

BECKENHAM SWIMMING CLUB
Affiliated to ASA London Region and Kent County ASA



RISING STARS' MEET 2010
LEVEL 3 LICENCED SHORT COURSE OPEN MEET
LICENCE NO. 3LR0782

ON SATURDAY, 27 NOVEMBER 2010
AT
TRINITY SCHOOL, SHIRLEY PARK, CROYDON, CR9 7AT
Promoter's Conditions

Meet Level

1. The Meet is licensed at Level 3, licence number 3LR[], and shall be run under ASA law, ASA technical rules and these promoter's conditions. The competition is open to all swimmers who are at least 9 years old on the day of the Meet, and who are or have applied to be registered with the ASA as competitive Category 2 swimmers. Category 1 swimmers may also enter but must upgrade their ASA registration in 2011. Please contact the Promoter if you wish to apply for temporary ASA membership to enter this Meet.

Age Groups

2. The competition shall be swum in the following age bands: 9, 10/11, 12/13, 14/15 (with age determined as at Midnight, 27 November 2010); and an Open age group. **Any swimmer (whatever their age) can enter an Open event in this Meet as long as their times qualify them to, however, 9 year olds cannot enter the 100m events.**

Pool

3. The competition shall be held in a 6 lane, 25m pool with anti-wave lane ropes. Electronic timing and display shall be in operation.

Events and Entries

4. Events are 50m all strokes, 100m IM, and 200m freestyle for all age groups. In addition there are 100m all strokes for boys and girls 10 & older.
5. Entries must be made on the official individual entry **OR may be submitted electronically using the Sportsystems software that can be downloaded from our website at www.BeckenhamSwimmingClub.com (on the Open Meets page – from 20 September 2010). Entries not submitted electronically shall incur a charge of £5.00/competitor.**
6. Entries shall be accepted on a **first come, first served** basis, up to and including the closing date on Friday, 28 October 2010 (midnight).

Fees and Payment

7. The entry fee shall be £5.00 per event.
8. Coach passes are £10.00 each (for entry, a programme, refreshments, and 'finger food'). Results shall be posted on our website soon after the meet. Only swimmers and those displaying a coach pass shall be allowed on poolside.
9. Payment for entries and coach passes must be made by a single cheque per club, to "Beckenham Swimming Club".
10. Spectator entry shall be by colour coded wrist bands. Entry fees shall £6.00 per day (whether attendance is for one or both sessions). Children under the age of 10 shall gain entry free of charge.

The Competition

11. Over the Top Starts may be operated at the discretion of the Promoter (except for backstroke). The heats shall be run all ages seeded together and the final heat of each event shall be spearheaded.

Awards and Trophies

12. The following shall apply:
- Medals shall be awarded for the top three places, and awards for the next three in all events.
 - There shall be an award for the **Top Girl** and **Boy** of the Meet to be awarded to the swimmers with the highest FINA points for any individual swim during the meet.
 - There shall also be an award for the **Top Visiting Club**.

Data Protection

13. Meet entries shall be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet shall be treated as being given by the submission of your entries, as shall your consent for such details to be published both during and after the Meet.

Qualifying Times

14. There are Qualifying Times (Lower Limit) and Upper Limit Times for this Meet. Submitted times MUST be equal to or faster than the Qualifying Times AND slower than the Upper Limit Times. **Please submit 25m pool times.**
15. The Promoter may check the ASA's Rankings tables for times achieved by swimmers 12 months before the Meet. If a faster time is recorded in the Rankings tables for the swimmer, the Promoter shall substitute the entered time with the Rankings time. Any times submitted (or substituted from the Rankings tables) which are faster than the relevant Upper Limit Times shall be ignored and the proposed entry discounted with no refund being given. **Speeding tickets shall NOT apply.**

Photographs

16. Anyone wishing to take still or digital photography (including using mobile phones to do this), must in accordance with the ASA Child Protection guidelines, register themselves with the Promoter on entry to the Meet.

