



# British Gas Swimming Championships (50m)

Sheffield  
29/03/10 – 03/04/10

## Results Session 12 - Finals - 3 April 2010

### ***EVENT 651 FINAL OF EVENT 555 Mens Open 50m Freestyle***

Full Results

| Place | Name             | YoB  | Club         | Time  | R.T.   | FINA Pt |
|-------|------------------|------|--------------|-------|--------|---------|
| 1.    | Simon Burnett    | (83) | Windsor      | 22.53 | + 0.66 | 803     |
| 2.    | Adam Brown       | (89) | Hatfield     | 22.62 | + 0.77 | 793     |
| 3.    | Grant Turner     | (89) | Loughboro Un | 22.95 | + 0.75 | 760     |
| 4.    | Craig Gibbons    | (85) | Maxwell      | 23.18 | + 0.75 | 737     |
| 5.    | Paul Robinson    | (87) | Co Newcastle | 23.23 | + 0.78 | 732     |
| 6.    | Andrew Bushell   | (88) | Loughboro Un | 23.44 | + 0.69 | 713     |
| 7.    | Robert Iddiols   | (89) | Windsor      | 23.83 | + 0.63 | 679     |
| 8.    | Liam Selby       | (92) | Stockport Mo | 23.87 | + 0.69 | 675     |
| 9.    | Felix Samuels    | (93) | Camden Swiss | 23.90 | + 0.77 | 673     |
| 10.   | James Disney-May | (92) | Millfield    | 23.93 | + 0.76 | 670     |

### ***EVENT 652 FINAL OF EVENT 601 Womens Open 200m Butterfly***

Full Results

| Place | Name             | YoB  | Club         | Time    | FINA Pt | 50    | 100     | 150     |
|-------|------------------|------|--------------|---------|---------|-------|---------|---------|
| 1.    | Ellen Gandy      | (91) | Beckenham    | 2:07.70 | 903     | 29.60 | 1:02.33 | 1:34.41 |
| 2.    | Jemma Lowe       | (90) | Swansea Perf | 2:08.21 | 892     | 28.89 | 1:01.60 | 1:35.06 |
| 3.    | Alys Thomas      | (90) | Swansea Perf | 2:11.54 | 826     | 29.45 | 1:03.18 | 1:37.20 |
| 4.    | Jessica Dickons  | (90) | Edinburgh Un | 2:13.49 | 790     | 29.67 | 1:03.69 | 1:38.20 |
| 5.    | Hannah Shore     | (92) | Leatherhead  | 2:15.66 | 753     | 30.51 | 1:03.98 | 1:39.91 |
| 6.    | Lucy Worrall     | (92) | Stockport Mo | 2:16.35 | 741     | 30.84 | 1:05.52 | 1:40.30 |
| 7.    | Kirsty Armstrong | (89) | Loughboro Un | 2:16.44 | 740     | 30.80 | 1:05.29 | 1:40.42 |
| 8.    | Emma Smithurst   | (91) | Co Manch Aq  | 2:16.64 | 737     | 29.91 | 1:03.44 | 1:39.17 |
| 9.    | Charlotte Bell   | (93) | Northampton  | 2:17.09 | 730     | 30.88 | 1:05.92 | 1:40.80 |
| 10.   | Grace Archer     | (92) | Wandsworth   | 2:17.53 | 723     | 30.75 | 1:05.11 | 1:41.23 |

### ***EVENT 653 FINAL OF EVENT 602 Womens MD 100m Butterfly***

#### ***Multi-Disability by British Disability Points***

| Place | Name               | YoB  | Club         | Cat. | Time    | R.T.   | BDPoints | 50    |
|-------|--------------------|------|--------------|------|---------|--------|----------|-------|
| 1.    | Eleni Papadopoulos | (92) | Co Sund'land | 10   | 1:14.62 | + 0.85 | 787      | 35.30 |
| 2.    | Claire Cashmore    | (88) | Co Leeds     | 9    | 1:15.18 | + 0.83 | 700      | 34.76 |
| 3.    | Emma Hollis        | (92) | Epping Fort  | 8    | 1:26.71 | + 0.82 | 564      | 40.08 |
| 4.    | Jo-Jo Cranfield    | (93) | Millfield    | 9    | 1:26.03 | + 0.94 | 467      | 40.67 |

