

BECKENHAM SWIMMING CLUB

Affiliated to London Swimming Region and Kent County ASA



RISING STARS' MEET 2008

LEVEL 3 LICENCED SHORT COURSE OPEN MEET

LICENCE NO. 3LR8418

ON SATURDAY, 29 NOVEMBER 2008

AT

CROOK LOG LEISURE CENTRE, BRAMPTON ROAD, BEXLEYHEATH, BEXLEY. DA7 4HH

Promoter's Conditions

Meet Level

1. The Meet is licensed at Level 3, licence number 3LR8418, and will be run under ASA law, ASA technical rules and these promoter's conditions. The competition is open to all swimmers who are at least 9 years old on the day of the Meet, and who are or have applied to be registered with the ASA as competitive Category 2 swimmers.

Age Groups

2. The competition will be swum in the following age bands: 9, 10/11, 12/13, 14/15 (with age determined as at Midnight, 29 November 2008); and an Open age group. **Any swimmer (whatever their age) can enter an Open event in this Meet as long as their times qualify them to.**

Pool

3. The competition will be held in an 8 lane, 25m pool with anti-wave lane ropes. Electronic timing and display will be in operation.

Events and Entries

4. Events are 50m all strokes, 100m IM, and 200m freestyle for **all** age groups. In addition there are 100m all strokes for girls 11 & older and boys 12 & older. With the 100m events, "Special Entries" will be accepted from girls who will be at least 11 years old by 14 June 2009 and boys who will be at least 12 years old by 14 June, but such entries will not be eligible for awards or points.
5. Entries must be made on the official individual entry **OR submitted on a Sportsystems disk, which is available on request. Entries not submitted on such a disk will incur a charge of £5.00/competitor.**
6. Entries will be accepted on a **first come, first served** basis, up to and including the closing date on Monday, 6 October 2008 (midnight).

Fees and Payment

7. The entry fee remains £4.50 per event.
8. Coach passes are £10.00 each (for entry, a programme, refreshments, a 'finger lunch' and a full set of results). Only swimmers and those displaying a coach pass will be allowed on poolside.
9. Payment for entries and coach passes must be made by a single cheque per club, to "Beckenham Swimming Club". Subject to the promoter accepting the offer, two **complimentary Coaches' passes** will be issued to every club that offers the services of one qualified judge and one qualified timekeeper. Please supply details with your club's entries.
10. Spectator entry shall be by programme. Programmes shall be available at the door at a cost of £6.00 per programme (whether attendance is for one or both sessions). Children under the age of 10 shall gain entry free of charge.

The Competition

11. Over the Top Starts may be operated at the discretion of the Promoter (except for backstroke). The heats will be run all ages seeded together and the final heat of each

event will be spearheaded.

Awards and Trophies

12. The following shall apply:
- Trophies will be awarded for the top three places, and medals for the next five in the 50m (all strokes), the 100m IM and the 200m Free events in each of the 9, 10/11, 12/13, 14/15 and Open Age groups.
 - There will be medals for the first three places in the 100m events in each of the relevant age groups.
 - There will be an award for the **Top Junior Girl** and **Boy** of the Meet (age groups 9, 10/11 and 12/13), and **Top Senior Girl** and **Boy** of the Meet (age groups 14/15 and Open) – to be decided by the promoter at her sole discretion.
 - There will also be an award for the **Top Visiting Club**.

Data Protection

13. Meet entries will be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet will be treated as being given by the submission of your entries, as will your consent for such details to be published both during and after the Meet.

Qualifying Times

14. There are Qualifying Times (Lower Limit) and Upper Limit Times for this Meet. Submitted times **MUST** be equal to or faster than the Qualifying Times **AND** slower than the Upper Limit Times. **Please submit 25m pool times.**
15. The Promoter may check the ASA's Rankings tables for times achieved by swimmers 12 months before the Meet. If a faster time is recorded in the Rankings tables for the swimmer, the Promoter will substitute the entered time with the Rankings time. Any times submitted (or substituted from the Rankings tables) which are faster than the relevant Upper Limit Times will be ignored and the proposed entry discounted with no refund being given. **Speeding tickets will NOT apply.**

Photographs

16. Anyone wishing to take still or digital photography (including using mobile phones to do this), must in accordance with the ASA Child Protection guidelines, register themselves with the Promoter on entry to the Meet.

