				
	Steven Ong	45	St Albans Ma	DNC				

50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Simon Veale	53	Totnes	2:25.65	469	30.12	1:07.32	1:50.95
2.	Iain Gerrard	52	Reading	2:34.52	393	33.29	1:14.11	1:59.26
3.	Geoff Baker	50	Rochford	2:37.71	369	30.16	1:13.10	2:00.90
4.	Graham Platt	51	Stalybridge	2:48.23	304	35.21	1:23.22	2:09.52
5.	Paul Pycroft	51	Cardiff Mast	2:50.19	294	34.36	1:20.14	2:12.55
6.	Kevin Devine	52	RichmondDale	3:11.80	205	41.32	1:33.79	2:31.32
7.	Robin Sleight	53	Co Newcastle	3:40.75	135	46.94	1:46.03	2:47.68

55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Eddie Riach	56	Milngavie & B	2:31.73	415	34.01	1:12.16	1:57.29
2.	Trevor Clark	55	Camphill Ed	2:37.72	369	33.02	1:15.54	2:01.63
3.	Chris Fidler	56	Teddington	2:57.99	257	33.33	1:19.81	2:14.21
4.	Brian Hosking	58	Dorking	3:02.81	237	37.82	1:26.73	2:22.55
5.	David Randall	55	Trafford Met	3:07.98	218	42.58	1:30.53	2:25.77
6.	Martin Murphy	58	Epsom Dist	3:10.89	208	43.13	1:34.29	2:26.58
	Stephen Braine	55	Sussex Marts	DNC				
	Raymond Butters	58	RichmondDale	DQ T-5L				

60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	James Corbett	60	BelperMarlin	3:05.34	227	35.90	1:27.41	2:23.16
2.	Terence Windeatt	61	Totnes	3:20.07	181	42.01	1:37.37	2:35.85
3.	Peter Stephens	62	Royal Navy	3:20.34	180	40.98	1:34.13	2:36.62
	David Murphy	60	Romford Town	DQ T-5L				

65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Derek Parr	65	Otter	2:52.34 GB	283	32.88	1:20.34	2:12.54
2.	Neil Mackinnon	68	Trafford Met	3:00.05	248	35.71	1:21.69	2:16.62
3.	William Letch	69	Exmouth	3:02.17	240	38.26	1:25.23	2:22.49
4.	Keith Ingram	69	Birmingham M	3:06.41	224	39.74	1:29.91	2:24.19
5.	Roger Lloyd-Mostyn	68	Otter	3:11.73	205	37.07	1:28.24	2:29.30
6.	Carl Butler	65	RichmondDale	3:33.50	149	42.29	1:39.11	2:44.05
7.	Peter Ingham	65	Rotherham Mo	3:48.46	121	53.32	1:49.78	2:53.35

70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Anthony Gimson	72	Sussex Marts	3:30.58	155	47.61	1:42.44	2:44.12
2.	John Anderson	72	Trafford Met	3:52.88	115	1:00.08	1:56.25	2:58.76
	Maurice McDonald	71	Co Liverpool	DQ ST-				

75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Keith Edward Godbehere	75	Rotherham Mo	3:56.63	109	59.23	1:59.31	3:10.02

80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
	Cecil Benfold	84	Kings Corm	DQ SA-1L				

85 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Don Leader	85	Oddicombe	4:48.88GB/EUR	60	1:14.90	2:23.79	3:46.14

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 309 Womens 4x50m Freestyle Team

072+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	Camp Hill Edwardians S	072+	Camphill Ed	1:59.52	
			Heather Tierney		31.07
			Sarah Thornton		29.80
			Jane Stalker		29.64
			Stacey Cameron		29.01
2.	Exmouth Swimming & Lif	072+	Exmouth	1:59.89	
			Gemma Franks		31.78
			Liberty Kathro		32.31
			Caroline Ball		27.88
			Tara Dudley		27.92
3.	City of Cambridge SC	072+	Co Cambridge	2:00.83	
			Rachel Jones		30.35
			Elizabeth Wilkinson		30.42
			Claire Mahoney		30.38
			Miriam Crawford		29.68
4.	City of Newcastle-Upon	072+	Co Newcastle	2:08.75	
			Kate Smith		28.07
			Margarita Rodriguez		36.17
			Aerian Rogers		32.79
			Rebecca Sleight		31.72
	Swindon Dolphin ASC	072+	Swindon Dolp	DNC	
			Louise Maynard		
			Kathleen Baker		
			Sarah Forbes		
			Claire Hayes		