### ***EVENT 654 FINAL OF EVENT 603 Mens Open 200m Breaststroke***

Full Results

| Place | Name                  | YoB  | Club         | Time    | R.T.   | FINA Pt | 50    | 100     | 150     |
|-------|-----------------------|------|--------------|---------|--------|---------|-------|---------|---------|
| 1.    | Michael Jamieson      | (88) | Edinburgh Un | 2:11.14 | + 0.92 | 915     | 30.23 | 1:03.57 | 1:37.01 |
| 2.    | Richard Webb          | (87) | Bath Univ    | 2:11.52 | + 0.90 | 907     | 29.66 | 1:02.94 | 1:37.40 |
| 3.    | Kristopher Gilchrist  | (83) | Edinburgh Un | 2:11.60 | + 0.92 | 905     | 30.06 | 1:03.71 | 1:37.70 |
| 4.    | Andrew Willis         | (90) | Bracknell    | 2:13.08 | + 0.30 | 875     | 30.34 | 1:03.84 | 1:38.23 |
| 5.    | Robert Holderness     | (90) | Millfield    | 2:13.09 | + 0.30 | 875     | 29.92 | 1:03.44 | 1:37.78 |
| 6.    | Daniel Sliwinski      | (90) | Gallica      | 2:14.81 | + 0.89 | 842     | 30.92 | 1:05.18 | 1:39.76 |
| 7.    | Max Partridge         | (89) | Co Sheffield | 2:16.92 | --     | 804     | 30.61 | 1:05.71 | 1:41.04 |
| 8.    | Jamie Ross            | (87) | StirlingSwim | 2:17.02 | + 0.92 | 802     | 31.86 | 1:05.62 | 1:41.71 |
| 9.    | Russell Smith         | (91) | Stockport Mo | 2:17.86 | + 0.30 | 788     | 30.93 | 1:05.37 | 1:40.38 |
| 10.   | Xander Alari-Williams | (93) | Sevenoaks    | 2:20.40 | --     | 746     | 31.86 | 1:07.44 | 1:43.69 |



