



LONDON SWIMMING RECORDS

Conditions for Claiming a Record

1. The following distances and strokes shall be recognised for London Swimming records:

Freestyle	50, 100, 200, 400, 800 and 1500 metres
Backstroke	50, 100 and 200 metres
Breaststroke	50, 100 and 200 metres
Butterfly	50, 100 and 200 metres
Individual medley	100, 200 and 400 metres
Freestyle team relay	4x100 and 4x200 metres for open 4x50 metres for junior
Medley team relay	4x100metres for open 4x50 metres for junior
2. All records shall be for male and female, for long course and short course and, except for relays as specified above, for open and junior classifications. The open classification shall have no age limits; in the junior classification a swimmer shall be under the age of 16 years on the day of the swim.
3. Records will be recognised only if the event was either:
 - A entered in the name of a club (or first named club in the case of dual recognition) affiliated to London swimming; or
 - B entered in the name of a country (e g Great Britain or England, Region or County where the swimmer's club with the longest unbroken membership is affiliated to London Swimming); and
 - C the time achieved is one recognised for entry on to the ASA ranking list.
4. Records must be claimed within 2 months of the attempt by completing the claim form that is available on line. The claim form can be posted or sent by e-mail to records@londonswimming.org to the Records Secretary, together with proof of the time achieved. After the two-month period had expired The Swimming Committee will confirm or deny the record, minuting such action for the approval of the Board of London Swimming. The two-month period gives all swimmers the opportunity to claim a record before ratification. A record certificate will be sent to each new record holder.
5. All conditions specified in ASA laws regarding English records shall apply to London Swimming unless otherwise specified above.

Note: Standard times will be set by the Swimming Committee. For a record to be recognised the Standard time must be equaled or bettered.