100+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	Otter SC	100+	Otter	1:51.14	
			Gina Hobson		27.18
			Natalie Effemey		28.12
			Leonore Kelleher		27.36
			Catherine Dobson		28.48
2.	Royal Tunbridge Wells	100+	RTW Monson	1:55.13	
			Cassie Smith		29.45
			Liz Price		27.95
			Nicky Woolgar		30.63
			Claire Stevens		27.10
3.	Reading SC	100+	Reading	1:55.54	
			Victoria Rickwood		28.87
			Anne Harrison		28.82
			Carole Eyles		29.89
			Katie Henderson		27.96
4.	Kenilworth Masters SC	100+	Kenilworth M	1:57.43	
			Rachel Genner		27.64
			Clare Wilkinson		31.51
			Joy Stevenson		29.97
			Melanie McWhirter		28.31
5.	Anaconda SC	100+	Anaconda	1:59.79	
			Coralie Seary		28.41
			Edwidge Fortier		31.19
			Christine Jaeggi		30.75
			Catherine Traynor		29.44
6.	UEA City of Norwich SC	100+	UEA Norwich	2:00.18	
					29.30
					31.94
					29.98
					28.96
7.	Birmingham Masters	100+	Birmingham M	2:06.54	
			Alison Peakman		29.45
			Caroline Williams		34.98
			Laura Davies		33.26
			Harriet Moss		28.85
8.	Saxon Crown (Lewisham)	100+	Saxon Crown	2:15.03	
			Angie Willis		32.44
			Jennifer Frost		35.04
			Esmé Fellows		34.35
			Katherine Porter		33.20

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 309 Womens 4x50m Freestyle Team Continued

120+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	Otter SC	120+	Otter	1:55.47	
			Courtney Campbell		29.85
			Jane McMenemy		28.29
			Helen Prentice		29.12
			Michelle Senecal		28.21
2.	Great Britain Police	120+	G B Police	1:57.39	
			Teresa Dray		29.18
			Sarah Hempenstall		29.03
			Claire Thorn		29.54
			Rachel Vallins		29.64
3.	Spencer Swim Team A	120+	Spencer	1:57.50	
			Laure Bacher-Fuentes		30.87
			Tracey Worthy		28.31
			Abigail Fogo		29.11
			Judith Kerr		29.21
4.	Sussex Martlets SC	120+	Sussex Marts	1:59.15	
			Ann Hartland		30.72
			Sharon Burchell		29.08
			Elizabeth Griffin		29.76
			Alexandra McCrae		29.59
5.	City Of Oxford SC	120+	Co Oxford	2:00.67	
			Vicki Fleming		30.36
			Kathryn Fletcher		31.53
			Margaret Smith		29.97
			Marie Royal		28.81
6.	City of Southampton Sw	120+	Co South'ton	2:01.42	
			Camilla Wright		30.76
			Rowena Stedman		30.57
			Amanda Rush		31.99
			Sarah Hunt		28.10
7.	Leicester Penguins SC	120+	Leic Peng	2:01.78	
			Aneska Binks		28.62
			Hayley Bird		30.82
			Sarah Brooksbank		32.66
			Lydianne Lock		29.68
8.	Oundle & District SC	120+	Oundle	2:02.74	
			Nicola Latty		29.42
			Susannah Danby		30.72
			Amy Mellor		33.87
			Claire Foster		28.73
9.	Trafford Metro Bor SC	120+	Trafford Met	2:09.90	
			Tracie Gorst		32.33
			Sandra Skellem		32.67
			Geraldine Bolton		33.31
			Claire Doheny		31.59
10.	Cardiff Masters	120+	Cardiff Mast	2:11.94	
			Elaine Harrison		38.37
			Fiona Kinsella		30.13
			Rhian Andrews		32.64
			Allie Price		30.80
11.	Spencer Swim Team B	120+	Spencer	2:19.26	
			Claire Amner		32.52
			Kirsty Hodd		30.13
			Alessandra Riva		41.51
			Jessica Rathke		35.10

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 309 Womens 4x50m Freestyle Team Continued

160+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	GB/EUR/WR
1.	Camp Hill Edwardians S	160+	Camphill Ed Hayley Bettinson Suzanne Linton Joanne Minion Nicola Raine	1:52.41	27.17 29.34 28.42 27.48
2.	Trafford Metro Bor SC	160+	Trafford Met Helen Sadler Rachel Barton Jill Jones Lucy Lloyd-Roach	1:58.52	28.49 30.76 30.85 28.42
3.	Romford Town SC	160+	Romford Town Helen Gray Lara Fenner Barbara Boxall Dawn Palmer	2:01.87	29.90 31.76 31.83 28.38
4.	Aquabears Of Rochdale	160+	Aquabears Ann Henderson Julie Spaven Sara Stanbridge Claire Hughes	2:06.42	34.21 31.15 31.78 29.28
5.	UEA City of Norwich SC	160+	UEA Norwich Joanne Johnson Jenny Mayne Lesley-Anne Anastasiou Lynne Meale	2:06.60	30.69 33.03 33.56 29.32
	Barnet Cophthall SC	160+	Barnet Copt	DNC	
	Otter SC	160+	Otter	DNC	

