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Gravesend and Northfleet Swimming Club Autumn Regional & County Qualifier

21 November 2010

Black Lion Sports Centre ▪ Gillingham ▪ Kent

Closing Date for Entries: 22 October 2010

Licensed - Age Group Open Meet

Licence No: 2AE0478

Under ASA Rules & Technical Rules

Events

100m – all strokes	12, 13, 14, 15+ years (girls) 12, 13, 14, 15 and 16+ years (boys)
50m – all strokes	10, 11 years
50m & 200m free style	12+ years
200m all strokes	12+ years
200m IM	12+ years

Age Groups

Girls: 10, 11, 12, 13, 14, 15 years and over
Boys: 10, 11, 12, 13, 14, 15, 16 years and over

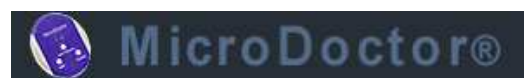
Awards

All events are Heat Declared Winner. Six awards in all age group events.

12,13,14,15+ girls, 16+ boys and 12yrs & over events

For further details and entry information see our website: www.gnsc.co.uk

Sponsored by:



PROMOTER'S CONDITIONS

Level 2 Licensed Open Meet 2010

1. This competition is promoted by Gravesend and Northfleet Swimming Club which is affiliated to ASA London. It is to be held under ASA Laws and ASA Technical Rules and the event is licensed by the ASA for entry to Regional and National Events. The event will be held in a six lane 25 metre pool with electronic timing pads and display.
2. Ages are at 21 November 2010. It is the swimmers responsibility to ensure his/her eligibility for each event. All swimmers must be currently registered with the ASA.
3. All events will be swum on a HDW basis. The final two heats of each event will be spearheaded. All starts will be at the deep end of the pool and over the top starts will be at the discretion of the Referee.
4. Entries submitted outside the stated entry time will be rejected and returned to the club. Closing date for entries is Midnight 22 October 2010.
5. One combined entry per club with one cheque. Clubs sending more than six swimmers will need to submit entries electronically using Team Manager Lite from HyTek. All entries (less than six swimmers) must be on the official entry form and must include the entrants Name, ASA registration number, DOB and submitted times together with correct entry fees. No entries will be accepted after the closing date or during the meet unless due to promoters error or omission.
6. Entries will not be registered unless accompanied by the correct fee. Cheques payable to Gravesend and Northfleet Swimming Club.
7. Entries must be equal to or faster than the times published above for each event. The promoter reserves the right to restrict the number of entries by rejecting entries to keep the running time within the limits imposed by the ASA. If it is necessary to restrict entries this will be done by excluding the slowest swimmers in each event whilst ensuring an appropriate distribution across age groups
8. Coaches/team manager passes are £15 per day to include admittance to poolside in all sessions, programme, lunch and refreshments.
9. Coach passes must be ordered with entries to assist with catering.
10. Only coaches and officials will be allowed mobile phones or cameras on poolside. Swimmers are not allowed mobile phones/cameras on poolside. If caught they may be omitted from the meet.
11. A cardless entry system will be operated at this gala. Swimmers **must** sign in at the relevant desk **not later than 45 minutes prior** to the start of each session for the events in **that session only**. Other swimmers, coaches, parents, etc must not sign in on behalf of swimmers.
12. Competitors must report to the stewards in the teaching pool area at least two events before their own. Competitors not reporting in time for an event may be excluded from the start. Competitors for the first two events of each session must report to the stewards directly after the finish of the warm up.
13. Competitors must leave the pool by the steps at the sides of the pool and not climb over the electronic pads.
14. An adjacent swim-down facility is available. This area must not be used during the formal warm-up time. It is the responsibility of the coaches/team managers to supervise their swimmers and to ensure it is only used for swim-down activity.
15. Awards will be made to the fastest six swimmers in the following age groups: 10 years, 11 years, 12 years, 13 years, 14 years, 15 years (boys), 15 years and over (girls), 16 years and over (boys) in age group events. Where events are swum as combined age groups the seeding will be slowest to fastest irrespective of age.
16. Competitors are only allowed on poolside for the session in which they are competing. They must also cover up and wear shoes when leaving the poolside area. It is forbidden to bring glass containers on poolside. All rubbish must be taken off poolside when leaving.
17. No time trials will be permitted at the meet.
18. The promoter reserves the right to alter the schedule if circumstances demand.
19. Any item not covered within these conditions will be at the discretion of the promoter.

