

Bexley Long Course Open Meet
 Under ASA Laws & ASA Technical Rules of Swimming
 Session - 4

at Crystal Palace National Sports Centre

EVENT 19 Girls Open 400m Freestyle

11 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ciara Purcell	11	BorRedbridge	5:11.49
	50m - 100m	1:13.87	150m 1:53.54	200m 2:33.43
	300m	3:53.88	350m 4:33.73	400m 5:11.49
	-	1:13.87	39.67	39.89
				40.28
				40.17
				39.85
				37.76
2.	Danica Brazier	11	Chelmsford	5:24.80
	50m - 100m -	150m -	200m -	250m -
	400m	5:24.80		300m -
	-	-	-	350m -
				5:24.80
3.	Hope Jones	11	Thurrock	5:28.64
	50m	37.24	100m 1:18.45	150m 2:00.66
	250m	3:24.45	300m 4:07.11	350m 4:48.96
	37.24	41.21	42.21	41.89
				41.90
				42.66
				41.85
				39.68
4.	Sophie Priddle	11	BorRedbridge	5:46.89
	50m - 100m	1:20.92	150m 2:05.83	200m 2:50.63
	300m	4:21.75	350m 5:05.52	400m 5:46.89
	-	1:20.92	44.91	44.80
				45.63
				45.49
				43.77
				41.37
5.	Charley Bird	10	BorRedbridge	5:52.94
	50m - 100m -	150m -	200m -	250m -
	400m	5:52.94		300m -
	-	-	-	350m -
				5:52.94
6.	Isabelle Minter payell	11	Orpington OJ	5:53.93
	50m - 100m -	150m -	200m -	250m -
	400m	5:53.93		300m -
	-	-	-	350m -
				5:53.93
7.	Ellie-louise Sharpe	10	Thurrock	5:54.28
	50m - 100m -	150m -	200m -	250m -
	400m	5:54.28		300m -
	-	-	-	350m -
				5:54.28
8.	Eavie Mickley	10	Thurrock	5:56.05
	50m - 100m -	150m -	200m -	250m -
	400m	5:56.05		300m -
	-	-	-	350m -
				5:56.05
9.	Imani Okoi	10	Thurrock	6:02.84
	50m - 100m -	150m -	200m -	250m -
	400m	6:02.84		300m -
	-	-	-	350m -
				6:02.84
10.	Meghan Byrne	9	Griffins Enf	6:11.22
	50m - 100m -	150m -	200m -	250m -
	400m	6:11.22		300m -
	-	-	-	350m -
				6:11.22
11.	Ruby Waters	9	Beckenham	6:26.95
	50m - 100m -	150m -	200m -	250m -
	400m	6:26.95		300m -
	-	-	-	350m -
				6:26.95
12.	Jessie Silver	9	Thanet Swim	6:29.99
	50m - 100m -	150m -	200m -	250m -
	400m	6:29.99		300m -
	-	-	-	350m -
				6:29.99

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kathryn Pearse	13	Phoenix Bas	4:42.65