200+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	GB/EUR/WR
1.	Etwall Eagles SC	200+	Etwall Julie Gibson Lindsey Gowland Kathleen Tunnicliffe Ruth Lowe	2:03.39	2:03.39
2.	Camp Hill Edwardians S	200+	Camphill Ed Jenny Ball Catherine Chase Anne Bourne Fatima Lindo	2:24.13	2:24.13
3.	Birmingham Masters	200+	Birmingham M Esme Watkinson Susan Cramb Elaine Fenton Pauline Cooke	2:34.91	2:34.91
	Sussex Martlets SC	200+	Sussex Marts Alison Gwynn Lyn Ford Clare Chilton Linda Sprigge	DQ O-2L	

240+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	GB/EUR/WR
1.	Spencer Swim Team	240+	Spencer Amanda Heath Roma Kiely Carol Fellows Jean Howard-Jones	2:13.74	2:13.74
2.	Sussex Martlets SC	240+	Sussex Marts Margaret Wilding Jane Kewley Meryl Alexander Rose Dudeney	2:31.61	2:31.61

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 310 Mens 4x50m Freestyle Team

072+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	UEA City of Norwich SC	072+	UEA Norwich	1:36.61	
			Richard Freedman		24.25
			Mark Leamon		24.48
			Luke Large		24.62
			James Lawton		23.26
2.	City Of Oxford SC	072+	Co Oxford	1:36.66	
			Christopher Aust		24.18
			Ian Surrage		24.23
			Peter Williams		24.30
			Joseph Canlan-Shaw		23.95
3.	Maxwell SC	072+	Maxwell	1:36.70	
			Andrea Agius		24.96
			Neil Agius		24.62
			Craig Gibbons		21.45
			Steven Slee		25.67
4.	Swindon Dolphin ASC	072+	Swindon Dolp	1:37.00	
			Matthew Rose		24.15
			Paul Kirk		25.53
			Matthew Thomas		23.20
			Mark Tanner		24.12
5.	Exmouth Swimming & Lif	072+	Exmouth	1:38.28	
			Ross Szender		26.14
			Jonathan Hawkins		25.96
			Adam Tapp		25.81
			Samuel Lander		20.37
6.	Kenilworth Masters SC	072+	Kenilworth M	1:38.31	
			Alistair Irving		25.08
			Andrew Seggie		24.69
			David Jardine		25.22
			James Wardle		23.32
7.	Camden Swiss Cottage S	072+	Camden Swiss	1:42.41	
			Jason Williams		25.73
			Andre Sandri		25.17
			Haukur Heimisson		25.64
			Robert Williams		25.87
8.	City of Cambridge SC A	072+	Co Cambridge	1:42.51	
			Luke Westwood		26.18
			James Rumbelow		25.46
			Mike Flower		25.38
			Tim Shipton		25.49
9.	Saxon Crown (Lewisham)	072+	Saxon Crown	1:44.20	
			Jamie Lee		26.33
			Jonathan Glenny		26.25
			Benjamin Carter		26.32
			James Frost		25.30

100+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	City of Southampton Sw	100+	Co South'ton	1:41.29	
			Benjamin Terry		25.41
			Alistair Garmendia		24.65
			James Mactavish		25.44
			Chris Osman		25.79
2.	Otter SC	100+	Otter	1:42.89	
			Matthew Burgham		25.73
			Ben Thomas		26.09
			Enrico Hahn		26.31
			Anthony Molley		24.76
3.	Birmingham Masters	100+	Birmingham M	1:46.11	
			Daniel Crabtree		26.22
			Craig Coley		26.71
			Gary Chow		26.88
			Luke Swain		26.30
	Swindon Dolphin ASC	100+	Swindon Dolp	DNC	

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 310 Mens 4x50m Freestyle Team Continued