Data protections Act 1984

Gravesend and Northfleet Swimming Club uses computers to run the entries and results of this meet. By submitting entries and accepting entry to the meet, consent is therefore given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. Personal data such as name, club, entered and recorded times may be made during or after the event.

INFORMATION FOR COMPETITORS, SPECTATORS AND COACHES

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1. The Pool is situated at Black Lion Leisure Centre, Mill Road, Gillingham, Kent
Tel: 01634 283 700
2. There is ample car parking but please note that the leisure centre operates a pay and display policy
3. The pool is 25 meters long with 6 lanes. All starts at the deep end.
4. One coach pass per ten swimmers is allowed on poolside, up to maximum of two per club (provided a coach pass has been ordered in advance). Coaches will not be allowed on poolside without a pass.
5. Parents are not allowed on poolside at any time.
6. Smoking is not permitted anywhere in the Sports Centre.
7. Results will be available on our website www.gnsc.co.uk
8. Refreshments will be available from the cafeteria.
9. Anyone spectators using a video camera must register their name and address at the entrance desk.
10. Swimmers using the swim-down pool must be supervised by their coach
11. The Session times are as follows:

Session 1

Sign in before	8.45 am
Warm up	8.30 am
Event Starts	9.30 am

Session 2

Sign in before	2.00 pm
Warm up	1.45 pm
Event Starts	2.45 pm

Programme Of Events

Session 1 **Warm up 8:30am** **Start 9:30am** **Sign in BEFORE 8:45am**

Event	Gender	Age	Distance	Stroke
1	Girls	12 & Over	200m	Individual Medley
2	Boys	12 & Over	200m	Freestyle
3	Girls	10/11	50m	Breaststroke
4	Boys	10/11	50m	Backstroke
5	Girls	14	100m	Butterfly
6	Boys	14/15	100m	Breaststroke
7	Girls	15 & Over	100m	Freestyle
8	Boys	16 & Over	100m	Backstroke
9	Girls	12/13	100m	Freestyle
10	Boys	12/13	100m	Breaststroke
11	Girls	12 & Over	200m	Breaststroke
12	Boys	12 & Over	200m	Butterfly
13	Girls	10/11	50m	Butterfly
14	Boys	10/11	50m	Freestyle
15	Girls	14	100m	Backstroke
16	Boys	14/15	100m	Freestyle
17	Girls	15 & Over	100m	Breaststroke
18	Boys	16 & Over	100m	Butterfly
19	Girls	12/13	100m	Backstroke
20	Boys	12/13	100m	Butterfly
21	Girls	12 & Over	50m	Freestyle
22	Boys	12 & Over	200m	Backstroke

Session 2 **Warm up 1:45pm** **Start 2:45pm** **Sign in BEFORE 2:00pm**

Event	Gender	Age	Distance	Stroke
23	Girls	12 & Over	200m	Freestyle
24	Boys	12 & Over	200m	Individual Medley
25	Girls	10/11	50m	Backstroke
26	Boys	10/11	50m	Butterfly
27	Girls	14	100m	Breaststroke
28	Boys	14/15	100m	Butterfly
29	Girls	15 & Over	100m	Backstroke
30	Boys	16 & Over	100m	Freestyle
31	Girls	12/13	100m	Breaststroke
32	Boys	12/13	100m	Backstroke
33	Girls	12 & Over	200m	Butterfly
34	Boys	12 & Over	200m	Breaststroke
35	Girls	10/11	50m	Freestyle
36	Boys	10/11	50m	Breaststroke
37	Girls	14	100m	Freestyle
38	Boys	14/15	100m	Backstroke
39	Girls	15 & Over	100m	Butterfly
40	Boys	16 & Over	100m	Breaststroke
41	Girls	12/13	100m	Butterfly
42	Boys	12/13	100m	Freestyle
43	Girls	12 & Over	200m	Backstroke
44	Boys	12 & Over	50m	Freestyle

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