	50m	32.53	100m	1:07.50	150m	1:43.17	200m	2:19.06		
	250m	2:54.98	300m	3:31.48	350m	4:07.58	400m	4:42.65		
	32.53	34.97	35.67		35.89	35.92	36.50		36.10	
	35.07									
2.	Courtney Sanders	12	Chelmsford			4:50.60				
	50m	33.73	100m	1:10.47	150m	1:47.59	200m	2:25.15		
	250m	3:02.15	300m	3:39.54	350m	4:16.19	400m	4:50.60		
	33.73	36.74	37.12		37.56	37.00	37.39		36.65	
	34.41									
3.	Jessica Smith	13	Black Lion			4:58.78				
	50m	33.84	100m	1:11.23	150m	1:49.43	200m	2:27.89		
	250m	3:05.88	300m	3:44.18	350m	4:21.71	400m	4:58.78		
	33.84	37.39	38.20		38.46	37.99	38.30		37.53	
	37.07									
4.	Holly Smith	13	Black Lion			5:04.33				
	50m	34.35	100m	1:12.17	150m	1:50.98	200m	2:30.18		
	250m	3:09.08	300m	3:47.94	350m	4:26.74	400m	5:04.33		
	34.35	37.82	38.81		39.20	38.90	38.86		38.80	
	37.59									
5.	Grace Wingrove	12	BorRedbridge			5:07.89				
	50m	34.62	100m	1:12.35	150m	1:51.63	200m	2:30.86		
	250m	3:10.33	300m	3:49.91	350m	4:29.55	400m	5:07.89		
	34.62	37.73	39.28		39.23	39.47	39.58		39.64	
	38.34									
6.	Megan Shelts	13	Beckenham			5:09.76				
	50m	34.32	100m	1:13.40	150m	1:53.04	200m	2:32.99		
	250m	3:12.73	300m	3:52.65	350m	4:31.73	400m	5:09.76		
	34.32	39.08	39.64		39.95	39.74	39.92		39.08	
	38.03									
7.	Rebecca Arch	13	Ealing			5:12.28				
	50m	34.77	100m	1:13.68	150m	1:53.81	200m	2:33.98		
	250m	3:13.96	300m	3:54.27	350m	4:34.37	400m	5:12.28		
	34.77	38.91	40.13		40.17	39.98	40.31		40.10	
	37.91									
8.	Darcy Baldwin	13	Black Lion			5:13.69				
	50m	35.36	100m	1:14.83	150m	1:55.57	200m	2:36.24		
	250m	3:16.81	300m	3:56.61	350m	4:35.68	400m	5:13.69		
	35.36	39.47	40.74		40.67	40.57	39.80		39.07	
	38.01									
9.	Sophia Amoroso	13	BorRedbridge			5:15.00				
	50m	36.08	100m	1:15.25	150m	1:55.46	200m	2:35.43		
	250m	3:16.14	300m	3:56.00	350m	4:36.77	400m	5:15.00		
	36.08	39.17	40.21		39.97	40.71	39.86		40.77	
	38.23									
10.	Rachael Moore	12	Phoenix Bas			5:20.78				
	50m	34.10	100m	1:14.93	150m	1:56.30	200m	2:38.06		
	250m	3:20.01	300m	4:01.14	350m	4:41.71	400m	5:20.78		
	34.10	40.83	41.37		41.76	41.95	41.13		40.57	
	39.07									
11.	Claire Golightly	12	BorRedbridge			5:21.41				
	50m	36.28	100m	1:16.59	150m	1:57.59	200m	2:38.96		
	250m	3:20.07	300m	4:01.50	350m	4:42.04	400m	5:21.41		
	36.28	40.31	41.00		41.37	41.11	41.43		40.54	
	39.37									
12.	Lani Davies	12	Beckenham			5:21.43				
	50m	32.72	100m	1:10.15	150m	1:49.56	200m	2:28.02		
	250m	3:16.17	300m	3:59.99	350m	4:41.97	400m	5:21.43		
	32.72	37.43	39.41		38.46	48.15	43.82		41.98	
	39.46									
13.	Sofia Tedeschi-atkins	12	Ealing			5:21.92				

	50m	35.63	100m	1:16.52	150m	1:58.09	200m	2:39.33	
	250m	3:20.85	300m	4:02.33	350m	4:43.11	400m	5:21.92	
	35.63	40.89	41.57		41.24	41.52	41.48		40.78
	38.81								
14.	Marie Deane	12	Beckenham			5:22.42			
	50m - 100m	1:15.97	150m	1:57.42	200m	2:38.31	250m	3:20.00	
	300m	4:01.49	350m	4:42.71	400m	5:22.42			
	-	1:15.97	41.45	40.89	41.69		41.49		41.22
	39.71								
15.	Eloise Crowther	13	Leatherhead			5:24.53			
	50m	35.48	100m	1:15.56	150m	1:56.83	200m	2:38.65	
	250m	3:20.74	300m	4:01.92	350m	4:43.73	400m	5:24.53	
	35.48	40.08	41.27	41.82	42.09		41.18		41.81
	40.80								
16.	Emily Mcclymont	12	Beckenham			5:26.33			
	50m - 100m	1:17.50	150m	1:58.78	200m	2:40.73	250m	3:22.82	
	300m	4:04.82	350m	4:46.82	400m	5:26.33			
	-	1:17.50	41.28	41.95	42.09		42.00		42.00
	39.51								
17.	Connie Bunch	13	Leander			5:27.99			
	50m	36.02	100m	1:16.94	150m	2:00.92	200m	2:45.19	
	250m	3:29.16	300m	4:11.31	350m	4:52.99	400m	5:27.99	
	36.02	40.92	43.98	44.27	43.97		42.15		41.68
	35.00								
18.	Georgia Harris	12	Orpington OJ			5:28.08			
	50m - 100m	1:18.43	150m	2:00.79	200m	2:42.45	250m	3:25.04	
	300m	4:07.00	350m	4:48.56	400m	5:28.08			
	-	1:18.43	42.36	41.66	42.59		41.96		41.56
	39.52								
19.	Mollie Merritt	12	Thurrock			5:36.03			
	50m	36.77	100m	1:19.90	150m	2:02.90	200m	2:46.86	
	250m	3:29.90	300m	4:12.92	350m	4:55.66	400m	5:36.03	
	36.77	43.13	43.00	43.96	43.04		43.02		42.74
	40.37								
20.	Ellie Wright	13	BorRedbridge			5:36.29			
	50m	35.79	100m	1:16.29	150m	1:58.71	200m	2:42.04	
	250m	3:26.36	300m	4:10.55	350m	4:54.31	400m	5:36.29	
	35.79	40.50	42.42	43.33	44.32		44.19		43.76
	41.98								
21.	Eloise Lyons	12	Thurrock			5:36.75			
	50m	39.19	100m	1:21.98	150m	2:05.28	200m	2:48.38	
	250m	3:31.35	300m	4:13.04	350m	4:55.76	400m	5:36.75	
	39.19	42.79	43.30	43.10	42.97		41.69		42.72
	40.99								
22.	Zoe Pope	12	Beckenham			5:39.86			
	50m - 100m	1:19.05	150m	2:02.69	200m	2:46.55	250m	3:30.46	
	300m	4:14.64	350m	4:58.98	400m	5:39.86			
	-	1:19.05	43.64	43.86	43.91		44.18		44.34
	40.88								
23.	Rebekah Noakes	12	Orpington OJ			5:40.12			
	50m - 100m	1:19.87	150m	2:03.25	200m	2:46.89	250m	3:30.46	
	300m	4:14.04	350m	4:57.08	400m	5:40.12			
	-	1:19.87	43.38	43.64	43.57		43.58		43.04
	43.04								
	Roni Moss	12	Brighton			DNC			
	KATIE Willson	12	Gravesend			DQ ST-			
14/15 Yrs Age Group - Full Results									
Place	Name	AaD	Club			Time			
1.	Elizabeth Hathway	14	RTW Monson			4:39.06			
	50m	31.93	100m	1:06.89	150m	1:42.74	200m	2:18.65	
	250m	2:54.72	300m	3:30.47	350m	4:06.11	400m	4:39.06	