# British Gas Swimming Championships (50m)

Sheffield

29/03/10 – 03/04/10

## Results Session 12 - Finals - 3 April 2010

### ***EVENT 655 FINAL OF EVENT 604 Womens Open 400m IM***

Full Results

| Place | Name            | YoB          | Club         | Time         | R.T.   | FINA Pt      |              |              |              |  |  |
|-------|-----------------|--------------|--------------|--------------|--------|--------------|--------------|--------------|--------------|--|--|
| 1.    | Hannah Miley    | (89)         | Garioch      | 4:37.05      | + 0.28 | 920          |              |              |              |  |  |
|       | 50m 30.58       | 100m 1:03.84 | 150m 1:39.42 | 200m 2:13.66 |        | 250m 2:52.54 | 300m 3:32.36 | 350m 4:05.63 | 400m 4:37.05 |  |  |
|       | 30.58           | 33.26        | 35.58        | 34.24        |        | 38.88        | 39.82        | 33.27        | 31.42        |  |  |
| 2.    | Aimee Willmott  | (93)         | Middlesboro  | 4:41.90      | + 0.28 | 873          |              |              |              |  |  |
|       | 50m 30.22       | 100m 1:04.23 | 150m 1:39.45 | 200m 2:15.63 |        | 250m 2:55.16 | 300m 3:36.65 | 350m 4:09.64 | 400m 4:41.90 |  |  |
|       | 30.22           | 34.01        | 35.22        | 36.18        |        | 39.53        | 41.49        | 32.99        | 32.26        |  |  |
| 3.    | Keri-Anne Payne | (87)         | Stockport Mo | 4:43.17      | + 0.28 | 862          |              |              |              |  |  |
|       | 50m 30.79       | 100m 1:05.32 | 150m 1:41.59 | 200m 2:16.74 |        | 250m 2:57.54 | 300m 3:38.81 | 350m 4:11.55 | 400m 4:43.17 |  |  |
|       | 30.79           | 34.53        | 36.27        | 35.15        |        | 40.80        | 41.27        | 32.74        | 31.62        |  |  |
| 4.    | Stephanie Proud | (88)         | Chester Le S | 4:44.51      | + 0.90 | 849          |              |              |              |  |  |
|       | 50m 30.73       | 100m 1:05.05 | 150m 1:39.69 | 200m 2:14.32 |        | 250m 2:56.41 | 300m 3:39.43 | 350m 4:12.03 | 400m 4:44.51 |  |  |
|       | 30.73           | 34.32        | 34.64        | 34.63        |        | 42.09        | 43.02        | 32.60        | 32.48        |  |  |
| 5.    | Kate Hutchinson | (90)         | Loughboro Un | 4:48.73      | + 0.28 | 813          |              |              |              |  |  |
|       | 50m 30.97       | 100m 1:05.87 | 150m 1:43.51 | 200m 2:21.30 |        | 250m 3:00.87 | 300m 3:41.72 | 350m 4:15.78 | 400m 4:48.73 |  |  |
|       | 30.97           | 34.90        | 37.64        | 37.79        |        | 39.57        | 40.85        | 34.06        | 32.95        |  |  |
| 6.    | Rachael Solway  | (92)         | Guildford Ct | 4:51.76      | --     | 788          |              |              |              |  |  |
|       | 50m 31.67       | 100m 1:07.55 | 150m 1:44.35 | 200m 2:20.87 |        | 250m 3:02.11 | 300m 3:44.78 | 350m 4:18.22 | 400m 4:51.76 |  |  |
|       | 31.67           | 35.88        | 36.80        | 36.52        |        | 41.24        | 42.67        | 33.44        | 33.54        |  |  |
| 7.    | Jessica Powell  | (93)         | Stockport Mo | 4:52.31      | + 0.87 | 783          |              |              |              |  |  |
|       | 50m 32.63       | 100m 1:07.80 | 150m 1:45.31 | 200m 2:22.18 |        | 250m 3:05.39 | 300m 3:47.13 | 350m 4:20.57 | 400m 4:52.31 |  |  |
|       | 32.63           | 35.17        | 37.51        | 36.87        |        | 43.21        | 41.74        | 33.44        | 31.74        |  |  |
| 8.    | Stacey Tadd     | (89)         | Bath Univ    | 4:54.52      | + 0.86 | 766          |              |              |              |  |  |
|       | 50m 31.22       | 100m 1:08.66 | 150m 1:45.68 | 200m 2:23.53 |        | 250m 3:04.17 | 300m 3:46.93 | 350m 4:21.10 | 400m 4:54.52 |  |  |
|       | 31.22           | 37.44        | 37.02        | 37.85        |        | 40.64        | 42.76        | 34.17        | 33.42        |  |  |
| 9.    | Ellis Jackson   | (94)         | St Felix Sch | 4:55.88      | + 0.91 | 755          |              |              |              |  |  |
|       | 50m 30.87       | 100m 1:05.90 | 150m 1:43.82 | 200m 2:21.09 |        | 250m 3:03.38 | 300m 3:46.78 | 350m 4:21.34 | 400m 4:55.88 |  |  |
|       | 30.87           | 35.03        | 37.92        | 37.27        |        | 42.29        | 43.40        | 34.56        | 34.54        |  |  |
| 10.   | Sophie Pyatt    | (95)         | Stockport Mo | 5:01.30      | + 0.98 | 715          |              |              |              |  |  |
|       | 50m 32.86       | 100m 1:09.68 | 150m 1:47.61 | 200m 2:24.26 |        | 250m 3:08.17 | 300m 3:51.68 | 350m 4:27.39 | 400m 5:01.30 |  |  |
|       | 32.86           | 36.82        | 37.93        | 36.65        |        | 43.91        | 43.51        | 35.71        | 33.91        |  |  |

### ***EVENT 656 FINAL OF EVENT 605 Mens MD 100m Freestyle***

#### ***Multi-Disability by British Disability Points***

| Place | Name           | YoB  | Club         | Cat. | Time    | R.T.   | BDPoints | 50      |
|-------|----------------|------|--------------|------|---------|--------|----------|---------|
| 1.    | Sean Fraser    | (90) | Warrender Ba | 8    | 1:02.49 | + 0.40 | 789      | 29.96   |
| 2.    | Graham Edmunds | (74) | Swansea Perf | 10   | 55.82   | + 0.40 | 780      | 26.77   |
| 3.    | Jonathan Fox   | (91) | Newquay      | 7    | 1:05.65 | + 0.40 | 776      | 31.06   |
| 4.    | David Ellis    | (86) | Co Manch Aq  | 13   | 58.17   | + 0.40 | 772      | 27.48   |
| 5.    | Simon Miller   | (86) | Co Manch Aq  | 9    | 1:00.76 | + 0.40 | 754      | 28.61   |
| 6.    | Thomas Young   | (91) | Gallica      | 8    | 1:04.59 | + 1.01 | 714      | 30.97   |
| 7.    | Darryl Vokes   | (85) | Northampton  | 13   | 1:01.38 | --     | 657      | 29.97   |
| 8.    | Ryan Crouch    | (94) | teamipswich  | 10   | 59.99   | + 0.40 | 628      | 28.63   |
| 9.    | James Anderson | (63) | StirlingSwim | 2    | 2:37.05 | --     | 573      | 1:15.99 |



