

LONDON SWIMMING

1500m and 800m

under ASA Laws and Technical Rules

Designated by the ASA for entry into National Competitions and Championships

Licence Number: 1LR1292



CRYSTAL PALACE NATIONAL SPORTS CENTRE - 15 MAY 2011

ENTRY FORM MALE FEMALE (Please circle as appropriate)

SURNAME.....First Name.....DOB.....

Please print all information

ADDRESS.....

Post Code.....

Contact Tel. No..... email:

CLUB.....Age as at 15/5/11.....ASA ID. No.....

(All information given above must be the same as that given on your ASA registration details)

Boys/Men 1500m														
Age	12	12	13	13	14	14	15	15	16	16	17-24	17-24	25+	25+
Pool	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
QT	20.08.9	20.25.9	19.14.8	19.32.5	18.32.0	18.50.4	18.10.5	18.29.2	18.04.9	18.23.7	17.59.4	18.18.3	20.08.9	20.25.9
Girls/Ladies 800m														
Age	11	11	12	12	13	13	14	14	15	15	16-24	16-24	25+	25+
Pool	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
QT	11.08.4	11.17.0	10.36.4	10.45.4	10.20.0	10.29.3	10.10.2	10.19.6	10.03.3	10.12.80	9.55.0	10.04.65	11.08.4	11.17.0

Accepted entries will be notified by email. Please ensure you have given an email address.

All entry times entered must be those achieved since 1st April 2010 in an ASA Level 1, 2 or 3 Licensed meet, or on rankings, for detail see conditions

EVENT	25m Time/Where Achieved		50m Time/Where Achieved
1500m Freestyle			
800m Freestyle			

I declare that I (a) have achieved the published qualifying time for each event (b) know the particulars stated above are correct (c) am an eligible competitor according to the laws of the ASA (d) accept and abide by the conditions of LONDON SWIMMING.

Signature of competitor.....Date.....

Fee enclosed.....events @ £6.00 per entry Total..... (Cheques payable to London Swimming)

Entries accompanied by the correct entry fees must reach Jean Scott 48 Normanhurst Avenue Bexleyheath Kent DA7 4TP (Tel. No. 0208 303 5953)

by midnight of Friday, 6 May 2011 - the closing date for entries

Late entries will be accepted if spaces available up to 9 May 2011