	31.93	34.96	35.85	35.91	36.07	35.75	35.64
	32.95						
2.	Fearn Cook 14	Beckenham			4:45.79		
	50m 30.06	100m 1:04.12	150m 1:40.27	200m 2:16.61			
	250m 2:53.74	300m 3:31.20	350m 4:09.09	400m 4:45.79			
	30.06 34.06	36.15	36.34	37.13	37.46	37.89	
	36.70						
3.	Olivia Handley	14	Beckenham		4:57.61		
	50m 33.67	100m 1:10.64	150m 1:48.22	200m 2:26.08			
	250m 3:04.02	300m 3:42.94	350m 4:21.04	400m 4:57.61			
	33.67 36.97	37.58	37.86	37.94	38.92	38.10	
	36.57						
4.	Maisie Mitchell	15	Beckenham		5:00.09		
	50m 33.25	100m 1:10.06	150m 1:47.80	200m 2:26.11			
	250m 3:04.57	300m 3:43.29	350m 4:22.45	400m 5:00.09			
	33.25 36.81	37.74	38.31	38.46	38.72	39.16	
	37.64						
5.	Alexandra Sandeman	14	Beckenham		5:12.97		
	50m 34.71	100m 1:14.00	150m 1:54.32	200m 2:34.52			
	250m 3:14.86	300m 3:55.42	350m 4:34.59	400m 5:12.97			
	34.71 39.29	40.32	40.20	40.34	40.56	39.17	
	38.38						
6.	Annabel Jones	14	Ealing		5:13.48		
	50m 35.84	100m 1:15.78	150m 1:55.86	200m 2:35.89			
	250m 3:16.50	300m 3:56.89	350m 4:36.26	400m 5:13.48			
	35.84 39.94	40.08	40.03	40.61	40.39	39.37	
	37.22						
7.	Sadie Lucas 14	BorRedbridge			5:24.77		
	50m 36.54	100m 1:17.50	150m 1:58.88	200m 2:40.26			
	250m 3:21.82	300m 4:03.43	350m 4:44.58	400m 5:24.77			
	36.54 40.96	41.38	41.38	41.56	41.61	41.15	
	40.19						
8.	Hannah Jeapes	15	Gravesend		5:37.85		
	50m 37.15	100m 1:19.85	150m 2:03.51	200m 2:46.96			
	250m 3:29.61	300m 4:11.73	350m 4:56.93	400m 5:37.85			
	37.15 42.70	43.66	43.45	42.65	42.12	45.20	
	40.92						

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time			
1.	Rachel Bull 17	Beckenham		4:40.15			
	50m 31.84	100m 1:07.11	150m 1:42.70	200m 2:18.51			
	250m 2:53.45	300m 3:28.96	350m 4:04.79	400m 4:40.15			
	31.84 35.27	35.59	35.81	34.94	35.51	35.83	
	35.36						
2.	Jodie Willis	16	Ealing	4:43.67			
	50m 31.97	100m 1:07.09	150m 1:42.85	200m 2:18.55			
	250m 2:54.20	300m 3:30.65	350m 4:07.44	400m 4:43.67			
	31.97 35.12	35.76	35.70	35.65	36.45	36.79	
	36.23						
3.	Eleanor Bedwell	16	BorRedbridge	4:56.28			
	50m 33.03	100m 1:09.43	150m 1:47.55	200m 2:25.42			
	250m 3:03.73	300m 3:42.12	350m 4:19.98	400m 4:56.28			
	33.03 36.40	38.12	37.87	38.31	38.39	37.86	
	36.30						
4.	Sally Moore	17	Ealing	5:15.04			
	50m 34.92	100m 1:13.52	150m 1:53.91	200m 2:33.86			
	250m 3:15.16	300m 3:55.49	350m 4:36.13	400m 5:15.04			
	34.92 38.60	40.39	39.95	41.30	40.33	40.64	
	38.91						