



## **London Region Swimming Championships**

The London Region Swimming Championships splashed off last weekend with the Youth Championships at Crystal Palace, on Saturday and Sunday. We had some fabulous swimming and congratulations to Steffi King, Rachel Bull, Rebecca Walton, Steph Denny, Georgia Phillips, Fearn Cook, Sophie Simpson, Michael Gunning, Gabriel Dada and Adam Strawford who all made finals. Michael got two firsts and Adam one first. So well done to Tony, Di and the team. Thanks to Gill Gunning, Angela Phillips and Jackie Walton who helped to man the door.

## **Water Polo**

The Beckenham Ladies team played in the first round of the London league on Sunday against Worthing, Southampton and Hammersmith Penguin IV (yes, it really is called the London league!). The team lost all their games but each game was a well fought match with a close score. The Beckenham team was very young and had an average age of 18 years. Take away the 43 yr old Goalie, the average age was only 15yrs! This was noted by the opposition and comments were made on how much Beckenham had improved and that they are a team to watch in the future.

This is a great comment, not only for the girls who played their hearts out, but for the Coaching team of Richard Collins and Anna Newell who have been working incredibly hard with the Ladies team over the last year.

The girls played a really good press defence which made the Goalie's job easier but the general consensus from players, the Coach and the great parent supporters, was that the team needs to gain confidence in attack. This is something to work on for the next 2 rounds. Remember next time girls, SHOOT, SHOOT, SHOOT!

## **Kent versus Surrey Primary Schools**

Last Friday night at Sevenoaks the Kent versus Surrey Primary School gala was held. Congratulations to Clodah Kelsh who came 5<sup>th</sup> in the Breaststroke final and Lucy Grant who came 2<sup>nd</sup> in the Freestyle final. Surrey won the overall gala but Kent put up a spirited fight.

## **Beckenham Open**

The weekend has finally arrived; all those months of organising and training will come to a head over the next two days. Thank you to everyone who has offered to help, see you tomorrow. Good luck to all the swimmers taking part.

## **Swim 21**

I am delighted to inform you that the Club has been accredited with Swim 21 status for the next four years.

Swim 21 is the ASA Club Development model, enabling clubs to help athletes, teachers, coaches and administrators to achieve their full potential. It focuses particularly on the needs of the athletes – striving to provide the best possible support environment. Swim 21 is not just endorsed by the ASA but also by Sport England; Swim 21 Accreditation includes Sport England Clubmark, a kite mark set across all sports.

And some parish notices: -

## **Annual General Meeting**

The Annual General Meeting of the Club will take place on Wednesday 9<sup>th</sup> June at 7.30pm in the bar at The Spa.

Nominations for election of members to any office or for the membership of the Management Committee shall be made in writing by the proposer and seconder to the Secretary not later than 11<sup>th</sup> May. The nominee shall be required to indicate in writing on the nomination form his willingness to stand for election.

Notice of any resolution proposed to be moved at the Annual General Meeting shall be given in writing to the Secretary not later than 11<sup>th</sup> May.

The Secretary, Kathy Hook, can be contacted at 32 Oakwood Avenue, Beckenham, BR3 6PJ or on [kathy.hook@beckenhamswimmingclub.com](mailto:kathy.hook@beckenhamswimmingclub.com)

## **Website**

Don't forget that the Club website is a wonderful way of keeping up to date with what is happening. The address is: [www.beckenhamswimmingclub.com](http://www.beckenhamswimmingclub.com).

Please send news and comments to Kathy Hook on [kathy.hook@beckenhamswimmingclub.com](mailto:kathy.hook@beckenhamswimmingclub.com)