

# Meet of Legends

Millfield Swimming

Somerset: Friday 20<sup>th</sup> to Sunday 22<sup>nd</sup> May 2011

Under ASA Laws & Technical Rules



**Venue :** Millfield School (50m), Street, Somerset

**Pool :** 8 Lane Long Course Racing Pool

Constantly Available Swim Down Pool

Electronic Timing & 8-Lane Display

Free Parking

- This is a Level 1 licensed meet. The pool is 50 metres long with 8 lanes with jumbo anti-wave lane ropes and electronic Daktronic timing in operation, with continuous scoreboard display. The event will be held under ASA Laws and ASA Technical Rules. All British swimmers must be registered ASA members of an ASA affiliated club and amateurs as defined by ASA Law. Results will be posted onto the website at [www.millfieldswimming.com](http://www.millfieldswimming.com).
- The programme will cover the 50m, 100m, 200m, 400m, 800 and 1500m events swum at National Age and National Youth competition (excluding relays). The 800 and 1500m freestyle events are to be run as mixed. All events will be heat declared except the 100m events where there will be finals for Age and Youth as explained below. All heats will be swum combined.  
Boys: Age category – 11/14, Youth category – 15/over  
Girls: Age category – 11/13, Youth category – 14/over
- Age will be determined as of 22<sup>nd</sup> May 2011, the last day of competition. At the promoter's discretion some 10 year old swimmers will be accepted for this meet, but only if they are 11 years by the date of the National Age Groups (31/07/11). They will be considered in line with the 11 year old qualifying times. This is with the exception of the 100 metre events in which boys must be 11 years of age in conjunction with LTAD guidelines.
- Warm-up and warm-down facilities will be available throughout the competition. Coaches and team managers are responsible for ensuring their swimmers use the facility for the purpose intended.
- Awards will be given to the top 3 finishers in each event as defined in the age and youth categories above. To reiterate, there are two age groups in which swimmers compete – the boys age category (11/14) and youth category (15/over) and girls age category (11/13) and youth category (15/over). A trophy and £200 cash will also be awarded to the top visiting team using points scoring (1<sup>st</sup> – 8 points, 2<sup>nd</sup> – 7 points down to 8<sup>th</sup> – 1 point).
- Entries to events will be restricted and will be accepted on an entry time basis. There are no upper qualifying cut-off time. An entry fee of £5.00 per event for those clubs submitting entries electronically. Those submitted on paper or by email will cost £5.50 per event. Random checks will be made against the current ASA rankings database and any swimmer found to be submitting false

times will be rejected from all events, unless a result sheet is available to confirm entry times. Any entry not accepted will be refunded in full. Refunds for withdrawals will be given until May 6<sup>th</sup>, 2011 and none will be given after that date for any reason. **Entries are due by 12:00 midnight on April 28<sup>th</sup>.**

- Coaches' passes will be available at a cost of £20 each and will include admission to all sessions, programmes, and start lists. A one day pass may also be purchased for a fee of £10. Only pass holders, swimmers and officials will be allowed on pool side.
- There will be no entry cards for this meet. All entries will be posted on the Millfield Swimming website ([www.millfieldswimming.com](http://www.millfieldswimming.com)). Coaches/team managers are requested to inform the meet organisers at least 45 minutes prior to the start of the session of any withdrawals. All coaches will receive a withdrawal form in their coaches' pack.
- Competitors must report to stewards the event prior to their own where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from the remainder of the session.
- Users of any video or close range cameras must register their details at the entrance. Millfield Swimming Club cannot be held responsible for the loss or damage of spectators' or competitors' property. The promoters also reserve the right to refuse admission to any competitor or spectator.
- The promoters reserve the right to make alterations to the above conditions if necessary. All participants will be informed of any such changes. If you have any comments or suggestions please do not hesitate to tell us either during the course of the event or via the website. We look forward to receiving your entries and hope you have an enjoyable meet!

***Anything not covered above or not printed in the programme will be at the promoter's discretion.***

**FOR ANY CLARIFICATION PLEASE CONTACT:**

**Clare Blackwell**

**Millfield Swimming, Millfield School**

**Street**

**Somerset**

**BA16 0LX**

**01458 444 133**

**[swimevent@millfieldschool.com](mailto:swimevent@millfieldschool.com)**

# Meet of Legends

## Level 1 Minimum Permitted Qualifying Times

### BOYS

Event	11	12	13	14	15	16	17	OPEN
50m Freestyle	37	34.9	33	31.3	29.7	28.7	28.4	27.4
100m Freestyle	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	1:02.6	1:01.5	1:00.5
200m Freestyle	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	2:16.3	2:13.7	2:13.7
400m Freestyle	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	4:49.1	4:44.6	4:43.4
800m Freestyle	12:44.6	11:47.1	11:12.8	10:42.5	10:21.8	10:05.0	9:55.5	9:52.5
1500m Freestyle	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1	19:07.7	18:49.0	18:43.3
50m Breast	48.2	44.6	41.8	39.7	37.8	36.8	35.8	34.9
100m Breast	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	1:18.9	1:17.0	1:15.8
200m Breast	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	2:51.6	2:47.0	2:43.9
50m Butterfly	40.8	38.1	35.9	34	32.2	31.4	30.6	29.7
100m Butterfly	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:07.8	1:06.5	1:05.0
200m Butterfly	3:12.5	2:59.9	2:49.9	2:40.9	2:34.4	2:30.4	2:27.6	2:24.7
50m Backstroke	43.2	40.5	38.2	36.1	34.5	33.5	32.7	31.7
100m Backstroke	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	1:10.3	1:09.3	1:07.5
200m Backstroke	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	2:31.4	2:28.6	2:26.7
200 IM	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	2:33.9	2:31.0	2:29.2
400 IM	6:50.8	6:26.7	6:06.4	5:49.3	5:36.2	5:27.6	5:22.6	5:17.2