# British Gas Swimming Championships (50m)

Sheffield  
29/03/10 – 03/04/10

## Results Session 12 - Finals - 3 April 2010

### EVENT 657 FINAL OF EVENT 504 Mens Open 1500m Freestyle

Full Results

| Place | Name            | YoB  | Club         | Time     | R.T.   | FINA Pt |                |                |                |                |                |                |                |                |
|-------|-----------------|------|--------------|----------|--------|---------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| 1.    | Daniel Fogg     | (87) | Loughboro Un | 15:18.73 | + 0.33 | 863     | 50m 27.64      | 100m 58.07     | 150m 1:28.74   | 200m 1:59.51   | 250m 2:30.37   | 300m 3:01.10   | 350m 3:31.92   | 400m 4:02.82   |
|       |                 |      |              |          |        |         | 27.64          | 30.43          | 30.67          | 30.77          | 30.86          | 30.73          | 30.82          | 30.90          |
|       |                 |      |              |          |        |         | 450m 4:33.53   | 500m 5:04.32   | 550m 5:34.88   | 600m 6:05.59   | 650m 6:36.35   | 700m 7:07.10   | 750m 7:37.91   | 800m 8:08.44   |
|       |                 |      |              |          |        |         | 30.71          | 30.79          | 30.56          | 30.71          | 30.76          | 30.75          | 30.81          | 30.53          |
|       |                 |      |              |          |        |         | 850m 8:39.09   | 900m 9:10.04   | 950m 9:41.12   | 1000m 10:12.17 | 1050m 10:42.95 | 1100m 11:13.83 | 1150m 11:44.95 | 1200m 12:15.67 |
|       |                 |      |              |          |        |         | 30.65          | 30.95          | 31.08          | 31.05          | 30.78          | 30.88          | 31.12          | 30.72          |
|       |                 |      |              |          |        |         | 1250m 12:46.63 | 1300m 13:17.61 | 1350m 13:48.86 | 1400m 14:19.81 | 1450m 14:50.00 | 1500m 15:18.73 |                |                |
|       |                 |      |              |          |        |         | 30.96          | 30.98          | 31.25          | 30.95          | 30.19          | 28.73          |                |                |
| 2.    | Thomas Allen    | (92) | Swansea Perf | 15:32.35 | + 0.33 | 825     | 50m 28.09      | 100m 58.55     | 150m 1:29.13   | 200m 2:00.14   | 250m 2:30.95   | 300m 3:01.71   | 350m 3:32.34   | 400m 4:03.24   |
|       |                 |      |              |          |        |         | 28.09          | 30.46          | 30.58          | 31.01          | 30.81          | 30.76          | 30.63          | 30.90          |
|       |                 |      |              |          |        |         | 450m 4:34.14   | 500m 5:05.04   | 550m 5:35.84   | 600m 6:06.75   | 650m 6:37.71   | 700m 7:08.63   | 750m 7:39.70   | 800m 8:10.76   |
|       |                 |      |              |          |        |         | 30.90          | 30.90          | 30.80          | 30.91          | 30.96          | 30.92          | 31.07          | 31.06          |
|       |                 |      |              |          |        |         | 850m 8:41.87   | 900m 9:13.04   | 950m 9:44.34   | 1000m 10:15.60 | 1050m 10:46.96 | 1100m 11:18.50 | 1150m 11:50.19 | 1200m 12:22.00 |
|       |                 |      |              |          |        |         | 31.11          | 31.17          | 31.30          | 31.26          | 31.36          | 31.54          | 31.69          | 31.81          |
|       |                 |      |              |          |        |         | 1250m 12:53.65 | 1300m 13:25.32 | 1350m 13:57.29 | 1400m 14:29.27 | 1450m 15:01.10 | 1500m 15:32.35 |                |                |
|       |                 |      |              |          |        |         | 31.65          | 31.67          | 31.97          | 31.98          | 31.83          | 31.25          |                |                |
| 3.    | Matthew Johnson | (95) | Co Sheffield | 15:36.11 | ---    | 815     | 50m 27.99      | 100m 58.56     | 150m 1:29.49   | 200m 2:00.50   | 250m 2:31.63   | 300m 3:02.78   | 350m 3:33.82   | 400m 4:04.86   |
|       |                 |      |              |          |        |         | 27.99          | 30.57          | 30.93          | 31.01          | 31.13          | 31.15          | 31.04          | 31.04          |
|       |                 |      |              |          |        |         | 450m 4:36.11   | 500m 5:07.23   | 550m 5:38.67   | 600m 6:10.03   | 650m 6:41.40   | 700m 7:12.86   | 750m 7:44.35   | 800m 8:15.87   |
|       |                 |      |              |          |        |         | 31.25          | 31.12          | 31.44          | 31.36          | 31.37          | 31.46          | 31.49          | 31.52          |
