



# ORPINGTON OJAYS SWIMMING CLUB

*(Affiliated to ASA London & KCASA)*

## THE NOVICES CHALLENGE

*(Under ASA Rules & Technical Laws)*

on

**Sunday 8<sup>th</sup> FEBRUARY 2009**

at

**WALNUTS SPORTS CENTRE,  
ORPINGTON, KENT**

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### **EVENTS**

4 Strokes for each age group, Medley & Freestyle relays

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### **AGE GROUPS**

12 & under, 11 & under, 10 & under - Individual events + relays - All swims 33m

9 & under - Boys and girls relays

Ages as at 31<sup>st</sup> December 2009

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Awards for all individual finalists and first three in relays

Anti-Wave Ropes

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**Closing date for entries: 13<sup>th</sup> JANUARY 2009**

**Entries are accepted on first come basis.**

For further details and entry forms send LARGE SAE to:

**Mrs.J .Iddiols, Onaway, Park Avenue, Farnborough Park, KENT BR6 8LU**

Telephone: 01689 811733

or see our web site at <http://www.orpingtonojays.com>

*(Entry forms and all details can be downloaded)*

Orpington Ojays Swimming Club  
The Novices Challenge  
Promoter's Conditions

1. This competition is promoted by Orpington Ojays Swimming Club, which is affiliated to the Amateur Swimming Association London Region . The competition is held under Amateur Swimming Association (ASA) laws and Technical Rules.
2. Ages are as at 31st December in the year of the competition. It is the swimmers' responsibility to ensure his/her eligibility for each event. All swimmers must be registered with the ASA.
3. Events will be swum on a heats and finals basis, although the organisers reserve the right to amend this to a timed heat declared winner (HDW) basis should the circumstances demand. At least the 4 fastest qualifiers from the heats will go forward to the finals.
4. All finals will be swum in spearhead formation based on heat times.
5. Awards will be presented to all individual finalists.
6. It is a condition of entry that the competitors shall not have gained a first, second or third place in any individual championship final (except his/her own club championships) on the stroke they wish to swim. In the event that a swimmer is placed first, second or third in a gala between the entry date and date of swimming, they will not be allowed to swim and entry fees will be refunded. - **ANY COMPETITOR WHO DOES NOT COMPLY WITH THIS CONDITION SHALL BE DISQUALIFIED.** Only those competitors taking part in individual events may participate in relay events. This condition does not apply to 2000 born swimmers.
7. All individual events are 33.3 metres and all relay events are 4 x 33.3 metres. Mixed relay teams to be made up of 2 boys and 2 girls. Due to Borough Regulations all relay swimmers starting at the shallow end must start in the water.
8. Entry forms must be received by midnight on the closing date given on the Entry Forms. The promoter may close entries earlier at his discretion. The swimmers ASA registration number must be quoted on the Entry Form
9. A card system will be used to regulate operation of the meet. Cards will be sent to all swimmers accepted for each event. On the day of the meet, cards must be placed in the correct box for each event before the box closing time for each session. No competitor will be permitted to swim out of the stated programme order without the express permission of the Referee. Completed cards will be available for collection as announced.
10. Competitors must report to the stewards at least 2 clear events (not heats), before their own. Competitors for the first 2 events of each session must report to the stewards immediately after the end of the warm-up period. Finalists must report to the stewards during heat 1 of the last event before the finals commence. Finalists in the last event must report as soon as they are declared. Any competitor not reporting on time may be excluded from the event.
11. Competitors are only allowed on the poolside during the session in which they are competing. Please note that swimmers are not permitted in the gallery or cafeteria in swimwear.
12. One coach per 10 swimmers is allowed on poolside provided a coaches passes has been paid for in advance. Coaches will not be allowed on the poolside without a pass. Parents are not allowed on the poolside at any time.
13. The main pool is available for a warm-up prior to the start of each session. The teaching pool is **OUT OF BOUNDS AT ALL TIMES.**

# The Novices Challenge

SUNDAY 8<sup>th</sup> FEBRUARY 2009

## Session 1

Start 10.00 am

Warm up 9.30 am

Event No. 1 - Girls 11yrs Butterfly  
Event No. 2 – Boys 11yrs Breaststroke  
Event No. 3 – Girls 12yrs Freestyle  
Event No. 4 – Boys 12yrs Backstroke  
Event No. 5 – Girls 10yrs Breaststroke  
Event No. 6 – Boys 10 yrs Butterfly  
Event No. 7 – Boys 9 yrs Freestyle Relay  
Event No. 8 – Mixed 11 yrs Medley Relay  
Event No. 9 – Girls 12yrs Butterfly  
Event No. 10 – Boys 12yrs Breaststroke  
Event No. 11 – Girls 10yrs Backstroke  
Event No. 12 – Boys 10yrs Freestyle  
Event No. 13 – Girls 11yrs Backstroke  
Event No. 14 – Boys 11yrs Freestyle  
Event No. 15 – Boys 9 yrs Medley Relay  
Event No. 16 – Mixed 12 yrs Freestyle Relay  
Event No. 17 – Mixed 10 yrs Medley Relay

Event Nos. 18 – 34 **Finals**

## Session 2

Start 2.30 pm

Warm up 2.00 pm

Event No. 35 - Girls 11yrs Breaststroke  
Event No. 36 – Boys 11yrs Butterfly  
Event No. 37 – Girls 12 yrs Backstroke  
Event No. 38 – Boys 12 yrs Freestyle  
Event No. 39 – Girls 10yrs Butterfly  
Event No. 40 – Boys 10yrs Breaststroke  
Event No. 41 – Girls 9 yrs Freestyle Relay  
Event No. 42 – Mixed 11 yrs Freestyle Relay  
Event No. 43 – Girls 12yrs Breaststroke  
Event No. 44 – Boys 12yrs Butterfly  
Event No. 45 – Girls 10yrs Freestyle  
Event No. 46 – Boys 10yrs Backstroke  
Event No. 47 – Girls 11yrs Freestyle  
Event No. 48 – Boys 11yrs Backstroke  
Event No. 49 – Girls 9 yrs Medley Relay  
Event No. 50 – Mixed 12 yrs Medley Relay  
Event No. 51 – Mixed 10 yrs Freestyle Relay

Event Nos. 52 – 68 **Finals**

All individual events are 1 length (33.3 metres)

All relays are 4 x 1 (4 x 33.3 metres)

Awards to all finalists and first three teams in relay events.

## OTHER INFORMATION

Refreshments are available from the Walnuts Cafeteria

Security Lockers are available in the changing rooms for storage of clothes etc. A £1.00 coin is required to operate the lockers.

No Bags are allowed on poolside.

Smoking is NOT allowed anywhere in the Sports Centre.

The First Aid Room is situated next to the entrance to the Male Wet Changing Room .

Anyone using a video camera must register their name and address at the entrance desk.



