

**BRITISH GAS
LONDON SWIMMING
BAGCAT - AGE GROUP CHAMPIONSHIPS 2010**



under ASA Laws and Technical Rules
Designated by the ASA for entry into National Competitions and Championships
Licence Number: LRX009 and LRX010



CRYSTAL PALACE NATIONAL SPORTS CENTRE - 5/6 JUNE and 12/13 JUNE 2010 London Swimming

ENTRY FORM MALE FEMALE (Please circle as appropriate)

SURNAME.....First Name.....DOB.....

Please print all information

ADDRESS.....
Post Code.....

Contact Tel. No..... **Please complete all sections**
CLUB.....Age as at 13/06/10.....ASA ID. No.....

(All information given above must be the same as that given on your ASA registration details)

QUALIFYING TIMES - 50M

BOYS					EVENT	GIRLS			
10	11	12	13	14	AGE	10	11	12	13
#	#	1.09.3	1.05.8	1.03.6	100m Freestyle	#	1.14.7	1.11.2	1.09.1
2.52.7	2.40.6	2.31.1	2.23.9	2.18.3	200m Freestyle	2.53.6	2.41.3	2.33.8	2.28.4
6.03.1	5.33.2	5.17.5	5.03.4	4.51.5	400m Freestyle	6.05.1	5.35.2	5.20.4	5.10.0
xxxx	xxxx	10.54.5	10.26.2	10.02.6	800m Freestyle	xxxx	11.26.2	10.52.5	10.29.9
xxxx	xxxx	20.41.8	19.48.0	19.03.9	1500m Freestyle	xxxx	21.56.2	20.56.5	20.12.0
#	#	1.30.4	1.25.1	1.21.3	100m Breaststroke	#	1.37.1	1.31.3	1.27.5
3.46.6	3.28.9	3.16.0	3.04.4	2.55.5	200m Breaststroke	3.45.3	3.26.9	3.16.5	3.08.2
#	#	1.17.9	1.13.8	1.10.0	100m Butterfly	#	1.24.1	1.19.2	1.16.2
3.23.1	3.03.4	2.51.9	2.42.7	2.34.8	200m Butterfly	3.25.6	3.04.2	2.54.4	2.47.1
#	#	1.20.4	1.15.9	1.12.1	100m Backstroke	#	1.25.9	1.21.1	1.18.7
3.16.4	3.02.9	2.52.5	2.43.1	2.36.2	200m Backstroke	3.17.1	3.02.5	2.53.2	2.47.8
3.19.9	3.05.0	2.54.4	2.45.4	2.38.4	200m Ind Med	3.20.2	3.05.6	2.55.8	2.50.1
7.06.3	6.31.0	6.09.0	5.50.9	5.35.7	400m Ind Med	7.06.9	6.29.0	6.09.0	5.56.6

Entry will be by achieving the 200m qualifying time

Please convert 25m times achieved at ASA level 1, 2 or 3 to 50m. Please ensure that any converted time is equivalent or better than the 50m qualifying time

All entry times (50m) entered must be those achieved in an ASA Level 1, 2 or 3 Licensed meet since 1st May 2009

EVENT	TIME	Where Achieved	EVENT	TIME	Where Achieved
100m Freestyle			100m Breast - stroke		
200m Freestyle			200m Breast - stroke		
400m Freestyle			100m Butterfly		
800m Freestyle			200m Butterfly		
1500m Freestyle			200M Ind Med		
100m Backstroke			400m Ind Med		
200m Backstroke					

I declare that I (a) have achieved the published qualifying time for each event (b) know the particulars stated above are correct (c) am an eligible competitor according to the laws of the ASA (d) accept and abide by the conditions of LONDON SWIMMING.

Signature of competitor.....Date.....

Fee enclosed.....events @ £6.00 per entry Total..... (Cheques payable to London Swimming)

Entries accompanied by the correct entry fees must reach Jean Scott 48 Normanhurst Avenue Bexleyheath Kent DA7 4TP (Tel. No. 0208 303 5953)

**One cheque per club with reconciliation sheet and contact email address for return of entries
by midnight of 10 MAY 2010 - the closing date for entries ##**

NO LATE ENTRIES WILL BE ACCEPTED

Closing date for 800/1500 ONLY is 17 May 2010