|       |                 |      |              |          |        |         | 850m 8:47.20   | 900m 9:18.90   | 950m 9:50.61   | 1000m 10:22.07 | 1050m 10:53.46 | 1100m 11:25.13 | 1150m 11:56.55 | 1200m 12:28.26 |
|       |                 |      |              |          |        |         | 31.33          | 31.70          | 31.71          | 31.46          | 31.39          | 31.67          | 31.42          | 31.71          |
|       |                 |      |              |          |        |         | 1250m 13:00.04 | 1300m 13:31.71 | 1350m 14:03.61 | 1400m 14:35.55 | 1450m 15:06.68 | 1500m 15:36.11 |                |                |
|       |                 |      |              |          |        |         | 31.78          | 31.67          | 31.90          | 31.94          | 31.13          | 29.43          |                |                |
| 4.    | Daniel Mills    | (91) | Nova Cent'n  | 15:38.11 | + 0.33 | 810     | 50m 28.46      | 100m 58.98     | 150m 1:29.85   | 200m 2:00.70   | 250m 2:31.85   | 300m 3:02.53   | 350m 3:33.70   | 400m 4:04.66   |
|       |                 |      |              |          |        |         | 28.46          | 30.52          | 30.87          | 30.85          | 31.15          | 30.68          | 31.17          | 30.96          |
|       |                 |      |              |          |        |         | 450m 4:35.78   | 500m 5:07.07   | 550m 5:38.79   | 600m 6:10.25   | 650m 6:41.79   | 700m 7:13.27   | 750m 7:45.00   | 800m 8:16.74   |
|       |                 |      |              |          |        |         | 31.12          | 31.29          | 31.72          | 31.46          | 31.54          | 31.48          | 31.73          | 31.74          |
|       |                 |      |              |          |        |         | 850m 8:48.16   | 900m 9:20.20   | 950m 9:52.19   | 1000m 10:24.25 | 1050m 10:55.64 | 1100m 11:27.49 | 1150m 11:58.99 | 1200m 12:30.97 |
|       |                 |      |              |          |        |         | 31.42          | 32.04          | 31.99          | 32.06          | 31.39          | 31.85          | 31.50          | 31.98          |
|       |                 |      |              |          |        |         | 1250m 13:02.17 | 1300m 13:34.14 | 1350m 14:05.65 | 1400m 14:38.04 | 1450m 15:08.57 | 1500m 15:38.11 |                |                |
|       |                 |      |              |          |        |         | 31.20          | 31.97          | 31.51          | 32.39          | 30.53          | 29.54          |                |                |
| 5.    | Thomas Sunter   | (92) | Co Sheffield | 15:45.67 | + 0.33 | 791     | 50m 28.02      | 100m 58.83     | 150m 1:29.79   | 200m 2:01.00   | 250m 2:32.16   | 300m 3:03.07   | 350m 3:34.18   | 400m 4:05.29   |
|       |                 |      |              |          |        |         | 28.02          | 30.81          | 30.96          | 31.21          | 31.16          | 30.91          | 31.11          | 31.11          |
|       |                 |      |              |          |        |         | 450m 4:36.66   | 500m 5:08.10   | 550m 5:39.80   | 600m 6:11.58   | 650m 6:43.33   | 700m 7:15.14   | 750m 7:46.87   | 800m 8:18.72   |
|       |                 |      |              |          |        |         | 31.37          | 31.44          | 31.70          | 31.78          | 31.75          | 31.81          | 31.73          | 31.85          |
|       |                 |      |              |          |        |         | 850m 8:50.40   | 900m 9:22.71   | 950m 9:54.30   | 1000m 10:26.58 | 1050m 10:58.47 | 1100m 11:31.09 | 1150m 12:02.58 | 1200m 12:34.97 |
|       |                 |      |              |          |        |         | 31.68          | 32.31          | 31.59          | 32.28          | 31.89          | 32.62          | 31.49          | 32.39          |
|       |                 |      |              |          |        |         | 1250m 13:06.74 | 1300m 13:39.12 | 1350m 14:11.04 | 1400m 14:43.01 | 1450m 15:14.83 | 1500m 15:45.67 |                |                |
|       |                 |      |              |          |        |         | 31.77          | 32.38          | 31.92          | 31.97          | 31.82          | 30.84          |                |                |
| 6.    | Matthew Henry   | (90) | Kelly Coll   | 15:48.02 | + 0.33 | 785     | 50m 29.21      | 100m 1:00.56   | 150m 1:31.53   | 200m 2:02.68   | 250m 2:34.16   | 300m 3:05.85   | 350m 3:37.78   | 400m 4:09.61   |
|       |                 |      |              |          |        |         | 29.21          | 31.35          | 30.97          | 31.15          | 31.48          | 31.69          | 31.93          | 31.83          |