### GIRLS

Event	11	12	13	14	15	16	17	OPEN
50m Freestyle	37.3	35.4	34	32.9	32.2	31.9	31.8	30.5
100m Freestyle	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.8	1:08.1	1:07.3
200m Freestyle	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1	2:27.5	2:25.8	2:25.8
400m Freestyle	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8	5:09.2	5:06.3	5:06.3
800m Freestyle	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5	10:36.0	10:35.1	10:28.3
1500m Freestyle	23:38.6	22:25.8	21:30.4	21:00.8	20:43.1	20:22.9	20:22.9	20:05.1
50m Breast	47.8	45	43.1	41.5	40.6	40.1	39.8	38.6
100m Breast	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5	1:26.1	1:25.2	1:23.6
200m Breast	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7	3:05.8	3:04.0	2:59.8
50m Butterfly	40.7	38.6	36.7	35.7	34.8	34.2	34.2	32.6
100m Butterfly	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.8	1:14.0	1:12.1
200m Butterfly	3:12.6	3:01.7	2:53.5	2:48.0	2:45.7	2:43.3	2:41.3	2:38.3
50m Backstroke	43.1	40.9	39.4	38	37	36.6	36.3	35.3
100m Backstroke	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9	1:17.1	1:16.3	1:14.6
200m Backstroke	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8	2:43.9	2:42.8	2:39.9
200 IM	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9	2:46.9	2:45.5	2:43.7
400 IM	6:47.3	6:24.9	6:10.6	6:02.0	5:55.2	5:50.8	5:48.7	5:43.9



# Millfield Swimming Club Meet of Legends 2011



## Summary of Entries

Male Entries	Number	@ £	Cost £
Female Entries	Number	@ £	Cost £
Coaches Passes	Number	@ £	Cost £
Total Cost			Cost £

**Entries to be returned by April 28, 2011.**

**Club** .....

**Signed** .....

**Email address** .....

**Contact address**.....

.....  
.....  
.....

### Poolside Passes

Name of Coach with CRB Check

**CHEQUES TO BE MADE PAYABLE TO Millfield Swimming**  
**AN A5 STAMPED ADDRESS ENVELOPE MUST BE SENT IF YOU WISH FOR A RECEIPT OF SWIMS.**  
**ALL DATA WILL BE PUBLISHED ON <http://www.millfieldswimming.com/>**

**Entries to Meet Director, Millfield School, Street, Somerset, BA16 0YD**  
**Entries sent to other addresses will not be accepted**

*Millfield Swimming Pool, Millfield School, Street, Somerset, BA16 0YD*

*Affiliated to the ASASWS*

**Website: [www.millfieldswimming.com](http://www.millfieldswimming.com)**

**Millfield Swimming Club  
Meet of Legends 2011  
20<sup>th</sup> 21<sup>st</sup> and 22<sup>nd</sup> May 2011**

Reply Name & Address \_\_\_\_\_

Club Name \_\_\_\_\_

BOYS/GIRLS

Delete as appropriate

Coach \_\_\_\_\_

Telephone No \_\_\_\_\_

Email address \_\_\_\_\_

**CLOSING DATE 28<sup>th</sup> April 2011. All Entries to be converted to 50m pool times.**

Full Name	ASA Registration No. And Date of Birth	Freestyle					Backstroke			Breaststroke			Butterfly			Ind Medley		
		50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400

DO NOT SEND ANY MAIL BY SPECIAL OR RECORDED DELIVERY AND ENSURE THAT YOU HAVE SUFFICIENT POSTAGE ON THE ENVELOPE.  
ANY MAIL WHICH HAS TO BE PICKED UP AT ANY REMOTE SITE WILL BE SUBJECT TO A CHARGE OF £10 TO COVER TIME AND TRANSPORT COSTS.

Entries to Meet Director

Millfield School  
Street

Cheques Payable to Millfield Swimming

No of Entries \_\_\_\_\_ @ £ \_\_\_\_\_ £

Coaches Passes \_\_\_\_\_ @ £ \_\_\_\_\_ £

Please Enclosed an A5 size S.A.E. For return of receipt of entries.

Total \_\_\_\_\_ @ £ \_\_\_\_\_ £

Somerset  
BA16 0YD

*Millfield Swimming Pool, Millfield School, Street, Somerset, BA16 0YD  
Affiliated to the ASASWS*

**Website: [www.millfieldswimming.com](http://www.millfieldswimming.com)**