



Saxon Crown (Lewisham) Swimming Club

Affiliated to A.S.A London Region & Kent County A.S.A



Patron: The Worshipful the Mayor of the London Borough of Lewisham

Saxon Crown Future Champions Meet, 19th June 2011

Downham Health and Leisure Centre,
7-9 Moorside Road, Bromley BR1 5EP

MORNING SESSION

Sign-in by 9:30am,
Warm-ups: Girls 9:20-9:35am/Boys 9:35-9:50am,
Competition starts at 10:00am

EVENT 1: Girls 13yrs 50m Freestyle (Final: Event 21)
EVENT 2: Boys 13yrs 50m Freestyle (Final: Event 22)
EVENT 3: Girls 12yrs 50m Backstroke (Final: Event 23)
EVENT 4: Boys 12yrs 50m Backstroke (Final: Event 24)
EVENT 5: Girls 11yrs 50m Butterfly (Final: Event 15)
EVENT 6: Boys 11yrs 50m Butterfly (Final: Event 26)
EVENT 7: Girls 10/u 25m Backstroke (Final: Event 27)
EVENT 8: Boys 10/u 25m Backstroke (Final: Event 28)
EVENT 9: Girls 13yrs 50m Butterfly (Final: Event 29)
EVENT 10: Boys 13yrs 50m Butterfly (Final: Event 30)
EVENT 11: Girls 12yrs 50m Breaststroke (Final: Event 31)
EVENT 12: Boys 12yrs 50m Breaststroke (Final: Event 32)
EVENT 13: Girls 11yrs 50m Freestyle (Final: Event 33)
EVENT 14: Boys 11yrs 50m Freestyle (Final: Event 34)
EVENT 15: Girls 10/u 25m Butterfly (Final: Event 35)
EVENT 16: Boys 10/u 25m Butterfly (Final: Event 36)

RELAYS

EVENT 17: Mixed 13yrs 4x50m Medley
EVENT 18: Mixed 12yrs 4x50m Freestyle
EVENT 19: Mixed 11yrs 4x50m Medley
EVENT 20: Mixed 10/u 4x25m Freestyle

AFTERNOON SESSION

Sign in by 2:30pm,
Warm-ups: Girls 2:20-2:35pm/Boys 2:35-2:50pm,
Competition starts at 3:00pm

EVENT 37: Girls 13yrs 50m Backstroke (Final: Event 57)
EVENT 38: Boys 13yrs 50m Backstroke (Final: Event 58)
EVENT 39: Girls 12yrs 50m Freestyle (Final: Event 59)
EVENT 40: Boys 12yrs 50m Freestyle (Final: Event 60)
EVENT 41: Girls 11yrs 50m Backstroke (Final: Event 61)
EVENT 42: Boys 11yrs 50m Backstroke (Final: Event 62)
EVENT 43: Girls 10/u 25m Breaststroke (Final: Event 63)
EVENT 44: Boys 10/u 25m Breaststroke (Final: Event 64)
EVENT 45: Girls 13yrs 50m Breaststroke (Final: Event 65)
EVENT 46: Boys 13yrs 50m Breaststroke (Final: Event 66)
EVENT 47: Girls 12yrs 50m Butterfly (Final: Event 67)
EVENT 48: Boys 12yrs 50m Butterfly (Final: Event 68)
EVENT 49: Girls 11yrs 50m Breaststroke (Final: Event 69)
EVENT 50: Boys 11yrs 50m Breaststroke (Final: Event 70)
EVENT 51: Girls 10/u 25m Freestyle (Final: Event 71)
EVENT 52: Boys 10/u 25m Freestyle (Final: Event 72)

RELAYS

EVENT 53: Mixed 13yrs 4x50m Freestyle
EVENT 54: Mixed 12yrs 4x50m Medley
EVENT 55: Mixed 11yrs 4x50m Freestyle
EVENT 56: Mixed 10/u 4x25m Medley

NOTES AND CONDITIONS

1. Admissions by programme: £5.00 adults, £2.00 children/OAPs. (£2.50/£1.00 return for those leaving after the first session)
2. The length of the Pool is 25 metres. Individual events are 50 metres (two lengths) and swimmers will need to be able to turn within the rules for each stroke they swim.
3. INDIVIDUAL EVENTS: Coaches should collect their signing-in sheets from the meet office and return the completed form 30 minutes before the start of the session. Age is as on day of meet and minimum age is 9 years.
4. RELAY EVENTS: Coaches or team managers are asked to declare the members of relay teams at the start of each session, by writing the swimmers' names on a team declaration form, collected from the meet office, (which will be available to them on arrival) and returning it to the recorder's table at the start of the relevant session.
5. COACHES PASSES: Coaches will only be permitted on the poolside with official Meet Passes. Passes can be collected from the meet office.
5. CAMERAS: in line with ASA policies on child protection, any camera used during the meet, including mobile phone cameras, must be registered in the book provided.
7. Swimmers are not to enter the water in the Teaching Pool at any time during the Meet.
8. Swimmers are not permitted in the spectator seating area with bare feet or only in swimwear.
9. Finalists who complete their swim without being disqualified, will be able to collect medals for the first, second and third places and pennants for fourth, fifth and sixth place from the table on poolside after the results are announced.
10. Trophies will be awarded for Best Boy and Best Girl in each age group and there will be a separate relay team award.
11. The Rotary Club of Lewisham Cup will be awarded to the Best Club.
12. The Meet Manager is Mr Keith Bagnall.
13. **CLOSING DATE Friday 27 May 2011 but entries may close earlier if necessary.**