|       |                 |      |              |          |        |         | 450m 4:41.81   | 500m 5:13.73   | 550m 5:45.93   | 600m 6:17.97   | 650m 6:50.28   | 700m 7:22.44   | 750m 7:54.88   | 800m 8:26.92   |
|       |                 |      |              |          |        |         | 32.20          | 31.92          | 32.20          | 32.04          | 32.31          | 32.16          | 32.44          | 32.04          |
|       |                 |      |              |          |        |         | 850m 8:59.35   | 900m 9:31.59   | 950m 10:03.78  | 1000m 10:36.07 | 1050m 11:07.69 | 1100m 11:39.32 | 1150m 12:10.98 | 1200m 12:42.55 |
|       |                 |      |              |          |        |         | 32.43          | 32.24          | 32.19          | 32.29          | 31.62          | 31.63          | 31.66          | 31.57          |
|       |                 |      |              |          |        |         | 1250m 13:14.20 | 1300m 13:45.96 | 1350m 14:17.51 | 1400m 14:48.75 | 1450m 15:19.41 | 1500m 15:48.02 |                |                |
|       |                 |      |              |          |        |         | 31.65          | 31.76          | 31.55          | 31.24          | 30.66          | 28.61          |                |                |
| 7.    | Jack Burnell    | (93) | Lincoln Vulc | 15:48.21 | ---    | 785     | 50m 28.72      | 100m 59.61     | 150m 1:31.05   | 200m 2:02.48   | 250m 2:34.33   | 300m 3:05.93   | 350m 3:37.82   | 400m 4:09.76   |
|       |                 |      |              |          |        |         | 28.72          | 30.89          | 31.44          | 31.43          | 31.85          | 31.60          | 31.89          | 31.94          |
|       |                 |      |              |          |        |         | 450m 4:41.56   | 500m 5:13.18   | 550m 5:44.70   | 600m 6:16.22   | 650m 6:47.91   | 700m 7:19.26   | 750m 7:51.17   | 800m 8:22.91   |
|       |                 |      |              |          |        |         | 31.80          | 31.62          | 31.52          | 31.52          | 31.69          | 31.35          | 31.91          | 31.74          |
|       |                 |      |              |          |        |         | 850m 8:54.43   | 900m 9:26.07   | 950m 9:58.02   | 1000m 10:30.22 | 1050m 11:02.40 | 1100m 11:34.55 | 1150m 12:06.38 | 1200m 12:38.72 |
|       |                 |      |              |          |        |         | 31.52          | 31.64          | 31.95          | 32.20          | 32.18          | 32.15          | 31.83          | 32.34          |
|       |                 |      |              |          |        |         | 1250m 13:11.12 | 1300m 13:43.55 | 1350m 14:15.43 | 1400m 14:47.30 | 1450m 15:18.54 | 1500m 15:48.21 |                |                |
|       |                 |      |              |          |        |         | 32.40          | 32.43          | 31.88          | 31.87          | 31.24          | 29.67          |                |                |
| 7.    | Martin Cremin   | (91) | StirlingSwim | 15:48.21 | + 0.33 | 785     | 50m 29.01      | 100m 1:00.13   | 150m 1:31.72   | 200m 2:03.17   | 250m 2:34.62   | 300m 3:06.16   | 350m 3:37.78   | 400m 4:09.41   |
|       |                 |      |              |          |        |         | 29.01          | 31.12          | 31.59          | 31.45          | 31.45          | 31.54          | 31.62          | 31.63          |
|       |                 |      |              |          |        |         | 450m 4:41.19   | 500m 5:13.03   | 550m 5:44.48   | 600m 6:15.86   | 650m 6:47.28   | 700m 7:18.70   | 750m 7:50.08   | 800m 8:21.70   |
|       |                 |      |              |          |        |         | 31.78          | 31.84          | 31.45          | 31.38          | 31.42          | 31.42          | 31.38          | 31.62          |
|       |                 |      |              |          |        |         | 850m 8:53.17   | 900m 9:24.90   | 950m 9:56.79   | 1000m 10:29.05 | 1050m 11:00.78 | 1100m 11:32.95 | 1150m 12:04.91 | 1200m 12:37.03 |
|       |                 |      |              |          |        |         | 31.47          | 31.73          | 31.89          | 32.26          | 31.73          | 32.17          | 31.96          | 32.12          |
|       |                 |      |              |          |        |         | 1250m 13:09.14 | 1300m 13:41.12 | 1350m 14:13.08 | 1400m 14:45.51 | 1450m 15:17.46 | 1500m 15:48.21 |                |                |
|       |                 |      |              |          |        |         | 32.11          | 31.98          | 31.96          | 32.43          | 31.95          | 30.75          |                |                |



