

# THE 2011 PORTSMOUTH NORTHSEA EASTER SWIM FESTIVAL

## INFORMATION SHEET

- 1 All events will be conducted strictly in accordance with ASA Laws & ASA Technical Rules.
- 2 Ages will be as at 24 April 2011.
- 3 The Meet is designated by the ASA for entry into National & District Championships.  
**CLOSING DATE 12 MARCH 2011.**
- 4 **EACH CLUB WITH MORE THAN 10 SWIMMERS ENTERED IN THIS MEET WILL BE EXPECTED TO PROVIDE AT LEAST ONE QUALIFIED OFFICIAL FOR EACH SESSION. DETAILS OF THIS OFFICIAL WILL BE REQUIRED WITH ENTRIES BEFORE THE SWIMMERS CAN BE ACCEPTED**
- 5 THE MEET WILL RUN WITHOUT ENTRY CARDS. Once the closing date has passed, all accepted swimmers will be placed in heats. There will be no check in required on the day, this means that there will be empty lanes for those swimmers who do not attend the meet. Swimmers will be called for, in whole events, at least two events prior to their swims, and marshalled in the designated marshalling area. Swimmers will then be sent to the starting areas, in heats, by the Marshalls.
- 6 **WARM UP** – In order to permit more space, split warm ups will be arranged and notified to all Clubs in advance of meet. The pool will be cleared 5 minutes prior to the start of each session.
- 7 There will be no presentations, apart from Top Boy / Girl / Club which will take place at the end of the Meet on Sunday. All top 8 in each event will receive a medal which can be collected from the Medal Collection Table when the results have been announced. Please collect all medals during the course of the Meet.
- 8 'Over the Top' starts will be used in heats at the discretion of the Meet Management.
- 9 All events will start and finish at the timing board end of the pool, except 50m events which will start at the other end.
- 10 Electronic timing will be used. Heat results will not be announced but results of each event and details of winners will be posted around the pool. Details of finalists and heat declared winners will be announced and posted around the pool as soon as possible.
- 12 All 400m, 800m & 1500m events will be swum as heat declared winner. Finals for 50m, 100m & 200m events will take place at the end of each session.
- 13 Passes will be issued to Coaches at a cost of £25.00, which will entitle them onto poolside for all sessions, a programme and result sheets.
- 14 **Only Swimmers and Coaches (with passes) will be allowed on poolside.**
- 15 Competitors can warm down in the learner pool, provided that they cause no interference to the running of the Meet. This facility will be withdrawn if it abused. **No diving will be allowed** in this pool, warm down will be limited to a 5 minutes for each swimmer directly after their event, co-operation of the coaches would be appreciated.
- 16 There will be a Swim Shop during the Meet. The Centre has a cafe where refreshments will be available for sale.
- 17 In order to help the meet run smoothly entries will be restricted. Any entry not accepted will be refunded in full. Qualifying times apply, but will not guarantee acceptance in the meet. If the meet is under-subscribed PNSC reserve the right to accept swimmers outside of qualifying standards.
- 18 The Meet Management reserve the right to change the Meet Rules at their discretion and without prior notice.

- 19 **All Meet participants must observe the safety precautions in operation at Mountbatten Sports Centre and must have footwear when leaving the poolside.** Please note that there will be no diving allowed warm up periods, apart from sprint lanes.
- 20 Entries must be made on the forms provided (or photocopies of them). All information requested on the Entry Form must be entered legibly, including the ASA registration number. Incomplete or illegible entries will not be accepted. Entries will not be accepted without the correct fee of £8.00 per event for 800 & 1500 and £6.00 for 50,100,200,400. **ONE CHEQUE PER CLUB PLEASE, payable to PNSC.** Please enclose a stamped addressed envelope for the return of the list of accepted entries and a list of exclusion.
- 21 No reserves will be accepted for the Meet. A list of swimmers accepted and rejected will be sent to the contact stated on the Meet Entry Form. It will be the responsibility of the person receiving this information to inform all relevant swimmers of their accepted entries.

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