



PROGRAMME OF EVENTS



| Event | Stroke | Distance | Sex | Ages | Type |
|--|--------------|----------|-------|-------------------------|-------|
| SESSION 1: FRIDAY EVENING January 7th Warm up 1830hrs Start 19.00hrs | | | | | |
| 101 | Freestyle | 800 | Girls | 10/11 12/13 14/15 16+ | HDW |
| 102 | Freestyle | 800 | Boys | 10/11 12/13 14/15 16+ | HDW |
| 103 | Freestyle | 1500 | Girls | 10/11 12/13 14/15 16+ | HDW |
| 104 | Freestyle | 1500 | Boys | 10/11 12/13 14/15 16+ | HDW |
| SESSION 2: SATURDAY MORNING January 8th Warm up 08.30hrs Start 09.30hrs | | | | | |
| 205 | Butterfly | 200 | Boys | 9 10/11 12/13 14/15 16+ | HDW |
| 206 | Breaststroke | 100 | Girls | 10/11 12/13 14/15 16+ | Heats |
| 207 | Backstroke | 100 | Boys | 10/11 12/13 14/15 16+ | Heats |
| 208 | Backstroke | 200 | Girls | 9 10/11 12/13 14/15 16+ | HDW |
| 209 | Breaststroke | 200 | Boys | 9 10/11 12/13 14/15 16+ | HDW |
| 210 | Breaststroke | 100 | Girls | 10/11 | Final |
| 211 | Breaststroke | 100 | Girls | 12/13 | Final |
| 212 | Breaststroke | 100 | Girls | 14/15 | Final |
| 213 | Breaststroke | 100 | Girls | 16+ | Final |
| 214 | Backstroke | 100 | Boys | 10/11 | Final |
| 215 | Backstroke | 100 | Boys | 12/13 | Final |
| 216 | Backstroke | 100 | Boys | 14/15 | Final |
| 217 | Backstroke | 100 | Boys | 16+ | Final |
| SESSION 3: SATURDAY MORNING January 9th Warm up 12.45hrs Start 13.45hrs | | | | | |
| 318 | Freestyle | 400 | Girls | 10/11 12/13 14/15 16+ | HDW |
| 319 | Ind Medley | 400 | Boys | 10/11 12/13 14/15 16+ | HDW |
| 320 | Freestyle | 50 | Girls | 9 10/11 12/13 14/15 16+ | Heats |
| 321 | Freestyle | 50 | Girls | 9 | Final |
| 322 | Freestyle | 50 | Girls | 10/11 | Final |
| 323 | Freestyle | 50 | Girls | 12/13 | Final |
| 324 | Freestyle | 50 | Girls | 14/15 | Final |
| 325 | Freestyle | 50 | Girls | 16 + | Final |
| SESSION 4: SATURDAY AFTERNOON January 8th Warm up 16.00hrs Start 17.00hrs | | | | | |
| 426 | Butterfly | 100 | Boys | 10/11 12/13 14/15 16+ | Heats |
| 427 | Ind Medley | 200 | Girls | 9 10/11 12/13 14/15 16+ | HDW |
| 428 | Freestyle | 100 | Boys | 10/11 12/13 14/15 16+ | Heat |
| 429 | Butterfly | 200 | Girls | 9 10/11 12/13 14/15 16+ | HDW |
| 430 | Butterfly | 100 | Boys | 10/11 | Final |
| 431 | Butterfly | 100 | Boys | 12/13 | Final |
| 432 | Butterfly | 100 | Boys | 14/15 | Final |
| 433 | Butterfly | 100 | Boys | 16 + | Final |
| 434 | Freestyle | 100 | Boys | 10/11 | Final |
| 435 | Freestyle | 100 | Boys | 12/13 | Final |
| 436 | Freestyle | 100 | Boys | 14/15 | Final |
| 437 | Freestyle | 100 | Boys | 16 + | Final |
| 438 | Stroke TBA | 50 | Girls | 10-13 | Skins |
| 439 | Stroke TBA | 50 | Girls | 14+ | Skins |

| Event | Stroke | Distance | Sex | Ages | Type |
|--|--------------|----------|-------|-------------------------|-------|
| SESSION 5: SUNDAY MORNING January 1 9th Warm up 08.30hrs Start 09.30hrs | | | | | |
| 540 | Breaststroke | 200 | Girls | 9 10/11 12/13 14/15 16+ | HDW |
| 541 | Breaststroke | 100 | Boys | 10/11 12/13 14/15 16+ | Heats |
| 542 | Butterfly | 100 | Girls | 10/11 12/13 14/15 16+ | Heats |
| 543 | Backstroke | 200 | Boys | 9 10/11 12/13 14/15 16+ | HDW |
| 544 | Freestyle | 200 | Girls | 9 10/11 12/13 14/15 16+ | HDW |
| 545 | Breaststroke | 100 | Boys | 10/11 | Final |
| 546 | Breaststroke | 100 | Boys | 12/13 | Final |
| 547 | Breaststroke | 100 | Boys | 14/15 | Final |
| 548 | Breaststroke | 100 | Boys | 16+ | Final |
| 549 | Butterfly | 100 | Girls | 10/11 | Final |
| 550 | Butterfly | 100 | Girls | 12/13 | Final |
| 551 | Butterfly | 100 | Girls | 14/15 | Final |
| 552 | Butterfly | 100 | Girls | 16 + | Final |
| SESSION 6: SUNDAY AFTERNOON January 9th Warm up 12.45hrs Start 13.45hrs | | | | | |
| 653 | Freestyle | 400 | Boys | 10/11 12/13 14/15 16+ | HDW |
| 654 | Ind Medley | 400 | Girls | 10/11 12/13 14/15 16+ | HDW |
| 655 | Freestyle | 50 | Boys | 9 10/11 12/13 14/15 16+ | Heats |
| 656 | Freestyle | 50 | Boys | 9 | Final |
| 657 | Freestyle | 50 | Boys | 10/11 | Final |
| 658 | Freestyle | 50 | Boys | 12/13 | Final |
| 659 | Freestyle | 50 | Boys | 14/15 | Final |
| 660 | Freestyle | 50 | Boys | 16+ | Final |
| SESSION 7: SUNDAY AFTERNOON January 9th Warm up 16.00hrs Start 17.00hrs | | | | | |
| 761 | Freestyle | 100 | Girls | 10/11 12/13 14/15 16+ | Heats |
| 762 | Ind Medley | 200 | Boys | 9 10/11 12/13 14/15 16+ | HDW |
| 763 | Backstroke | 100 | Girls | 10/11 12/13 14/15 16+ | Heats |
| 764 | Freestyle | 200 | Boys | 9 10/11 12/13 14/15 16+ | HDW |
| 765 | Freestyle | 100 | Girls | 10/11 | Final |
| 766 | Freestyle | 100 | Girls | 12/13 | Final |
| 767 | Freestyle | 100 | Girls | 14/15 | Final |
| 768 | Freestyle | 100 | Girls | 16+ | Final |
| 769 | Backstroke | 100 | Girls | 10/11 | Final |
| 770 | Backstroke | 100 | Girls | 12/13 | Final |
| 771 | Backstroke | 100 | Girls | 14/15 | Final |
| 772 | Backstroke | 100 | Girls | 16+ | Final |
| 773 | Stroke TBA | 50 | Boys | 10-13 | Skins |
| 774 | Stroke TBA | 50 | Boys | 14+ | Skins |