120+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	Swindon Dolphin ASC	120+	Swindon Dolp	1:35.09	GB
			Jonathan Audis		24.34
			Nigel Masters		24.74
			Andi Manley		23.18
			Chris Jones		22.83
2.	Great Britain Police	120+	G B Police	1:36.56	
			Edward Clayton		24.40
			Adam O'Grady		23.10
			Andy Pryke		24.33
			Nigel Gaskin		24.73
3.	Chatteris Kingfisher S	120+	Chatteris	1:39.05	
			Kevin Barter		24.50
			Garry Mavin		25.16
			Stephen Mavin		22.90
			Martyn Fresher		26.49
4.	City of Cambridge SC	120+	Co Cambridge	1:42.42	
			Vincent Pottier		26.54
			Alan Wallace		26.88
			Stephen Buckley		25.89
			Ian Thwaites		23.11
5.	Spencer Swim Team A	120+	Spencer	1:42.54	
			Adrian Turner		24.05
			Jason Ellis		26.58
			Alexander Chklar		25.82
			Benjamin Pennington		26.09
6.	Stalybridge SC	120+	Stalybridge	1:43.05	
			Gregory Booth		25.10
			David Massey		26.65
			Philip Haworth		26.74
			David Rees		24.56
7.	City of Coventry SC	120+	Co Coventry	1:47.84	
			John Smith		26.73
			Paul Beacham		28.33
			Steve Goult		26.23
			Jeremie Clement		26.55
8.	Teddington SC	120+	Teddington	1:48.35	
			Leon Smith		25.35
			Paul Hembrow		26.91
			Adam Acland		20.24
			Mark Deakin		35.85
9.	Etwall Eagles SC	120+	Etwall	1:48.86	
			David Holland		26.94
			Garry Vickers		26.65
			Christopher Rolle		27.33
			Richard Miller		27.94
10.	Camp Hill Edwardians S	120+	Camphill Ed	1:52.02	
			James Bainbridge		27.28
			Simeon Hemming		27.81
			Clive Edwards		31.60
			Ian Potter		25.33
11.	Royal Tunbridge Wells	120+	RTW Monson	1:55.90	
			Richard Gardner		28.53
			Greg Lawrence		29.91
			Mark Turnball		30.11
			Matt Wain		27.35
12.	Camden Swiss Cottage A	120+	Camden Swiss	2:02.81	
			Nicola Carniato		29.40
			Nicholas Cliffe		29.63
			Fabrizio Fortunato		30.68
			Mathew Ronald		33.10
	Hoylake SC	120+	Hoylake	DNC	
			Neil Hitchman		
			Neil Kemp		
			Christopher Armour		
			Arie Dekker		

Results

Ponds Forge International Sports Centre (25m) Sheffield 24 October 2009

EVENT 310 Mens 4x50m Freestyle Team Continued

160+ Yrs Age Group - Full Results

Place	Name	A.G	Club	Time	
1.	Trafford Metro Bor SC	160+	Trafford Met	1:41.35	
			Alec Johnson		26.43
			Graham Sadler		25.07
			Neale Sayle		24.91
			Steve Harding		24.94
2.	City of Newcastle-Upon	160+	Co Newcastle	1:44.28	
			Robert Whittle		25.20
			Kevin Smith		27.94
			Mark Hanlon		26.66
			Neil Bowers		24.48
3.	Truro City SC	160+	Truro City	1:46.35	
			Ian Jeffery		24.09
			Peter Long		24.94
			Nicholas Deards		29.62
			Graeme Milne		27.70
4.	City Of Oxford SC	160+	Co Oxford	1:47.00	
			David Denny		25.25
			Simon Joyce		26.92
			Roman Walczak		28.91
			Matthew Gomez		25.92
5.	Romford Town A	160+	Romford Town	1:47.72	
			Martin Fenner		28.01
			Martin Lane		27.98
			Nicholas Murch		26.51
			Thomas Enright		25.22
6.	Rochford & District SC	160+	Rochford	1:50.93	
			Stephen Ham		28.52
			Geoff Baker		28.03
			Paul Metson		26.89
			Matthew Rickett		27.49
7.	Camden Swiss Cottage S	160+	Camden Swiss	1:51.06	
			Russell Simpson		30.25
			Matthew Molloy		28.44
			Tyler Mingst		27.63
			Philip McHugh		24.74
8.	Otter SC	160+	Otter	1:52.36	
			James Palmer		27.76
			Daniel Bullock		25.81
			Simon Greenberg		29.37
			Neil Trayler		29.42
9.	Stowmarket SC	160+	Stowmarket	1:53.19	
			Dale Barker		28.47
			Thomas Harrison		26.49
			Oliver Bumstead		27.20
			Leonard Phoenix		31.03
10.	Reading SC	160+	Reading	1:53.26	
			Karl Buchholtz		24.21
			Nigel Salsbury		33.85
			Iain Gerrard		27.81
			David Stannard		27.39
11.	Royal Tunbridge Wells	160+	RTW Monson	1:59.45	
			Brian Hunt		31.19
			Christopher Wapshott		32.27
			Dave Elphick		28.43
			Jonantan Exall		27.56
	Cardiff Masters	160+	Cardiff Mast	DNC	
			Martin Duffy		
			Paul Pycroft		
			Walter Syrett		
			Andrew Parker		

