



**British Gas
London Region Championships
2010
Age Groups - Qualifying Times**



Boys						Girls			
10	11	12	13	14		10	11	12	13
#	#					#			
		1.09.3	1.05.8	1.03.6	100m F/s		1.14.7	1.11.2	1.09.1
2.52.7	2.40.6	2.31.1	2.23.9	2.18.3	200m F/s	2.53.6	2.41.3	2.33.8	2.28.4
6.03.1	5.33.2	5.17.5	5.03.4	4.51.5	400m F/s	6.05.1	5.35.2	5.20.4	5.10.0
		10.54.5	10.26.2	10.02.6	800m F/s		11.26.2	10.52.5	10.29.9
		20.41.8	19.48.0	19.03.9	1500m F/s		21.56.2	20.56.5	20.12.0
#	#	1.30.4	1.25.1	1.21.3	100m Breast	#	1.37.1	1.31.3	1.27.5
3.46.6	3.28.9	3.16.0	3.04.4	2.55.5	200m Breast	3.45.3	3.26.9	3.16.5	3.08.2
#	#	1.17.9	1.13.8	1.10.0	100m Fly	#	1.24.1	1.19.2	1.16.2
3.23.1	3.03.4	2.51.9	2.42.7	2.34.8	200m Fly	3.25.6	3.04.2	2.54.4	2.47.1
#	#	1.20.4	1.15.9	1.12.1	100m Back	#	1.25.9	1.21.1	1.18.7
3.16.4	3.02.9	2.52.5	2.43.1	2.36.2	200m Back	3.17.1	3.02.5	2.53.2	2.47.8
3.19.9	3.05.0	2.54.4	2.45.4	2.38.4	200m IM	3.20.2	3.05.6	2.55.8	2.50.1
7.06.3	6.31.0	6.09.0	5.50.9	5.35.7	400m IM	7.06.9	6.29.0	6.09.0	5.56.6

Entry times are 50m times.

Long Course times or Converted Short Course times will be accepted

Entry will be by achieving the 200m qualifying times for the stroke