

BECKENHAM SWIMMING CLUB

Affiliated to ASA London Region and Kent County ASA



BECKENHAM OPEN MEET 2010

LEVEL 1 LICENSED LONG COURSE OPEN MEET (FOR ENTRY INTO NATIONAL AND REGIONAL COMPETITIONS)

LICENCE NO. 1LR0120

ON SATURDAY, 8 MAY AND SUNDAY, 9 MAY 2010

AT

THE CRYSTAL PALACE NATIONAL SPORTS' CENTRE, CRYSTAL PALACE

Promoter's Conditions

Meet Level

1. The Meet is licensed at Level 1, licence number 1LR0120, and shall be run under ASA laws, ASA Technical Rules and these promoter's conditions. The competition is open to all swimmers who are at least 9 years old on 9 May 2010, and who are or have applied to be registered with the ASA as competitive Category 2 swimmers. Temporary members of the ASA will also be considered on the completion of the appropriate form and payment of the required fees (£15) to the Promoter for the same. Please contact the Promoter if you wish to apply for temporary ASA membership to enter this Meet.

Age Groups

2. The competition will be swum in the following age bands: 11/U, 12/13, 14/15, 16/0 (with age determined as at Midnight, 9 May 2010).

Pool

3. The competition will be held in an 8 lane, 50m pool with anti-wave lane ropes. Electronic timing and display will be in operation.

Events and Entries

4. Events are 50m and 200m all strokes, and 200m IM, for all age groups; and 100m all strokes, 400m IM, and 400m freestyle for girls who are at least 10 years old, and boys who are at least 11 years old.
5. Entries can be **submitted electronically (Sportsystems), details of which will be on our website from mid-February. Entries not submitted electronically will incur a charge of £5.00/competitor.** Entries will also be accepted on the official individual entry forms (with the appropriate surcharges).
6. Entries will be accepted up to and including the **closing date on Friday, 2 April 2010** (midnight). If the Meet is oversubscribed the Promoter reserves the right to restrict entries to the fastest/individual ages received whilst seeking to ensure that every age (not age group/band) is adequately represented in each event.

Fees and Payment

7. The entry fee is £6.00 per event.
8. Coach passes are £20.00 each for the weekend; daily passes are £12.50 each. The passes will entitle a holder to enter the Meet, a programme, refreshments, and a full set of results. Only swimmers and those displaying a coach pass will be allowed on poolside.
9. Payment for entries and coach passes must be made by a single cheque per club, to "Beckenham Swimming Club".
10. Spectator entry shall be by coded wrist bands, and shall be charged at £5.00 per session/£8.00 per day/£15 per weekend. Programmes shall be available at a cost of

£5.00 per programme/day. Children under the age of 10 shall gain entry free of charge.

The Competition

11. Over the Top Starts may be operated at the discretion of the Promoter (except for backstroke). The heats will be run all ages seeded together and the final heat of each event will be spearheaded. All events will be swum on a 'Heat Declared Winner' basis.

Awards and Trophies

12. The following shall apply:
- Medals will go to the top three places in each age group for each event.
 - There will be an award for the **Top Junior Girl and Boy**, and **Top Senior Girl and Boy** of the Meet – to be decided by the promoter at her sole discretion.
 - There will also be an award for the **Top Visiting Club**.

Data Protection

13. Meet entries will be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet will be treated as being given by the submission of your entries, as will your consent for such to be published during and after the Meet.

Qualifying Times

14. There are Qualifying Times for this Meet. Submitted times **MUST** be equal to or faster than the Qualifying Times. **Please submit 25m pool times.**

Photography

15. Anyone wishing to take still or digital photography (including using mobile phones to do this), must in accordance with the ASA Child Protection guidelines, register themselves with the Promoter on entry to the Meet. Beckenham SC shall have its own photographer at the event, and by submitting your entries for the Meet, you are consenting to such photography taking place. Such photographs and other keepsakes of the day/weekend will be available for purchase on the day/weekend, and afterwards, through our website at www.BeckenhamSwimmingClub.com.

