

BECKENHAM SWIMMING CLUB: WEEKLY UPDATE: FRIDAY 22 OCTOBER



CLUB MATTERS

Trials for New Swimming Members

Just under 50 swimmers attended the trial on Saturday and were assessed by coaches Di Manley, Susie Gould and Michelle Mitchell. Michelle turned up to assist for the first time and her help allowed some of the older swimmers a chance to show off their butterfly, turns and endurance. Julia Maxwell was also on hand to help with the administration side and her help was very much appreciated.

The Coaches were really pleased with all the swimmers who behaved really well, waiting their turn patiently and swimming their hearts out. We started with the youngest swimmers born in 2005/2006, at least one of whom was ready in Pyjamas before the trial! The older swimmers were then assessed and the trial was finished just before the Spa shut for the evening.

25 swimmers were offered a place in a squad and 2 swimmers are on a waiting list for a place in Club squad. I am currently waiting for the successful swimmers to confirm that they wish to accept their place and start swimming this week. I will let squad reps know who is joining their squad as I get confirmation but please can everyone who sees a new face please make them feel welcome as I cannot be around when all the squads swim.

Thank you to all the swimmers who attended, some of whom had waited since April and all the Coaches, Julia and Katie (my very important runner), for helping the night run smoothly.

Oh yes, and I have 6 swimmers waiting for the next trial already and I have had daily enquiries this week from swimmers wishing to join!

Jackie Elliott
Membership secretary

Christmas Presentation Disco – Friday 17th December

Beckenham Rugby Club has been booked on Friday 17th December for the Club's presentation disco and general festive get together. We would like to have as many members as possible at the disco and hope that a good number of those in the Water polo and Masters Sections will be able to come as well those in all Swimming squads. More details will follow as we near the time but for any further information or offers of help please contact Pat Davies.

Please could you all put this important date in your diaries.

ASA Data Protection Forms

Squad reps are handing out an ASA data protection form for each club member to sign and return. Please look out for these and help both your squad rep and Sally Lewis, the ASA officer, by signing and returning these forms. More information related to this is on the British swimming website <http://www.swimming.org/asa/about-us/data-protection>

Officials

If you are interested in officiating please contact John Handley on john@hamo6055.plus.com. We are waiting to hear from the County Officials co-ordinator as to the courses to be run this autumn. Many thanks to those who have already volunteered!

ACHIEVEMENTS

Many Congratulations to Michael Gunning who has been nominated as the Kent County ASA Junior Swimmer of the Year in recognition of his excellent performances throughout the year. The trophy will be presented at the Annual Council Meeting of Kent County ASA which is to be held on Saturday 4 December at Church Farm Hall, 198 New Hythe Lane, Larkfield ME20 6ST commencing at 10.45 am.

GALA NEWS

RESULTS

Well done to our 5 swimmers (Luke Gunning, Steffi King, Michael Gunning, Rebecca Walton and Kunmi Ogunfeibo all pictured above) at the ASA National County Team Championships at Ponds Forge Sheffield where they swam for Kent who finished 10th in Division 1 out of the 20 teams in that Division.

THIS WEEK'S GALAS

For once a quiet weekend on the Gala front. If there are any of our swimmers competing in any Meets across the Country this weekend – good luck to them.

UPCOMING GALAS

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| 29/30 October | English Schools Swimming Association 61 st National Swimming Championships (Watford Leisure Centre) |
| 31 October | Bromley Borough Swimming Championships (Beckenham Spa) |
| 1 November | Beckenham Swimming Club Championships Session 3 (Beckenham Spa) |
| 6/7 November | British Gas London Region Winter Championships (Crook Log Bexley) |
| 13 November | Arena League Round 2 |
| 14 November | Kent County ASA Development Meet (Level 4 Meet at Medway Park Gillingham) |
| 20 November | Kent Junior League Round 3 (Sevenoaks Swimming Centre) |
| 21 November | Gravesend & Northfleet SC Autumn Regional & County Qualifier (Level 2 Meet at Medway Park Gillingham) |
| 20/21 November | Crawley Not So Early Bird Meet (Level 1 Meet at K2 Crawley) |
| 22 November | Beckenham Swimming Club Championships Session 4 (Beckenham Spa) |
| 27 November | Beckenham Rising Stars Meet (Trinity School Croydon) |
| 3/4/5 December | Northampton Swimming Club Winter Festival Open Meet (Level 1 Meet at Corby East Midlands International Pool) |
| 4 December | Greenwich Borough Swimming Championships (Eltham Centre) |
| 4/5 December | Thanet Swimming Club Winter 200 Open (Kingsmead Pool Canterbury) |

Queries regarding entries to Open Meets (only) should be directed to our Gala Secretary Sarah McClymont

Details of these galas and other forthcoming galas can be viewed on the fixtures page of the Club's website.

MASTERS

Calling all parents

Why leave it to just your children to get fit. Why not come along to the Masters session on a Monday evening from 9.00pm – 10.00pm. We have 6 lanes graduated from slowest to fastest, so there are no excuses! Phone or e-mail Peter Sutherland (the Masters secretary) if you want more information. Details are on the website. http://www.beckenhamswimmingclub.com/Masters_Swim.html

GENERAL SWIMMING AND SPORTING MATTERS

Swimmers Needed

There is a level 2 coaching course running at Whitgift School in Croydon next week and the ASA still have places available for swimmers at the dates and times below. The swimmers are needed so that the candidates have swimmers of the appropriate level to demonstrate their coaching skills to the assessors. The ASA could really do with upping the number of swimmers and ensuring the coaches on course get the best learning experience. If any swimmers are interested in helping at the sessions below please contact Kate O'Neill of the ASA on Kate.ONeill@swimming.org copying in Kim Bowthorpe kb@whitgift.co.uk

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|----------------------------|---------|--------------|
| Tuesday 26 th | 10-11am | 12.30-2.30pm |
| Wednesday 27 th | 10-11am | 12.30-2.30pm |
| Thursday 28 th | 10-11am | 12.30-2.30pm |

Please discuss with your Squad Coach before volunteering in case this is likely to interfere with your Coach's training/coaching plans

FREQUENTLY ASKED QUESTIONS

Back next week

REMEMBER –

Please do continue to view the website as it is regularly updated at www.beckenhamswimmingclub.com and pass on any questions, feedback or requests for information that might be useful to David Grant our webmaster at david.grant@talk21.com

Please send news and comments to John Handley on john@hamo6055.plus.com. The deadline for inclusion in the weekly newsletter is Midnight on the preceding Wednesday.