



2010 London Winter Championships (Short Course) Programme

Crook Log Leisure Centre, Brampton Road, Bexleyheath, Kent DA7 4HH

Saturday Morning 6th November - Session 1 (8.00am warm-up for 9.00am start)	Sunday Morning 7th November - Session 3 (8.00am warm-up for 9.00am start)
Event 1 Mens 200m Freestyle *	Event 27 Womens 200m Freestyle *
Event 2 Womens 100m Backstroke *	Event 28 Mens 100m Backstroke *
Event 3 Mens 200m Breaststroke	Event 29 Womens 200m Breaststroke
Event 4 Womens 200m Butterfly	Event 30 Mens 200m Butterfly
Event 5 Mens 50m Freestyle *	Event 31 Womens 50m Freestyle *
Event 6 Womens 200m I.M. *	Event 32 Mens 200m I.M. *
Event 7 Mens 1500m Freestyle (HDW)	Event 33 Womens 800m Freestyle (HDW)
Event 8 Womens 1500m Freestyle (HDW)	Event 34 Mens 800m Freestyle (HDW)
Event 9 Final of Mens 200m Freestyle *	Event 35 Final of Womens 200m Freestyle *
Event 10 Final of Womens 100m Backstroke *	Event 36 Final of Mens 100m Backstroke *
Event 11 Final of Mens 200m Breaststroke	Event 37 Final of Womens 200m Breaststroke
Event 12 Final of Womens 200m Butterfly	Event 38 Final of Mens 200m Butterfly
Event 13 Final of Mens 50m Freestyle *	Event 39 Final of Womens 50m Freestyle *
Event 14 Final of Womens 200m I.M. *	Event 40 Final of Mens 200m I.M. *
Saturday Afternoon - Session 2 (timing tba)	Sunday Afternoon - Session 4 (timing tba)
Event 15 Mens 100m Freestyle *	Event 41 Womens 100m Freestyle *
Event 16 Womens 100m Butterfly *	Event 42 Mens 100m Butterfly *
Event 17 Mens 100m Breaststroke *	Event 43 Womens 100m Breaststroke *
Event 18 Womens 200m Backstroke	Event 44 Mens 200m Backstroke
Event 19 Mens 400m Freestyle (HDW) *	Event 45 Womens 400m Freestyle (HDW) *
Event 20 Womens 400m I.M. (HDW) *	Event 46 Mens 400m I.M (HDW) *
Event 21 Final of Mens 100m Freestyle *	Event 47 Final of Womens 100m Freestyle *
Event 22 Final of Womens 100m Butterfly *	Event 48 Final of Mens 100m Butterfly *
Event 23 Final of Mens 100m Breaststroke *	Event 49 Final of Womens 100m Breaststroke *
Event 24 Final of Womens 200m Backstroke	Event 50 Final of Mens 200m Backstroke
Event 25 Mens 4 x 100 Free team (HDW)	Event 51 Womens 4 x 100 Free team (HDW)
Event 26 Womens 4 x 100 Medley team (HDW)	Event 52 Mens 4 x 100 Medley team (HDW)

* Multi Disability included

Full competition details will be on the London Swimming website:- www.londonswimming.org