Administration of the Meet

16. There shall be four sessions (two each day). A card-less entry system shall be used. Swimmers must sign in at the relevant desk at least 45 minutes before the start of the session. Failure to sign in within the stipulated time shall cancel the swimmer's right to compete, and they will only be allowed to swim if there is a spare lane available.
17. Swimmers in the first event of each session **MUST** report to the clerks of the course at least 10 minutes before the start of the session, and others at least one event before the start of the event in which they are swimming. It is the swimmers' and their coaches' responsibility that they report to the clerks of the course on time.
18. Results will be available soon after the Meet and shall be accessible on www.BeckenhamSwimmingClub.com. A swim shop will be in operation.
19. The promoter reserves the right to refuse admission to any spectator, coach or swimmer.
20. Conditions not covered in these competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the promoter.
21. Entries should be made on (subject to condition '5' above) the Individual Entry Form, or on the supplied disk and Club Summary Entry Form and sent to the Meet Promoter:

Patricia Ogunfeibo
"Shalom"
3 Fullers Wood
Croydon. CR0 8HZ

Telephone:

020 8777 1742

Email Address:

Patricia@EmployeeLawyers.co.uk

CLOSING DATE:

Friday, 2 April 2010 (midnight).

PROGRAMME FOR SATURDAY, 8 MAY 2010

***Session 1**

Event	1	Boys	400m	IM
Event	2	Girls	400m	IM
Event	3	Boys	50m	Breast
Event	4	Girls	50m	Free
Event	5	Boys	200m	Free
Event	6	Girls	200m	Fly
Event	7	Boys	100m	Breast
Event	8	Girls	100m	Back

***Session 2**

Event	9	Boys	100m	Back
Event	10	Girls	100m	Breast
Event	11	Boys	50m	Back
Event	12	Girls	50m	Fly
Event	13	Boys	50m	Free
Event	14	Girls	50m	Back
Event	15	Boys	200m	Fly
Event	16	Girls	200m	Breast

* All events are HDW

WARM UP ARRANGEMENTS FOR THE DAY

	Session 1	Session 2
Signing In Book Will Close at:	9.15 am	1.30 pm
Warm-Up For Boys:	9.00 – 9.20 am	1.35 – 1.50 pm
Warm-Up For Girls:	9.25 – 9.50 am	1.55 – 2.10 pm
Start:	10.00 am	2.15 pm (TBC)
Expected Finish:	1.30 pm	6.00 pm (TBC)

Lanes 1 & 2: 11/u
Lanes 3 & 4: 12/13 Years
Lanes 5 & 6: 14/15 Years
Lanes 7 & 8: 16/o

Lanes 7 & 8 will be used as Sprint Lanes during the last 5 mins of the warm-up, when the 16/o can move into any of lanes 3 – 6.

As long as swimmers are supervised, the diving pit and the training pool can be used for continuous warm-up and swim-down purposes during the sessions (but NOT during the official warm-up times).

PROGRAMME FOR SUNDAY, 9 MAY 2010

***Session 3**

Event	17	Boys	400m	Free
Event	18	Girls	400m	Free
Event	19	Boys	50m	Fly
Event	20	Girls	50m	Breast
Event	21	Boys	200m	IM
Event	22	Girls	200m	IM
Event	23	Boys	100m	Fly
Event	24	Girls	100m	Free

***Session 4**

Event	25	Boys	200m	Back
Event	26	Girls	200m	Free
Event	27	Boys	200m	Breast
Event	28	Girls	100m	Fly
Event	29	Boys	100m	Free
Event	30	Girls	200m	Back

* All events are HDW

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Warm-Up For Girls:	9.25 – 9.50 am	1.55 – 2.10 pm
Start:	10.00 am	2.15 pm (TBC)
Expected Finish:	1.30 pm	6.00 pm (TBC)

Lanes 1 & 2: 11/u
Lanes 3 & 4: 12/13 Years
Lanes 5 & 6: 14/15 Years
Lanes 7 & 8: 16/o

Lanes 7 & 8 will be used as Sprint Lanes during the last 5 mins of the warm-up, when the 16/o can move into any of lanes 3 – 6.

As long as swimmers are supervised, the diving pit and the training pool can be used for continuous warm-up and swim-down purposes during the sessions (but NOT during the official warm-up times).