Administration Of The Meet

17. There shall be two sessions. A card-less entry system shall be used. Swimmers must sign in at the relevant desk at least 45 minutes before the start of the session.
18. Swimmers in the first event of each session **MUST** report to the clerks of the course at least 10 minutes before the start of the session, and others at least one event before the start of the event in which they are swimming. It is the swimmers' and their coaches' responsibility that they report to the clerks of the course on time.
19. Results will be available at the Meet and copies of each sheet will be available from the administration team at a cost of 20p per event. A swim shop will be in operation.
20. The promoter reserves the right to refuse admission to any spectator, coach or swimmer.
21. conditions not covered in these competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the promoter.
22. Entries should be made on (subject to condition '5' above) the Individual Entry Form, or on the supplied disk and Club Summary Entry Form and sent to the Meet Promoter:

Patricia Ogunfeibo
"Shalom"
3 Fullers Wood
Croydon. CR0 8HZ

Telephone:

020 8777 1742

Email Address:

Patricia@EmployeeSolicitors.co.uk

CLOSING DATE:

Monday, 6 October 2008 (midnight).

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PROGRAMME

All events will be swam in this order:

- a. Boys
- b. Girls
- c. Men's
- d. Ladies

Session 1

Signing In Book Will Close: 09.15 Hrs
Warm Up Will Start: 09.00 Hrs
Session Will Start: 10.00 Hrs
Estimated Finish: 13.45 Hrs

Events

1-4. 200 Free
5-8. 50 Breast
9-12. 100 Fly
13-16. 50 Back
17-20. 100 Breast

Session 2

Signing In Book Will Close: 15.15 Hrs
Warm Up Will Start: 15.00 Hrs
Session Will Start: 15.45 Hrs
Estimated Finish: 18.45 Hrs

Events

21-24. 100 IM
25-28. 50 Free
29-32. 100 Back
33-36. 50 Fly
37-40. 100 Free

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Level 3 Meet. Licence No. 3LR8418

BOYS'/MEN'S QUALIFYING TIMES

ENTRIES ARE ACCEPTED ON A FIRST COME, FIRST SERVED BASIS

Short Course Times

Qualifying Times [your times must be equal to or faster than these times]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	53.69	47.75	38.33	32.72	30.72
100m Freestyle		*1.40.27	1:22.92	1:10.46	1:06.56
200m Freestyle	4:20.56	3:47.28	3:00.70	2:33.14	2.25.17
50m Breaststroke	1:09.50	1:01.93	49.03	41.31	38.69
100m Breaststroke		*2.06.38	1:45.32	1:28.80	1:23.19
50m Butterfly	1:00.12	53.01	42.48	35.82	33.44
100m Butterfly		*1.52.57	1:32.92	1:17.71	1:12.96
50m Backstroke	1:01.75	54.81	43.85	37.34	34.73
100m Backstroke		*1.52.03	1:32.98	1:18.33	1:13.83
100m Individual Medley	2:34.11	2:08.55	1:44.46	1:36.85	1:23.23

* "Special Entries" will be accepted from boys who will be at least 12 years old by 14 June 2009, but such entries will not be eligible for awards or points.

± Swimmers of any age can enter these if they have the times

Upper Limits [your times must not be faster than these]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	36.13	31.44	28.85	26.74	25.95
100m Freestyle		*1.07.71	1:01.75	57.58	55.86
200m Freestyle	2:59.95	2:27.20	2:14.64	2:05.08	2:01.58
50m Breaststroke	48.79	41.94	36.47	33.60	32.54
100m Breaststroke		*1.26.43	1:18.27	1:12.28	1:09.88
50m Butterfly	42.20	34.11	31.86	29.11	28.04
100m Butterfly		*1.13.32	1:09.22	1:03.19	1:01.07
50m Backstroke	43.08	34.34	32.99	30.35	29.36
100m Backstroke		*1.15.87	1:09.53	1:03.90	1:01.76
100m Individual Medley	1:35.46	1:14.22	1:10.78	1:06.69	1:03.69

* "Special Entries" will be accepted from boys who will be at least 12 years old by 14 June 2009, but such entries will not be eligible for awards or points.

