



ASA London Region Championships, 2009
May 2nd & 3rd
Youth Championships - Qualifying times



London Swimming

Boys/Men				2008	Girls/Ladies			
15	16	17	18+		14	15	16	17+
29	28.6	28.3	28.3	50m F/s	31.9	31.4	31.0	30.5
1.02.5	1.00.5	1.00.0	59.5	100m F/s	1.07.5	1.07.5	1.07.5	1.06.00
2.15.5	2.15.5	2.14.0	2.10.0	200m F/s	2.27.0	2.27.0	2.26.5	2.26.0
4.42.0	4.40.0	4.35.0	4.30.0	400m F/s	5.00.0	5.00.0	4.59.0	4.55.0
9.55.0	9.50.0	9.45.0	9.40.0	800m F/s	10.25.0	10.20.0	10.10.0	10.10.0
18.50.0	18.35.00	18.20.0	18.10.0	1500m F/s	20.00.0	20.00.0	20.00.0	20.00.0
37.0	36.0	36.0	36.0	50m Breast	41.0	41.0	41.0	41.0
1.18.0	1.18.0	1.18.0	1.16.0	100m Breast	1.27.00	1.26.0	1.26.0	1.26.0
2.54.0	2.52.0	2.52.0	2.50.0	200m Breast	3.04.0	3.04.0	3.00.0	2.58.0
31.8	31.8	31.8	31.8	50m Fly	35.0	35.0	35.0	35.0
1.09.0	1.09.0	1.07.0	1.07.0	100m Fly	1.15.5	1.15.3	1.14.5	1.14.5
2.32.0	2.32.0	2.26.5	2.26.5	200m Fly	2.45.0	2.43.0	2.42.5	2.41.5
34.0	34.0	34.0	34.0	50m Back	36.5	36.5	36.5	36.5
1.10.0	1.09.5	1.09.0	1.08.0	100m Back	1.17.0	1.17.0	1.15.0	1.15.0
2.30.0	2.30.0	2.30.0	2.30.0	200m Back	2.43.0	2.43.0	2.41.0	2.39.0
2.38.0	2.36.0	2.35.0	2.34.0	200m IM	2.47.0	2.45.0	2.43.0	2.42.5
5.25.0	5.20.0	5.17.0	5.17.0	400m IM	5.50.00	5.34.0	5.33.0	5.31.0

Entry times are 50m times. Long Course times or Converted Short Course times will be accepted