

## PROGRAMME OF EVENTS

Saturday		25th September			
session 1		warm up 8.00am		start 8.30am	
event no					
1	boys	400m		free	
2	girls	400m		I.M	
session 2		warm up 10.30am		start 11.30am	to be confirmed
3	boys	200m		I.M	
4	girls	200m		free	
5	boys	50m		free	
6	girls	50m		fly	
7	boys	100m		breast	
8	girls	100m		back	
9	boys	200m		fly	
session 3		warm up 3.15pm		start 4.15pm	to be confirmed
10	girls	200m		breast	
11	boys	200m		back	
12	girls	50m		back	
13	boys	50m		breast	
14	girls	100m		fly	
15	boys	100m		free	
Sunday 26th September					
session 4		warm up 8.00am		start 8.30am	to be confirmed
16	girls	400m		free	
17	boys	400m		I.M	
Session 5		warm up 10.30am		start 11.30am	to be confirmed
18	girls	200m		I.M	
19	boys	200m		free	
20	girls	50m		free	
21	boys	50m		fly	
22	girls	100m		breast	
23	boys	100m		back	
24	girls	200m		fly	
session 6		warm up 3.15pm		start 4.15pm	
25	boys	200m		breast	
26	girls	200m		back	
27	boys	50m		back	
28	girls	50m		breast	
29	boys	100m		fly	
30	girls	100m		free	