Qualifying Times - Short Course Times

ENTRY TIMES MUST BE EQUAL TO, OR FASTER THAN THESE TIMES

BOYS				
EVENT	11/U	12/13 YRS	14/15 YRS	16/O
50m Freestyle	37.00	34.90	31.30	28.70
100m Freestyle	#01:18.8	01:13.70	01:06.9	01:02.60
200m Freestyle	02:51.30	02:40.80	02:25.60	02:16.30
400m Freestyle	#05:56.00	05:38.10	05:07.00	04:49.10
50m Breaststroke	48.20	44.60	39.70	36.80
100m Breaststroke	#01:41.50	01:34.70	01:24.60	01:18.90
200m Breaststroke	03:39.10	03:25.20	03:02.50	02:51.60
50m Butterfly	40.80	38.10	34.00	31.40
100m Butterfly	#01:27.7	01:21.50	01:12.80	01:07.80
200m Butterfly	03:12.50	02:59.90	02:40.90	02:30.40
50m Backstroke	43.20	40.50	36.10	33.50
100m Backstroke	#01:29.80	01:24.10	01:15.00	01:10.30
200m Backstroke	03:12.00	03:00.70	02:42.30	02:31.40
200m Individual Medley	03:14.30	03:02.80	02:44.80	02:33.90
400m Individual Medley	#06:50.80	06:26.70	05:49.30	05:27.60

GIRLS				
EVENT	11/U	12/13 YRS	14/15 YRS	16/O
50m Freestyle	37.3	35.4	32.9	31.90
100m Freestyle	§1.19.3	1.15.2	01:10.70	01:08.80
200m Freestyle	2.51.3	2.42.5	02:32.10	02:27.50
400m Freestyle	§5.56.4	5.38.8	05:18.00	05:09.20
50m Breaststroke	47.80	45.00	41.50	40.10
100m Breaststroke	§1.41.6	1.35.2	01:28.5	01:26.10
200m Breaststroke	3.36.6	3.24.9	03:09.50	03:05.80
50m Butterfly	40.70	38.6	35.70	34.20
100m Butterfly	§1.27.9	1.22.6	01:17.20	01:14.80
200m Butterfly	3.12.6	3.01.7	02:48.00	02:43.30
50m Backstroke	43.10	40.9	38.00	36.60
100m Backstroke	§1.29.9	1.24.5	01:19.60	01:17.10
200m Backstroke	3.11.0	3.00.6	02:49.80	02:43.90
200m Individual Medley	3.14.3	3.03.3	02:52.30	02:46.90
400m Individual Medley	§6.47.3	6.24.9	06:02.00	05:50.80

Please submit 25m pool times

These events are NOT open to 9 or 10 year olds (boys). Please see condition '4'.

§ These events are NOT open to 9 year olds (girls). Please see condition '4'.

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MALE/FEMALE (Please delete as appropriate) CLUB _____

SURNAME _____

FIRST NAME _____

DATE OF BIRTH (dd/mm/yyyy) _____ AGE ON 9/05/10 _____

ASA ID NO. _____

Event	Entry Time	Event	Entry Time
50m Freestyle		50m Butterfly	
*100m Freestyle		*100m Butterfly	
200m Freestyle		200m Butterfly	
*400m Freestyle		50m Backstroke	
50m Breaststroke		*100m Backstroke	
*100m Breaststroke		200m Backstroke	
200m Breaststroke		200m IM	
		*400m IM	
No. of entries@ £6.00 = £			
TOTAL = £.....			

* **These events are NOT open to 9 or 10 year old boys, NOR 9 year old girls. Please see condition '4'.**

I agree with the Promoter's Conditions

Signed by Parent/Guardian/Swimmer if 18+.....

I am a registered qualified Official (please state capacity)..... and I am willing to officiate if my child's entry is accepted.

NAME:.....

TEL NO:.....

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Female Entries		
Male Entries		
TOTAL NO. OF ENTRIES @ £6.00	= £.....	
No. of Competitors (not entries) using paper @ £5.00	= £.....	
Coach Passes (weekend) @ £20.00	= £.....	
Coach Passes (day) @ £12.50	= £.....	
	Total Fees	= £	

WE SHOULD BE GRATEFUL FOR DETAILS OF ANY OF YOUR QUALIFIED OFFICIALS WHO CAN ASSIST ON EITHER OR BOTH DAYS. THANK YOU.

Please return this completed form with your official individual entry forms (please email electronic entries to PATRICIA@EMPLOYEEELAWYERS.CO.UK), and a single club cheque made payable to "Beckenham Swimming Club" by midnight on 2 April 2010, to

MRS. PATRICIA OGUNFEIBO, "SHALOM", 3 FULLERS WOOD, CROYDON. CR0 8HZ.

Declaration

- a) All entrants are eligible competitors and are registered members of the club named below.
- b) All entrants accept the Promoters conditions.

Signed _____ **Tel No** _____

Club Official _____ **Club** _____

Address _____

Email Address _____

IN CAPITAL LETTERS PLEASE. THANK YOU