Administration Of The Meet

17. There shall be two sessions. A card-less entry system shall be used. Swimmers must sign in at the relevant desk at least 45 minutes before the start of the session.
18. Swimmers in the first event of each session MUST report to the clerks of the course at least 10 minutes before the start of the session, and others at least one event before the start of the event in which they are swimming. It is the swimmers' and their coaches' responsibility that they report to the clerks of the course on time.
19. Results will be available at the Meet and copies of each sheet will be available from the administration team at a cost of 20p per event. A swim shop will be in operation.
20. The promoter reserves the right to refuse admission to any spectator, coach or swimmer.
21. Conditions not covered in these competition rules shall be dealt with in accordance with the laws of the sport and at the discretion of the promoter.
22. Entries should be made on (subject to condition '5' above) the Individual Entry Form, or on the supplied disk and Club Summary Entry Form and sent to the Meet Promoter:

Mrs. Claire Ockwell
41 Cromwell Road
Beckenham, Kent. BR3 4LL

Telephone:

020 8289 0367

Email Address:

elliskeeler@btinternet.com

CLOSING DATE:

Friday, 28 October 2010 (midnight).

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PROGRAMME

All events shall be swam in this order:

- a. Boys
- b. Girls
- c. Men's
- d. Ladies

Session 1 (POOLSIDE ACCESS WILL NOT BE ALLOWED BEFORE 13.30 HRS)

Signing In Book Shall Close: 13.30 Hrs
Warm Up Shall Start: 13.40 Hrs
Session Shall Start: 14.15 Hrs
Estimated Finish (TBC): 17.15 Hrs

Events

1-4. 200 Free
5-8. 50 Breast
9-12. 100 Fly
13-16. 50 Back
17-20. 100 Breast

Session 2

PLEASE NOTE THAT THE TIMES FOR THIS SESSION SHALL BE CONFIRMED ONCE ALL THE ENTRIES ARE IN, BUT SET OUT BELOW ARE SOME GUIDE TIMES. ACTUAL TIMES COULD BE UP TO 1 HR EARLIER THAN THOSE SET OUT.

Signing In Book Shall Close: 17.15 Hrs (TBC)
Warm Up Shall Start: 17.20 Hrs (TBC)
Session Shall Start: 18.00 Hrs (TBC)
Estimated Finish: 21.00 Hrs (TBC)

Events

21-24. 100 IM
25-28. 50 Free
29-32. 100 Back
33-36. 50 Fly
37-40. 100 Free

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Under ASA Laws and ASA Technical Rules



RISING STARS' MEET 2010

SATURDAY, 27 NOVEMBER 2011

Level 3 Meet. Licence No. 3LR0782

BOYS'/MEN'S QUALIFYING TIMES

ENTRIES ARE ACCEPTED ON A FIRST COME, FIRST SERVED BASIS

Short Course Times

Qualifying Times [your times must be equal to or faster than these times]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	53.69	47.75	38.33	32.72	30.72
100m Freestyle		1:40.27	1:22.92	1:10.46	1:06.56
200m Freestyle	4:20.56	3:47.28	3:00.70	2:33.14	2:25.17
50m Breaststroke	1:09.50	1:01.93	49.03	41.31	38.69
100m Breaststroke		2:06.38	1:45.32	1:28.80	1:23.19
50m Butterfly	1:00.12	53.01	42.48	35.82	33.44
100m Butterfly		1:52.57	1:32.92	1:17.71	1:12.96
50m Backstroke	1:01.75	54.81	43.85	37.34	34.73
100m Backstroke		1:52.03	1:32.98	1:18.33	1:13.83
100m Individual Medley	2:34.11	2:08.55	1:44.46	1:36.85	1:23.23

± Swimmers of any age can enter these if they have the times

Upper Limits [your times must not be faster than these]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	36.13	31.44	28.85	26.74	25.95
100m Freestyle		1:07.71	1:01.75	57.58	55.86
200m Freestyle	2:59.95	2:27.20	2:14.64	2:05.08	2:01.58
50m Breaststroke	48.79	41.94	36.47	33.60	32.54
100m Breaststroke		1:26.43	1:18.27	1:12.28	1:09.88
50m Butterfly	42.20	34.11	31.86	29.11	28.04
100m Butterfly		1:13.32	1:09.22	1:03.19	1:01.07
50m Backstroke	43.08	34.34	32.99	30.35	29.36
100m Backstroke		1:18.92	1:09.53	1:03.90	1:01.76
100m Individual Medley	1:35.46	1:14.22	1:10.78	1:06.69	1:03.69

± Swimmers of any age can enter these if they have the times

Please submit 25m pool times

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GIRLS'/LADIES' QUALIFYING TIMES