# British Gas Swimming Championships (50m)

Sheffield

29/03/10 – 03/04/10

## Results Session 12 - Finals - 3 April 2010

|                  |                |                |                |                |                |                |                |  |  |  |  |
|------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|--|--|--|--|
| 9. Alfie Howes   | (92)           | Co Cardiff     | 15:57.66       | + 0.33         | 762            |                |                |  |  |  |  |
| 50m 28.27        | 100m 58.65     | 150m 1:28.98   | 200m 2:00.16   | 250m 2:30.94   | 300m 3:02.02   | 350m 3:32.94   | 400m 4:04.35   |  |  |  |  |
| 28.27            | 30.38          | 30.33          | 31.18          | 30.78          | 31.08          | 30.92          | 31.41          |  |  |  |  |
| 450m 4:35.97     | 500m 5:07.81   | 550m 5:40.13   | 600m 6:12.47   | 650m 6:44.81   | 700m 7:17.05   | 750m 7:49.45   | 800m 8:22.57   |  |  |  |  |
| 31.62            | 31.84          | 32.32          | 32.34          | 32.34          | 32.24          | 32.40          | 33.12          |  |  |  |  |
| 850m 8:55.13     | 900m 9:27.86   | 950m 10:00.74  | 1000m 10:33.46 | 1050m 11:04.57 | 1100m 11:36.39 | 1150m 12:09.18 | 1200m 12:42.40 |  |  |  |  |
| 32.56            | 32.73          | 32.88          | 32.72          | 31.11          | 31.82          | 32.79          | 33.22          |  |  |  |  |
| 1250m 13:15.34   | 1300m 13:48.18 | 1350m 14:20.17 | 1400m 14:52.84 | 1450m 15:25.48 | 1500m 15:57.66 |                |                |  |  |  |  |
| 32.94            | 32.84          | 31.99          | 32.67          | 32.64          | 32.18          |                |                |  |  |  |  |
| 10. Mark McKenna | (88)           | Co Manch Aq    | 16:02.19       | --             | 751            |                |                |  |  |  |  |
| 50m 28.05        | 100m 58.80     | 150m 1:29.93   | 200m 2:01.52   | 250m 2:33.38   | 300m 3:05.50   | 350m 3:37.56   | 400m 4:10.10   |  |  |  |  |
| 28.05            | 30.75          | 31.13          | 31.59          | 31.86          | 32.12          | 32.06          | 32.54          |  |  |  |  |
| 450m 4:42.35     | 500m 5:14.80   | 550m 5:47.13   | 600m 6:19.72   | 650m 6:51.92   | 700m 7:24.63   | 750m 7:57.03   | 800m 8:29.47   |  |  |  |  |
| 32.25            | 32.45          | 32.33          | 32.59          | 32.20          | 32.71          | 32.40          | 32.44          |  |  |  |  |
| 850m 9:01.79     | 900m 9:34.17   | 950m 10:06.46  | 1000m 10:38.92 | 1050m 11:11.40 | 1100m 11:43.87 | 1150m 12:16.36 | 1200m 12:48.85 |  |  |  |  |
| 32.32            | 32.38          | 32.29          | 32.46          | 32.48          | 32.47          | 32.49          | 32.49          |  |  |  |  |
| 1250m 13:21.28   | 1300m 13:53.85 | 1350m 14:26.34 | 1400m 14:58.65 | 1450m 15:30.69 | 1500m 16:02.19 |                |                |  |  |  |  |
| 32.43            | 32.57          | 32.49          | 32.31          | 32.04          | 31.50          |                |                |  |  |  |  |

