

### Saturday 1st May

Event No	Session 1	w/u 8am for 9am
201 Heats HDW	Girls	400m Freestyle*
202 Heats HDW	Boys	400m Ind Medley*
203 Heats	Girls	200m Breaststroke
204 Heats	Boys	200m Backstroke
205 Heats	Girls	100m Butterfly*
206 Heats	Boys	100m Freestyle*
207 Heats	Girls	50m Breaststroke
208 Heats	Boys	50m Backstroke
209-210 Finals	Girls	200m Breaststroke
211-212 Finals	Boys	200m Backstroke
213-214 Finals	Girls	100m Butterfly
215-216 Finals	Boys	100m Freestyle
217-218 Finals	Girls	50m Breaststroke
219-220 Finals	Boys	50m Backstroke

Event No	Session 2	w/u tba
223 Heats	Girls	200m Ind Medley*
224 Heats	Boys	200m Ind Medley*
225 Heats HDW	Girls	1500m Freestyle
226 Heats HDW	Boys	1500m Freestyle#
Last two events swum combined#		
227-228 Finals	Girls	200m Ind Medley
229-230 Finals	Boys	200m Ind Medley
225/6 Last Heat	G/B	1500 Freestyle#
231 Heats HDW	Girls 14/17	4x100m Medley Team
232 Heats HDW	Boys 15/18	4x100m Medley Team

Event No	Session 3	w/u tba
241 Heats	Girls	200m Butterfly
242 Heats	Boys	200m Freestyle*
243 Heats	Girls	100m Breaststroke*
244 Heats	Boys	100m Backstroke*
245 Heats	Girls	50m Butterfly
246 Heats	Boys	50m Freestyle*
247-248 Finals	Girls	200m Butterfly
249-250 Finals	Boys	200m Freestyle
251-252 Finals	Girls	100m Breaststroke
253-254 Finals	Boys	100m Backstroke
255-256 Finals	Girls	50m Butterfly
257-258 Finals	Boys	50m Freestyle

### Sunday 2nd May

Event No	Session 4	w/u 8am for 9am
101 Heats HDW	Boys	400m Freestyle*
102 Heats HDW	Girls	400m Ind Medley*
103 Heats	Boys	200m Butterfly
104 Heats	Girls	200m Freestyle*
105 Heats	Boys	100m Breaststroke*
106 Heats	Girls	100m Backstroke*
107 Heats	Boys	50m Butterfly
108 Heats	Girls	50m Freestyle*
109-110 Finals	Boys	200m Butterfly
111-112 Finals	Girls	200m Freestyle
113-114 Finals	Boys	100m Breaststroke
115-116 Finals	Girls	100m Backstroke
117-118 Finals	Boys	50m Butterfly
119-120 Finals	Girls	50m Freestyle
121 Heats HDW	Boys 15/18	4x100m F/s Team
122 Heats HDW	Girls 14/17	4x100m F/s Team

Event No	Session 5	w/u tba
123 Heats	Girls	200m Backstroke
124 Heats	Boys	200m Breaststroke
125 Heats	Girls	100m Freestyle*
126 Heats	Boys	100m Butterfly*
127 Heats	Girls	50m Backstroke
128 Heats	Boys	50m Breaststroke
129 Heats HDW	Girls	800m F/s
130 Heats HDW	Boys	800m F/s
Last two events swum combined		
131-132 Finals	Girls	200m Backstroke
133-134 Finals	Boys	200m Breaststroke
135-136 Finals	Girls	100m Freestyle
137-138 Finals	Boys	100m Butterfly
139-140 Finals	Girls	50m Backstroke
141-142 Finals	Boys	50m Breaststroke
143 Heats HDW	Girls 14/17	4x200m F/s Team
144 Heats HDW	Boys 15/18	4x200m F/s Team

Closing date for all entries 2nd April 2010  
 Age for all individual events is at 13 June 2010  
 Age for YOUTH Relays is at 7th August 2010  
 \* Including Multi-Disability Events  
 # Final Heat of 1500m after Finals of 200 Ind Medley