ENTRIES ARE ACCEPTED ON A FIRST COME, FIRST SERVED BASIS

Short Course Times

Qualifying Times [your times must be equal to or faster than these times]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	51.54	45.00	37.71	34.49	33.76
100m Freestyle		1:38.38	1:20.79	1:13.98	1:12.58
200m Freestyle	4:08.58	3:29.80	2:54.66	2:39.68	2:36.37
50m Breaststroke	1:07.04	57.93	47.68	43.31	42.41
100m Breaststroke		2:05.94	1:42.34	1:31.91	1:30.78
50m Butterfly	57.77	49.30	41.25	37.47	36.72
100m Butterfly		1:50.62	1:29.74	1:21.10	1:20.08
50m Backstroke	59.22	50.84	42.73	38.94	38.11
100m Backstroke		1:50.71	1:30.05	1:22.24	1:20.48
100m Individual Medley	2:33.11	2:07.55	1:43.46	1:35.25	1:22.67

± Swimmers of any age (at least 9) can enter these if they have the times

Upper Limits [your times must not be faster than these]

EVENT	9 Years	10/11 Years	12/13 Years	14/15 Years	±OPEN
50m Freestyle	37.27	31.60	30.13	29.09	28.93
100m Freestyle		1:09.11	1:04.51	1:02.33	1:01.91
200m Freestyle	3:00.42	2:28.17	2:18.18	2:13.85	2:12.06
50m Breaststroke	49.09	41.96	37.99	36.41	36.28
100m Breaststroke		1:27.83	1:21.02	1:17.73	1:16.95
50m Butterfly	42.40	34.99	33.00	31.58	31.29
100m Butterfly		1:18.92	1:11.41	1:08.82	1:07.92
50m Backstroke	43.09	35.06	34.12	32.93	32.50
100m Backstroke		1:19.06	1:11.55	1:08.87	1:08.23
100m Individual Medley	1:35.21	1:14.34	1:10.11	1:06.03	1:02.41

± Swimmers of any age (at least 9) can enter these if they have the times

Please submit 25m pool times

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**BECKENHAM SWIMMING CLUB'S
 RISING STARS' MEET**

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MALE/FEMALE (Please delete as appropriate) CLUB _____

SURNAME _____

FIRST NAME _____

MIDDLE NAME OR INITIAL _____

DATE OF BIRTH (dd/mm/yyyy) _____ AGE ON 29/11/08 _____

ASA ID NO. _____

Event	Tick if entering an Open* Event	Tick if entering Age Group Event	Tick if making a 'Special Entry' (see Promoter's Condition 4)	Entry Time
50m Freestyle				
100m Freestyle				
200m Freestyle				
50m Back				
100m Back				
50m Breast				
100m Breast				
50m Fly				
100m Fly				
100m IM (4 x 1 LENGTHS)				
No. of entries@ £5.00 = £				

I agree with the Promoter's Conditions

Signed by Parent/Guardian/Swimmer if 18+.....

CLOSING DATE : 28 OCTOBER 2010 – ON A FIRST COME FIRST SERVED

Please return completed forms (if making paper entries) together with payment and Entries Summary to:

Mrs. Claire Ockwell
 41 Cromwell Road
 Beckenham, Kent. BR3 4LL

- Any swimmer can enter these if they have the times, and can enter both the Open and Age group events if they qualify to do so, and want to

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Girls' Entries		
Boys' Entries		
Ladies' Entries		
Men's Entries		
TOTAL NO. OF ENTRIES @ £5.00	= £.....	
No. of Competitors (not entries) not on disk @£5.00	= £.....	
Coach Passes (max. 2 per club) @ £10.00	= £.....	
	Total Fees	= £	

Please return this completed form with your official individual entry forms or electronic entries and a single club cheque made payable to "Beckenham Swimming Club" by midnight on 28 October 2010, to

Mrs. Claire Ockwell
41 Cromwell Road
Beckenham, Kent. BR3 4LL

Declaration

- a) All entrants are eligible competitors and are registered members of the club named below.
- b) All entrants accept the Promoters conditions.

Signed _____ **Tel No** _____

Club Official _____ **Club** _____

Address _____

IN CAPITAL LETTERS PLEASE:

Email Address _____

IN CAPITAL LETTERS PLEASE. THANK YOU