### EVENT 659 Mens 400m Medley Team HDW

Full Results

| Place | Name                   | Club                 | Time    | R.T.   |       |       |
|-------|------------------------|----------------------|---------|--------|-------|-------|
| 1.    | Loughborough Universit | Loughboro Un         | 3:45.84 |        |       |       |
|       |                        | Scott Hathaway       | 56.71   | + 0.33 | 27.44 | 29.27 |
|       |                        | Laurent Carnol       | 1:02.58 | + 0.28 | 29.63 | 32.95 |
|       |                        | Thomas Laxton        | 55.43   | + 0.55 | 25.42 | 30.01 |
|       |                        | Andrew Bushell       | 51.12   | + 0.52 | 24.40 | 26.72 |
| 2.    | Edinburgh University   | Edinburgh Un         | 3:47.80 |        |       |       |
|       |                        | Darren Ward          | 59.23   | --     | 28.18 | 31.05 |
|       |                        | Kristopher Gilchrist | 27.88   | --     |       |       |
|       |                        | Iain Macmillan       | 58.68   |        | 58.68 |       |
|       |                        | Alistair Brown       | 1:22.01 |        | 54.82 | 27.19 |
| 3.    | Hatfield S.c.          | Hatfield             | 3:50.79 |        |       |       |
|       |                        | John Sargent         | 58.89   | + 0.33 | 28.24 | 30.65 |
|       |                        | Jonathan Quinn       | 1:05.30 | + 0.30 | 29.80 | 35.50 |
|       |                        | Adam Brown           | 54.11   | + 0.30 | 24.82 | 29.29 |
|       |                        | Sean Leahy           | 52.49   | + 0.46 | 25.08 | 27.41 |
| 4.    | Derventio Excel        | Derventio            | 3:58.70 |        |       |       |
|       |                        | Zichen Liu           | 58.72   | + 0.33 | 28.41 | 30.31 |
|       |                        | Christopher Steeples | 1:04.77 | + 0.45 | 31.46 | 33.31 |
|       |                        | Matthew Smithurst    | 1:01.58 | + 0.41 | 29.03 | 32.55 |
|       |                        | Kane Haggett         | 53.63   | + 0.52 | 24.68 | 28.95 |

### EVENT 659 Womens 400m Medley Team HDW

| Place | Name               | Club            | Time    | R.T.   |       |       |
|-------|--------------------|-----------------|---------|--------|-------|-------|
| 1.    | Loughborough Uni W | Loughboro Un    | 4:19.02 |        |       |       |
|       |                    | Rebecca Jenkins | 1:06.85 | --     | 31.88 | 34.97 |
|       |                    | Katie Raybould  | 1:13.16 | + 0.28 | 33.67 | 39.49 |
|       |                    | Tilly Gray      | 1:02.16 | + 0.36 | 28.36 | 33.80 |
|       |                    | Kate Weaver     | 56.85   | + 0.43 | 27.00 | 29.85 |
| 2.    | Derventio Excel W  | Derventio       | 4:21.96 |        |       |       |
|       |                    | Emily Allsopp   | 1:05.67 | + 0.33 | 31.51 | 34.16 |
|       |                    | Molly Renshaw   | 1:14.19 | + 0.45 | 35.12 | 39.07 |
|       |                    | Olivia Sefton   | 1:02.85 | + 0.65 | 29.53 | 33.32 |
|       |                    | Evie Keane      | 59.25   | + 0.48 | 27.90 | 31.35 |