Swimmers who are not yet 12, but will be by 14 June 2009, can enter and swim these as 12 year olds.

± Swimmers of any age can enter these if they have the times

Please submit 25m pool times

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GIRLS'/LADIES' QUALIFYING TIMES

ENTRIES ARE ACCEPTED ON A FIRST COME, FIRST SERVED BASIS

Short Course Times

Qualifying Times [your times must be equal to or faster than these times]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	51.54	45.00	37.71	34.49	33.76
100m Freestyle		*1:38.38	1:20.79	1:13.98	1:12.58
200m Freestyle	4:08.58	3:29.80	2:54.66	2:39.68	2:36.37
50m Breaststroke	1:07.04	57.93	47.68	43.31	42.41
100m Breaststroke		*2:05.94	1:42.34	1:31.91	1:30.78
50m Butterfly	57.77	49.30	41.25	37.47	36.72
100m Butterfly		*1:50.62	1:29.74	1:21.10	1:20.08
50m Backstroke	59.22	50.84	42.73	38.94	38.11
100m Backstroke		*1:50.71	1:30.05	1:22.24	1:20.48
100m Individual Medley	2:33.11	2:07.55	1:43.46	1:35.25	1:22.67

* "Special Entries" will be accepted from girls who will be at least 11 years old by 14 June 2009, but such entries will not be eligible for awards or points.

± Swimmers of any age (at least 9) can enter these if they have the times

Upper Limits [your times must not be faster than these]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	37.27	31.60	30.13	29.09	28.93
100m Freestyle		*1:09.11	1:04.51	1:02.33	1:01.91
200m Freestyle	3:00.42	2:28.17	2:18.18	2:13.85	2:12.06
50m Breaststroke	49.09	41.96	37.99	36.41	36.28
100m Breaststroke		*1:27.83	1:21.02	1:17.73	1:16.95
50m Butterfly	42.40	34.99	33.00	31.58	31.29
100m Butterfly		*1:18.92	1:11.41	1:08.82	1:07.92
50m Backstroke	43.09	35.06	34.12	32.93	32.50
100m Backstroke		*1:19.06	1:11.55	1:08.87	1:08.23
100m Individual Medley	1:35.21	1:14.34	1:10.11	1:06.03	1:02.41

* "Special Entries" will be accepted from girls who will be at least 11 years old by 14 June 2009, but such entries will not be eligible for awards or points.

± Swimmers of any age (at least 9) can enter these if they have the times

Please submit 25m pool times

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CROOK LOG LEISURE CENTRE, BRAMPTON ROAD, BEXLEYHEATH, BEXLEY. DA7 4HH

MALE/FEMALE (Please delete as appropriate) CLUB _____

SURNAME _____

FIRST NAME _____

MIDDLE NAME OR INITIAL _____

DATE OF BIRTH (dd/mm/yyyy) _____ AGE ON 29/11/08 _____

ASA ID NO. _____

Event	Tick if entering an Open* Event	Tick if entering Age Group Event	Tick if making a 'Special Entry' (see Promoter's Condition 4)	Entry Time
50m Freestyle				
100m Freestyle				
200m Freestyle				
50m Back				
100m Back				
50m Breast				
100m Breast				
50m Fly				
100m Fly				
100m IM (4 x 1 LENGTHS)				
No. of entries@ £4.50 = £				

I agree with the Promoter's Conditions

Signed by Parent/Guardian/Swimmer if 18+.....

CLOSING DATE : 6 OCTOBER 2008 – ON A FIRST COME FIRST SERVED

Please return completed forms (together with payment/disk and Entries Summary) to:

Mrs. Patricia Ogunfeibo

“Shalom”

3 Fullers Wood

Croydon. CR0 8HZ

*** Any swimmer can enter these if they have the times, and can enter both the Open and Age group events if they qualify to do so, and want to**